



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities in Blue are done by Volunteers</p> <p>Outings</p> <p>Entertainment</p> <p>Special Activity</p> 						
<p>10:00 Sunday Sing-Along Celeste</p> <p>10:00 The Crazy Curl Celeste</p> <p>10:30 Walks and Plant Watering Marissa</p> <p>11:00 Sunday Hymns Ryan & Peter</p> <p>11:15 LDS Church in MC</p> <p>11:30 Spiritual Thought RA</p> <p>1:00 Piano Entertainment Alexis</p> <p>2:00 Art Appreciation RA</p> <p>2:30 Balloon Games RA</p> <p>3:00 Sounds of Sunday Concert RA</p> <p>4:00 Sing-Along RA</p>	<p>10:00 Sit-N-Fit Channel 6</p> <p>10:15 The Crazy Curl Celeste</p> <p>10:30 Exercises with Angie Canyons</p> <p>11:00 Mary's Accordion Entertainment</p> <p>1:00 Fun with Heather</p> <p>2:00 Active Game Heather</p> <p>3:00 Manicures with Auni</p> <p>3:15 Brain Games Damion</p> <p>4:00 Sing-Along Auni</p>	<p>10:00 Tai Chi and Exercises Mindy</p> <p>10:00 Crazy Curls Celeste</p> <p>10:30 Bible Study Mindy</p> <p>10:30 Walks Kenidee</p> <p>11:30 Daily Chronical Mindy</p> <p>1:00 Strength Training Trish</p> <p>1:30 Vintage Vinyl Mindy</p> <p>2:00 Reminisce Mindy</p> <p>2:30 Active Game Mindy & RA</p> <p>3:30 Social Mindy</p> <p>4:00 Sing and Dance-Along Mindy</p> <p>5:15 Evening Musical Damion</p>	<p>10:00 Tai Chi and Stretches Mindy</p> <p>10:00 Crazy Curl Celeste</p> <p>10:30 Color me Calm Kenidee</p> <p>11:00 Relief Society/Priesthood Women</p> <p>12:30 Today in History Mindy</p> <p>1:00 Fuzion Fitness Mindy</p> <p>1:30 Van Ride Mindy</p> <p>2:30 Discussions with Damion & Kenidee</p> <p>3:00 Social Mindy</p> <p>3:30 Sing and Dance-along Mindy</p>	<p>10:00 Tai Chi and Exercises Mindy</p> <p>10:00 Crazy Curl Celeste</p> <p>10:30 Spiritual Reading Mindy</p> <p>10:30 Art RA</p> <p>11:00 Cheryl Wyldwood Entertainment</p> <p>12:30 Active Game Mindy</p> <p>1:00 Daily Chronical Mindy</p> <p>1:30 Rythm Band Mindy</p> <p>2:00 Sagewood Who Am I Club Mindy</p> <p>2:30 Cooking Gurus Mindy & Kennidee</p> <p>3:00 Card Club/Board Games Damion</p> <p>3:00 Social Mindy</p> <p>3:30 Sing and Dance-Along Mindy</p>	<p>King Tut Day</p> <p>10:00 Tai Chi and Stretches Mindy</p> <p>10:00 Crazy Curl RA</p> <p>10:30 Bible Study Mindy</p> <p>10:30 Sensory Baskets/Coloring RA</p> <p>11:30 Trivia Mindy</p> <p>12:30 Daily Chronical Mindy</p> <p>12:45 Fuzion Fitness Mindy</p> <p>1:15 Van Ride Mindy</p> <p>2:30 Active Game RA</p> <p>3:00 Social Mindy</p> <p>3:30 