

SUN	MON	TUE	WED	THUR	FRI	SAT
Independent Living Calendar Art of LivingWell™	9:30 Walmart Shopping Trip (BUS) 1 11:00 Advanced Balance (FC) 2:00 Monday Outing: The District (BUS) 2:30 Intermediate Ukulele Class (SUM) 2:30 Seated Exercise Dance (MT, V) 3:30 Social Hour: Short Stories (SUM) 7:00 Uplifting your Life Class (SUM)	Día De Los Muertos 2 9:30 Aquarobics (POOL) 11:00 Strength Class (FC) 1:30 Blood Pressure Checks (SUM LOB) 1:30 Sagewood Bowling Alley (SUM) 2:30 Music & Memory (MT, V) 3:30 Social Hour: Día de los Muertos (SUM) 7:00 Evening Movie: Coco (Chan 6)	10:00 Smith's Shopping Trip (BUS) 3 11:00 Stretch, Breathe, & Balance (FC) 2:00 Therapy Dog Visits (Lobby) 2:30 Walking Tour (LOB) 3:30 Social Hour: Left Right Center (GR) 7:00 Evening Movie: Sixteen Candles (Chan 6)	9:30 Aquarobics (POOL) 4 11:00 Strength Class (FC) 1:30 Farkle (GL) 2:30 Music & Memory (MT, V) 3:30 Social Hour: Bingo (SUM) 4:30 Dinner Music with Lance (AL DR) 7:00 Thursday Tunes: Jay Allen & his Son (SUM)	11:00 Advanced Balance (FC) 5 1:30 Art Class (ART) 1:30 Transforming Grief & Loss (SUM) 1:30 Transportation by Appointment (BUS) 2:30 Neuropathy screening (Lobby & Library) 3:30 Social Hour: Neuropathy Seminar (FRONT LOBBY) 7:00 Evening Movie: Land (Chan 6)	9:30 Aquarobics Club (POOL) 6 10:15 Wake Up with Carmen & Sandy (Pet Friendly) (SUM) 11:00 Scenic Drive (BUS) 1:30 Ceramics Lessons (ART) 2:00 Bingo (MT, V) 3:30 Singer Saturday: LeRoy Sewell (SUM) 7:00 Evening Movie: Best of Country Live! (Chan 6)
Daylight Savings Time Ends 7 10:00 Sacrament Meeting (SUM) 1:00 Beginning Ukulele Class (SUM) 2:00 Scenic Drive (BUS) 3:30 Community Music Group (SUM) 7:00 Evening Movie: The Work and the Glory (Chan 6)	9:30 Walmart Shopping Trip (BUS) 8 11:00 Advanced Balance (FC) 12:00 Monday Outing: The Olive Garden (BUS) 2:30 Intermediate Ukulele Class (SUM) 2:30 Seated Exercise Dance (MT, V) 3:30 Social Hour: Penny Ante (SUM)	9:30 Aquarobics (POOL) 9 11:00 Strength Class (FC) 1:30 Craft: Quilling (GR) 2:30 Music & Memory (MT, V) 3:30 Social Hour with Wade (LOB) 7:00 Evening Movie: Confessions of a Shopaholic (Chan 6)	10:00 Smith's Shopping Trip (BUS) 10 11:00 Stretch, Breathe, & Balance (FC) 2:30 Walking Tour (LOB) 3:30 BINGO moved to Wednesday (SUM) 4:00 Wine Wednesday (FR) 7:00 Evening Movie: The Yearling (Chan 6)	Veterans Day 11 9:30 Aquarobics (POOL) 11:00 Strength Class (FC) 1:30 Farkle (GL) 2:30 Veterans Day Celebration (SUM) 4:30 Dinner Music with Lance (AL DR) 7:00 Thursday Tunes: New Fiddlers! (SUM)	11:00 Advanced Balance (FC) 12 1:30 Art Class (ART) 1:30 Transportation by Appointment (BUS) 2:30 Seated Tai Chi (MT, V) 3:30 Chicken Soup for the Soul Day (FRONT LOBBY) 7:00 Evening Movie: Higher and Higher (Chan 6)	9:30 Aquarobics Club (POOL) 13 10:15 Wake Up with Carmen & Sandy (Pet Friendly) (SUM) 11:00 Scenic Drive (BUS) 1:30 Ceramics Lessons (ART) 2:00 Bingo (MT, V) 3:30 Singer Saturday: Beautiful Dreamers (SUM) 7:00 Evening Movie: My Blue Heaven (Chan 6)
10:00 Sacrament Meeting (SUM) 14 1:00 Beginning Ukulele Class (SUM) 2:00 Scenic Drive (BUS) 3:30 Community Music Group (SUM) 7:00 Evening Movie: The Work and the Glory 2 (Chan 6)	9:30 Walmart Shopping Trip (BUS) 15 11:00 Advanced Balance (FC) 2:00 Monday Outing: Dollar Tree (BUS) 2:30 Intermediate Ukulele Class (SUM) 2:30 Seated Exercise Dance (MT, V) 3:30 Pass It On by Lavoy Robinson (SUM) 7:00 Rummikub & Scrabble (GL)	9:30 Aquarobics (POOL) 16 11:00 Strength Class (FC) 1:30 Sagewood Bowling Alley (SUM) 2:30 Music & Memory (MT, V) 3:30 