Sing and Dance-Along Mindy</p>	<p>Book Lovers Day</p> <p>10:00 Menu Game Mindy</p> <p>10:30 Crazy Curl RA</p> <p>11:00 History & Mysteries Mindy</p> <p>12:30 Spiritual Reading Mindy</p> <p>1:00 Jazzercise Mindy</p> <p>1:30 YouTube Concert</p> <p>1:30 Board Games Mindy</p> <p>2:00 Daily Chronical Mindy</p> <p>2:30 Book Club & Treats Mindy & RA</p> <p>3:30 Social Mindy</p> <p>4:00 Sing and Dance-Along Mindy</p>
<p>Daylight Saving Time Ends</p>						
<p>10:00 Sunday Sing-Along Celeste</p> <p>10:00 The Crazy Curl Celeste</p> <p>10:30 Walks and Plant Watering Marissa</p> <p>11:00 Sunday Hymns Ryan & Peter</p> <p>11:15 LDS Church in MC</p> <p>11:30 Spiritual Thought RA</p> <p>1:00 Piano Entertainment Alexis</p> <p>2:00 Art Appreciation RA</p> <p>2:30 Balloon Games RA</p> <p>3:00 Sounds of Sunday Concert RA</p> <p>4:00 Sing-Along RA</p>	<p>10:00 Sit-N-Fit Channel 6</p> <p>10:15 The Crazy Curl Crystal</p> <p>10:30 Active Game Celeste</p> <p>11:00 Wayne Hovey Entertainment</p> <p>1:00 Fun with Heather</p> <p>2:00 Active Game Heather</p> <p>3:00 Manicures with Auni</p> <p>3:15 Brain Games Damion</p> <p>4:00 Sing-Along Auni</p>	<p>10:00 Tai Chi and Exercises Mindy</p> <p>10:00 Crazy Curls Celeste</p> <p>10:30 Bible Study Mindy</p> <p>10:30 Walks Kenidee</p> <p>11:30 Daily Chronical Mindy</p> <p>1:00 Strength Training Trish</p> <p>1:30 Conductors Corner Mindy</p> <p>2:00 Reminisce Mindy</p> <p>2:30 Active Game Mindy & RA</p> <p>3:30 Social Mindy</p> <p>4:00 Sing and Dance-Along Mindy</p> <p>5:15 Evening Musical Damion</p>	<p>10:00 Tai Chi and Stretches Mindy</p> <p>10:00 Crazy Curl Celeste</p> <p>10:30 Color me Calm Kenidee</p> <p>11:00 Relief Society/Priesthood Women</p> <p>12:30 Today in History Mindy</p> <p>1:00 Fuzion Fitness Mindy</p> <p>1:30 Van Ride Mindy</p> <p>2:30 Discussions with Damion & Kenidee</p> <p>3:00 Social Mindy</p> <p>3:30 Sing and Dance-along Mindy</p>	<p>10:00 Tai Chi and Exercises Mindy</p> <p>10:00 Crazy Curl Celeste</p> <p>10:30 Spiritual Reading Mindy</p> <p>10:30 Art RA</p> <p>11:00 Latin Club Mindy</p> <p>12:30 Active Game Mindy</p> <p>1:00 Daily Chronical Mindy</p> <p>1:30 Buda Boards Mindy</p> <p>2:00 Sagewood Who Am I Club Mindy</p> <p>2:30 Cooking Gurus Mindy & Kennidee</p> <p>3:00 Card Club/Board Games Damion</p> <p>3:00 Social Mindy</p> <p>3:30 Sing and Dance-Along Mindy</p>	<p>Veterans Day</p> <p>10:00 Tai Chi and Stretches Mindy</p> <p>10:00 Crazy Curl RA</p> <p>10:30 Bible Study Mindy</p> <p>10:30 Sensory Baskets/Coloring RA</p> <p>11:30 Trivia Mindy</p> <p>12:30 Daily Chronical Mindy</p> <p>12:45 Fuzion Fitness Mindy</p> <p>1:15 Van Ride Mindy</p> <p>2:30 Active Game RA</p> <p>3:00 Veterans Social Mindy</p> <p>3:30 Sing and Dance-Along Mindy</p> <p>Remembrance Day (Canada)</p>	<p>10:00 Menu Game Mindy</p> <p>10:30 Crazy Curl RA</p> <p>11:00 History & Mysteries Mindy</p> <p>12:30 Spiritual Reading Mindy</p> <p>1:00 Jazzercise Mindy</p> <p>1:30 YouTube Concert</p> <p>1:30 Board Games Mindy</p> <p>2:00 Daily Chronical Mindy</p> <p>2:30 Book Club & Treats Mindy & RA</p> <p>3:30 Social Mindy</p> <p>4:00 Sing and Dance-Along Mindy</p>
<p>10:00 Sunday Sing-Along Celeste</p> <p>10:00 The Crazy Curl Celeste</p> <p>10:30 Walks and Plant Watering Marissa</p> <p>11:00 Sunday Hymns Ryan & Peter</p> <p>11:15 LDS Church in MC</p> <p>11:30 Spiritual Thought RA</p> <p>1:00 Piano Entertainment Alexis</p> <p>2:00 Art Appreciation RA</p> <p>2:30 Balloon Games RA</p> <p>3:00 Sounds of Sunday Concert RA</p> <p>4:00 Sing-Along RA</p>	<p>10:00 Sit-N-Fit Channel 6</p> <p>10:15 The Crazy Curl Celeste</p> <p>10:30 Exercises with Angie Canyons</p> <p>11:00 Cheryl Wyldwood Entertainment</p> <p>1:00 Fun with Heather</p> <p>2:00 Active Game Heather</p> <p>3:00 Manicures with Auni</p> <p>3:15 Brain Games Damion</p> <p>4:00 Sing-Along Auni</p>	<p>10:00 Tai Chi and Exercises Mindy</p> <p>10:00 Crazy Curls Celeste</p> <p>10:30 Bible Study Mindy</p> <p>10:30 Walks Kenidee</p> <p>11:30 Daily Chronical Mindy</p> <p>1:00 Strength Training Trish</p> <p>1:30 Vintage Vinyl Mindy</p> <p>2:00 Reminisce Mindy</p> <p>2:30 Active Game Mindy & RA</p> <p>3:30 Social Mindy</p> <p>4:00 Sing and Dance-Along Mindy</p> <p>5:15 Evening Musical Damion</p>	<p>10:00 Tai Chi and Stretches Mindy</p> <p>10:00 Crazy Curl Celeste</p> <p>10:30 Color me Calm Kenidee</p> <p>11:00 Relief Society/Priesthood Women</p> <p>12:30 Today in History Mindy</p> <p>1:00 Fuzion Fitness Mindy</p> <p>1:30 Van Ride Mindy</p> <p>2:30 Discussions with Damion & Kenidee</p> <p>3:00 Social Mindy</p> <p>3:30 Sing and Dance-along Mindy</p>	<p>Thanksgiving</p> <p>8:00 Macy Day Parade T.V.