Social Hour with Wade (LOB) 7:00 Evening Movie: Victoria & Abdul (Chan 6)	10:00 Smith's Shopping Trip (BUS) 17 11:00 Stretch, Breathe, & Balance (FC) 2:30 Macular Degeneration Club led by Judy (FR) 2:30 Walking Tour (LOB) 3:30 Bean Bag Baseball (SUM) 7:00 Evening Movie: The Girl with the Pearl Earring (Chan 6)	9:30 Aquarobics (POOL) 18 11:00 Strength Class (FC) 11:00 Alzheimer's Support Group (SUM) 1:30 Farkle (GL) 2:30 Music & Memory (MT, V) 3:30 Social Hour: Bingo (SUM) 4:30 Dinner Music with Lance (AL DR) 7:00 Thursday Tunes: Wayne Hovey (SUM)	11:00 Advanced Balance (FC) 19 1:30 Art Class (ART) 1:30 Transportation by Appointment (BUS) 2:30 Seated Tai Chi (MT, V) 3:30 BLACK FRIDAY Price is Right (SUM) 7:00 Evening Movie: Extremely Loud & Incredibly Close (Chan 6)	9:30 Aquarobics Club (POOL) 20 10:15 Wake Up with Carmen & Sandy (Pet Friendly) (SUM) 11:00 Scenic Drive (BUS) 1:30 Ceramics Lessons (ART) 2:00 Bingo with Bihar (MT, V) 3:30 Singer Saturday: Chase Givens (SUM) 7:00 Evening Movie: Be Cool (Chan 6)
10:00 Sacrament Meeting (SUM) 21 1:00 Beginning Ukulele Class (SUM) 2:00 Scenic Drive (BUS) 3:30 Community Music Group (SUM) 7:00 Evening Movie: The Work and the Glory 3 (Chan 6)	9:30 Walmart Shopping Trip (BUS) 22 11:00 Advanced Balance (FC) 1:00 Monday Outing: Trader Joes (BUS) 2:30 Intermediate Ukulele Class (SUM) 2:30 Seated Exercise Dance (MT, V) 3:30 Social Hour: Who am I? (LOB) 7:00 Parkinson's Support Group (GR)	9:30 Aquarobics (POOL) 23 11:00 Strength Class (FC) 1:30 Christmas Ornament Craft (GR) 2:30 Music & Memory (MT, V) 3:30 Social Hour with Wade: New Resident Introductions (LOB) 7:00 Evening Movie: Big Fish (Chan 6)	9:00 D.J. Giveaway (AL LOB) 24 10:00 Smith's Shopping Trip (BUS) 11:00 Stretch, Breathe, & Balance (FC) 2:30 Walking Tour (LOB) 3:30 Social Hour: Birthday Celebration (LOB) 4:00 Wine Wednesday (FR) 7:00 Evening Movie: What Dreams May Come (Chan 6)	Thanksgiving 25 12:00 Lunch Music with Lance (Independent Dining) 12:45 Lunch Music with Lance (AL DR) 3:30 Social Hour: Turkey Bowl (SUM) 7:00 Thursday Tunes: The Mixed Nuts (SUM)	11:00 Advanced Balance (FC) 26 1:30 Art Class (ART) 1:30 Transportation by Appointment (BUS) 2:30 Seated Tai Chi (MT, V) 3:30 Engagement Celebration for Calli (Server) (Summit) 7:00 Evening Movie: The Pursuit of Happyness (Chan 6)	9:30 Aquarobics Club (POOL) 27 10:15 Wake Up with Carmen & Sandy (Pet Friendly) (SUM) 11:00 Scenic Drive (BUS) 1:30 Ceramics Lessons (ART) 2:00 Bingo (MT, V) 3:30 Singer Saturday: Bob Shorten (SUM) 7:00 Evening Movie: Cheaper by the Dozen (Chan 6)
10:00 Sacrament Meeting (SUM) 28 1:00 Beginning Ukulele Class (SUM) 2:00 Scenic Drive (BUS) 3:30 Community Music Group (SUM) 7:00 Evening Movie: ONE GOOD MAN: LIFE AS A LATTER-DAY DAD (Chan 6)	9:30 Walmart Shopping Trip (BUS) 29 11:00 Advanced Balance (FC) 1:00 Monday Outing: Dowdle Folk Art (BUS) 2:30 Intermediate Ukulele Class (SUM) 2:30 Seated Exercise Dance (MT, V) 3:30 Social Hour: Calendar Review (LOB)	9:30 Aquarobics (POOL) 30 11:00 Strength Class (FC) 1:30 Craft: Quilling (GR) 2:00 Town Hall - Independent Living & Assisted Living (SUM) 2:30 Music & Memory (MT, V) 3:30 Social Hour with Wade (LOB) 7:00 Evening Movie: Temple Grandin (Chan 6)			LOCATION KEY ART - Art Studio AL DR - Assisted Living Dining Room AL LOB - Assisted Living Lobby Chan 6 - Channel 6 FR - Family Room FC - Fitness Center	GL - Game Loft GR - Great Room LOB - Main Lobby MT, V - Mountain View Neighborhood POOL - Pool SUM - Summit Room SUM LOB - Summit Room Lobby

November 2021