</p> <p>10:00 Tai Chi and Stretches Mindy</p> <p>10:30 Turkey Games Mindy</p> <p>11:00 Thanksgiving Word Games Mindy</p> <p>1:00 Turkey Hoky Poky/ Chair Dancing Mindy</p> <p>2:00 Frozen Turkey Bowling Mindy</p> <p>3:00 Make Oreo Turkeys & Pilgrim Hats Mindy</p> <p>3:30 History of Thanksgiving & Tour Plymouth Rock Mindy</p> <p>4:00 Sing & Dance -Along Mindy</p> <p>5:30 Musical</p> <p>Thanksgiving Day (US)</p>	<p>10:00 Tai Chi and Stretches Mindy</p> <p>10:00 Crazy Curl RA</p> <p>10:30 Bible Study Mindy</p> <p>10:30 Sensory Baskets/Coloring RA</p> <p>11:30 Trivia Mindy</p> <p>12:30 Daily Chronical Mindy</p> <p>12:45 Fuzion Fitness Mindy</p> <p>1:15 Van Ride Mindy</p> <p>2:30 Active Game RA</p> <p>3:00 Social Mindy</p> <p>3:30 Sing and Dance-Along Mindy</p>	<p>10:00 Menu Game Mindy</p> <p>10:30 Crazy Curl RA</p> <p>11:00 History & Mysteries Mindy</p> <p>12:30 Spiritual Reading Mindy</p> <p>1:00 Jazzercise Mindy</p> <p>1:30 YouTube Concert</p> <p>1:30 Board Games Mindy</p> <p>2:00 Daily Chronical Mindy</p> <p>2:30 Book Club & Treats Mindy & RA</p> <p>3:30 Social Mindy</p> <p>4:00 Sing and Dance-Along Mindy</p>
<p>10:00 Sunday Sing-Along Celeste</p> <p>10:00 The Crazy Curl Celeste</p> <p>10:30 Walks and Plant Watering Marissa</p> <p>11:00 Sunday Hymns Ryan & Peter</p> <p>11:15 LDS Church in MC</p> <p>11:30 Spiritual Thought RA</p> <p>1:00 Piano Entertainment Alexis</p> <p>2:00 Art Appreciation RA</p> <p>2:30 Balloon Games RA</p> <p>3:00 Sounds of Sunday Concert RA</p> <p>4:00 Sing-Along RA</p>	<p>10:00 Sit-N-Fit Channel 6</p> <p>10:15 The Crazy Curl Celeste</p> <p>10:30 Exercises with Angie Canyons</p> <p>11:00 Documentary RA</p> <p>1:15 Bob Shorten Entertainment</p> <p>2:15 Active Game Heather</p> <p>3:00 Manicures with Auni</p> <p>3:15 Brain Games Damion</p> <p>4:00 Sing-Along Auni</p>	<p>10:00 Tai Chi and Exercises Mindy</p> <p>10:00 Crazy Curls Celeste</p> <p>10:30 Bible Study Mindy</p> <p>10:30 Walks Kenidee</p> <p>11:30 Daily Chronical Mindy</p> <p>1:00 Strength Training Trish</p> <p>1:30 Conductors Corner Mindy</p> <p>2:00 Reminisce Mindy</p> <p>2:30 Active Game Mindy & RA</p> <p>3:30 Social Mindy</p> <p>4:00 Sing and Dance-Along Mindy</p> <p>5:15 Evening Musical Damion</p>	<p>10:00 Tai Chi and Stretches Mindy</p> <p>10:00 Crazy Curl Celeste</p> <p>10:30 Color me Calm Kenidee</p> <p>11:00 Relief Society/Priesthood Women</p> <p>12:30 Today in History Mindy</p> <p>1:00 Fuzion Fitness Mindy</p> <p>1:30 Van Ride Mindy</p> <p>2:30 Discussions with Damion & Kenidee</p> <p>3:00 Social Mindy</p> <p>3:30 Sing and Dance-along Mindy</p>			

All Activities Subject to Change.

SUN	MON	TUE	WED	THUR	FRI	SAT	
SageWood Activity Calendar Art of Living Well	Always check Channel 6 for the most up to date Activities information.	9:30 Aquarobics (POOL) 10:15 Music in Motion (SUM) 11:00 Strength Class (FC) 11:00 Assisted Balance by Appointment (MT. V) 11:00 2nd Floor AL Hallway Club (Second Floor AL Hallway) 1:30 Sagewood Health Fair (SUM) 3:30 Social Hour with Wade (LOB) 7:00 Emma (Chan 6) 10:15 Nighttime Melodies (Chan 6)	1 10:00 Smith's Shopping Trip (BUS) 10:15 Sit & Fit (SUM) 11:00 Stretch, Breathe and Balance (FC) 11:00 1st Floor AL Hallway Club (First Floor AL Hallway) 1:45 Ambassador Training (FR) 2:00 Therapy Dog Visits (Lobby) 2:30 Bingo! (MT. V) 3:30 Farkle (GL) 7:00 Pinnochle (GL) 7:00 The Burbs (Chan 6) 10:15 Nighttime Melodies (Chan 6)	2 9:30 Aquarobics (POOL) 10:15 Sit N Fit w. Bands (SUM) 11:00 Strength Class (FC) 11:00 Assisted Balance by Appointment (MT. V) 11:00 2nd Floor AL Hallway Club (Second Floor AL Hallway) 1:30 Seated Exercise Dance (Mt. View) 2:00 Taggart the Dog (Lobby) 2:15 Guided Meditation (FR) 3:30 Social Hour: Birthday Celebration (LOB) 3:30 Survey Wrap Up with Cake! (LOB) 7:00 Thursday Tunes: Harmony Road (SUM) 10:15 Nighttime Melodies (Chan 6)	3 9:30 Aquarobics (POOL) 10:15 Sit & Fit (SUM) 11:00 Strength Class (FC) 11:00 Assisted Balance by Appointment (MT. V) 11:00 2nd Floor AL Hallway Club (Second Floor AL Hallway) 1:30 Seated Exercise Dance (Mt. View) 2:00 Taggart the Dog (Lobby) 2:15 Guided Meditation (FR) 3:30 Social Hour: Birthday Celebration (LOB) 3:30 Survey Wrap Up with Cake! (LOB) 7:00 Thursday Tunes: Harmony Road (SUM) 10:15 Nighttime Melodies (Chan 6)	4 9:30 Transportation by Appointment (BUS) 10:15 Sit & Fit (SUM) 11:00 Advanced Balance & Brains (FC) 11:00 1st Floor AL Hallway Club (First Floor AL Hallway) 1:30 Inverse Colors: Acrylic (ART) 3:30 Springs and Falls (GR) 7:00 Australia (Chan 6) 10:15 Nighttime Melodies (Chan 6)	5 9:00 Veterans Day Breakfast (BUS) 9:30 Aquarobics (POOL) 10:15 Sit N Fit Club (SUM) 11:00 Scenic Drive (BUS) 1:30 Ceramic Lessons (ART) 2:00 Bingo! (MT. V) 3:30 Singer Saturday: Shilaylee (SUM) 7:00 Men in Black (Chan 6) 10:15 Nighttime Melodies (Chan 6)
Daylight Savings Time Ends 10:00 Sacrament Meeting (SUM) 1:30 Live Piano Music (LOB) 1:30 Mexican Train Dominos (Internet Café) 2:00 Sunday Outing (BUS) 7:00 Faith Like Potatoes (Chan 6) 10:15 Nighttime Melodies (Chan 6)	6 9:30 Walmart Shopping Trip (BUS) 10:15 Sit & Fit (SUM) 11:00 Advanced Balance (FC) 1:30 Seated Tai Chi (MT. V) 7:00 Education Night: Is the Great Salt Lake Dying? (SUM) 10:15 Nighttime Melodies (Chan 6)	7 9:30 Aquarobics (POOL) 10:15 Music in Motion (SUM) 11:00 Strength Class (FC) 11:00 Assisted Balance by Appointment (MT. V) 11:00 2nd Floor AL Hallway Club (Second Floor AL Hallway) 1:30 Sagewood Bowling Alley (SUM) 3:30 Social Hour with Wade (LOB) 7:00 An American in Paris (Chan 6) 10:15 Nighttime Melodies (Chan 6)	8 10:00 Smith's Shopping Trip (BUS) 10:15 Sit & Fit (SUM) 11:00 Stretch, Breathe and Balance (FC) 11:00 1st Floor AL Hallway Club (First Floor AL Hallway) 1:30 Crochet Corner (Internet Café) 1:30 Walking Tour of Sagewood (LOB) 2:30 Bingo! (SUM) 3:30 Farkle (GL) 4:00 Wine Wednesday (FR) 7:00 Pinnochle (GL) 7:00 Double Indemnity (Chan 6) 10:15 Nighttime Melodies (Chan 6)	9 9:30 Aquarobics (POOL) 10:15 Sit N Fit w. Bands (SUM) 11:00 Strength Class (FC) 11:00 Assisted Balance by Appointment (MT. V) 11:00 2nd Floor AL Hallway Club (Second Floor AL Hallway) 1:30 Seated Exercise Dance (Mt. View) 2:00 Taggart the Dog (Lobby) 2:15 Guided Meditation (FR) 3:30 World Showcase: Stop 1 (SUM) 7:00 New Fiddlers (SUM) 10:15 Nighttime Melodies (Chan 6)	10 Veterans Day 9:30 Transportation by Appointment (BUS) 10:15 Sit & Fit (SUM) 11:00 Advanced Balance & Brains (FC) 11:00 1st Floor AL Hallway Club (First Floor AL Hallway) 1:30 Bubbles: Acrylic (ART) 1:30 Wood Shop (SHOP) 3:30 Veterans Day Celebration (SUM) 7:00 Avatar (Chan 6) 10:15 Nighttime Melodies (Chan 6)	11 9:30 Aquarobics (POOL) 11:00 Scenic Drive (BUS) 11:00 Ukulele Performance (SUM) 1:30 Ceramic Lessons (ART) 2:00 Bingo! (MT. V) 3:30 Singer Saturday: Wyldwood (SUM) 7:00 Oh! Heavenly Dog (Chan 6) 10:15 Nighttime Melodies (Chan 6)	
10:00 Sacrament Meeting (SUM) 1:30 Live Piano Music (LOB) 1:30 Mexican Train Dominos (Internet Café) 2:00 Sunday Outing (BUS) 7:00 The Magic of Ordinary Days (Chan 6) 10:15 Nighttime Melodies (Chan 6)	13 9:30 Walmart Shopping Trip (BUS) 10:15 Sit & Fit (SUM) 11:00 Advanced Balance (FC) 1:30 Seated Tai Chi (MT. V) 10:15 Nighttime Melodies (Chan 6)	14 9:30 Aquarobics (POOL) 10:15 Music in Motion (SUM) 11:00 Strength Class (FC) 11:00 Assisted Balance by Appointment (MT. V) 11:00 2nd Floor AL Hallway Club (Second Floor AL Hallway) 1:30 Skarie Crafts: Fall Windsock (ART) 3:30 Social Hour with Wade: New Resident Introductions (LOB) 7:00 The African Queen (Chan 6) 10:15 Nighttime Melodies (Chan 6)	15 10:00 Smith's Shopping Trip (BUS) 10:15 Sit & Fit (SUM) 11:00 Stretch, Breathe and Balance (FC) 11:00 1st Floor AL Hallway Club (First Floor AL Hallway) 1:30 Crochet Corner (Internet Café) 1:45 Ambassador Training (FR) 2:30 Bingo! (SUM) 3:30 Farkle (GL) 7:00 Pinnochle (GL) 7:00 Talent Show by Youth (SUM) 7:00 Harvey (Chan 6) 10:15 Nighttime Melodies (Chan 6)	16 9:30 Aquarobics (POOL) 10:15 Sit N Fit w. Bands (SUM) 11:00 Strength Class (FC) 11:00 Assisted Balance by Appointment (MT. V) 11:00 2nd Floor AL Hallway Club (Second Floor AL Hallway) 1:30 Seated Exercise Dance (Mt. View) 1:30 Macular Degeneration Club (GR) 2:00 Taggart the Dog (Lobby) 2:15 Guided Meditation (FR) 3:30 Acordion Performance and Calendar Review (LOB) 7:00 Thursday Tunes: Wayne Hovey (SUM) 10:15 Nighttime Melodies (Chan 6)	17 9:30 Transportation by Appointment (BUS) 10:15 Sit & Fit (SUM) 11:00 Advanced Balance & Brains (FC) 11:00 1st Floor AL Hallway Club (First Floor AL Hallway) 1:30 Horn of Plenty in Pastels (ART) 3:30 Grateful Service Project: Dipped Oreos (FR) 7:00 The Perfect Storm (Chan 6) 10:15 Nighttime Melodies (Chan 6)	18 9:30 Aquarobics (POOL) 10:30 Beehive Chorus Christmas Performance (SUM) 11:00 Scenic Drive (BUS) 1:30 Ceramic Lessons (ART) 2:00 Bingo with Bibhor (MT. V) 7:00 The Man with One Red Shoe (Chan 6) 10:15 Nighttime Melodies (Chan 6)	
10:00 Sacrament Meeting (SUM) 1:30 Live Piano Music (LOB) 1:30 Mexican Train Dominos (Internet Café) 2:00 Sunday Outing (BUS) 7:00 An Old Fashioned Thanksgiving (Chan 6) 10:15 Nighttime Melodies (Chan 6)	20 9:30 Walmart Shopping Trip (BUS) 10:15 Sit & Fit (SUM) 11:00 Advanced Balance (FC) 1:30 Seated Tai Chi (MT. V) 3:30 Bean Bag Baseball (SUM) 7:00 Rummikub and Scrabble (GL) 10:15 Nighttime Melodies (Chan 6)	21 9:30 Aquarobics (POOL) 10:15 Music in Motion (SUM) 11:00 Strength Class (FC) 11:00 Assisted Balance by Appointment (MT. V) 11:00 2nd Floor AL Hallway Club (Second Floor AL Hallway) 2:30 Town Hall (SUM) 3:30 Social Hour with Wade (LOB) 7:00 Father Goose (Chan 6) 10:15 Nighttime Melodies (Chan 6)	22 10:00 Smith's Shopping Trip (BUS) 10:15 Sit & Fit (SUM) 11:00 Stretch, Breathe and Balance (FC) 11:00 1st Floor AL Hallway Club (First Floor AL Hallway) 1:30 Crochet Corner (Internet Café) 1:30 Transforming Grief and Loss (FR) 2:30 Bingo! (SUM) 3:30 Farkle (GL) 4:00 Wine Wednesday (FR) 7:00 Pinnochle (GL) 7:00 Big Fish (Chan 6) 10:15 Nighttime Melodies (Chan 6)	23 Thanksgiving 2:00 Thanksgiving Gang (SUM) 7:00 Thursday Tunes: Mixed Nuts (SUM) 10:15 Nighttime Melodies (Chan 6)	24 9:30 Transportation by Appointment (BUS) 10:15 Sit & Fit (SUM) 11:00 Advanced Balance & Brains (FC) 11:00 1st Floor AL Hallway Club (First Floor AL Hallway) 1:30 Sunrise: Acrylic (ART) 1:30 Wood Shop (SHOP) 3:30 Quiz Queen (LOB) 7:00 The Sentinel (Chan 6) 10:15 Nighttime Melodies (Chan 6)	25 9:30 Aquarobics (POOL) 10:15 Sit N Fit Club (SUM) 11:00 Scenic Drive (BUS) 1:30 Ceramic Lessons (ART) 2:00 Bingo! (MT. V) 3:30 Singer Saturday: Bob Shorten (SUM) 7:00 A Simple Twist of Fate (Chan 6) 10:15 Nighttime Melodies (Chan 6)	
10:00 Sacrament Meeting (SUM) 1:30 Live Piano Music (LOB) 1:30 Mexican Train Dominos (Internet Café) 2:00 Sunday Outing (BUS) 7:00 Skylark (Chan 6) 10:15 Nighttime Melodies (Chan 6)	27 9:30 Walmart Shopping Trip (BUS) 10:15 Sit & Fit (SUM) 11:00 Advanced Balance (FC) 1:30 Seated Tai Chi (MT. V) 3:30 Holiday Gift Craft Boutique 3:30pm-8:00pm (Lobby) 10:15 Nighttime Melodies (Chan 6)	28 9:30 Aquarobics (POOL) 10:15 Music in Motion (SUM) 11:00 Strength Class (FC) 11:00 Assisted Balance by Appointment (MT. V) 11:00 2nd Floor AL Hallway Club (Second Floor AL Hallway) 1:30 Sagewood Bowling Alley (SUM) 3:30 Social Hour with Wade (LOB) 7:00 North by Northwest (Chan 6) 10:15 Nighttime Melodies (Chan 6)	29 10:00 Smith's Shopping Trip (BUS) 10:15 Sit & Fit (SUM) 11:00 Stretch, Breathe and Balance (FC) 11:00 1st Floor AL Hallway Club (First Floor AL Hallway) 1:30 Crochet Corner (Internet Café) 2:30 Bingo! (SUM) 3:30 Farkle (GL) 7:00 Pinnochle (GL) 7:00 What about Bob? (Chan 6) 10:15 Nighttime Melodies (Chan 6)	30 Hallway Club at 11am 1st Floor Mon and Wed 2nd Floor Tues and Thurs	LOCATION KEY ART - Art Studio Chan 6 - Channel 6 FR - Family Room FC - Fitness Center GL - Game Loft	GR - Great Room LOB - Main Lobby MT. V - Mountain View Neighborhood POOL - Pool SUM - Summit Room SHOP - Wood Shop	

November 2022



SUN	MON	TUE	WED	THUR	FRI	SAT
Sagewood's Special Events	Always check Channel 6 for the most up to date Activities information.	1:30 Sagewood Health Fair (SUM) 1 7:00 Emma (Chan 6)	7:00 The Burbs (Chan 6) 2	3:30 Social Hour: Birthday Celebration (LOB) 3 3:30 Survey Wrap Up with Cake! (LOB) 7:00 Thursday Tunes: Harmony Road (SUM)	1:30 Inverse Colors: Acrylic (ART) 4 3:30 Springs and Falls (GR) 7:00 Australia (Chan 6)	9:00 Veterans Day Breakfast (BUS) 5 3:30 Singer Saturday: Shilaylee (SUM) 7:00 Men in Black (Chan 6)
Daylight Savings Time Ends 6 7:00 Faith Like Potatoes (Chan 6)	7:00 Education Night: Is the Great Salt Lake Dying? (SUM) 7	7:00 An American in Paris (Chan 6) 8	1:30 Walking Tour of Sagewood (LOB) 9 7:00 Double Indemnity (Chan 6)	3:30 World Showcase: Stop 1 (SUM) 10 7:00 New Fiddlers (SUM)	Veterans Day 11 1:30 Bubbles: Acrylic (ART) 3:30 Veterans Day Celebration (SUM) 7:00 Avatar (Chan 6)	11:00 Ukulele Performance (SUM) 12 3:30 Singer Saturday: Wyldwood (SUM) 7:00 Oh! Heavenly Dog (Chan 6)
7:00 The Magic of Ordinary Days (Chan 6) 13	14	1:30 Skarie Crafts: Fall Windsock (ART) 15 3:30 Social Hour with Wade: New Resident Introductions (LOB) 7:00 The African Queen (Chan 6)	7:00 Talent Show by Youth (SUM) 16 7:00 Harvey (Chan 6)	3:30 Accordion Performance and Calendar Review (LOB) 17 7:00 Thursday Tunes: Wayne Hovey (SUM)	1:30 Horn of Plenty in Pastels (ART) 18 3:30 Grateful Service Project: Dipped Oreos (FR) 7:00 The Perfect Storm (Chan 6)	10:30 Beehive Chorus Christmas Performance (SUM) 19 7:00 The Man with One Red Shoe (Chan 6)
7:00 An Old Fashioned Thanksgiving (Chan 6) 20	7:00 Rummikub and Scrabble (GL) 21	2:30 Town Hall (SUM) 22 7:00 Father Goose (Chan 6)	7:00 Big Fish (Chan 6) 23	Thanksgiving 24 2:00 Thanksgiving Gang (SUM) 7:00 Thursday Tunes: Mixed Nuts (SUM)	1:30 Sunrise: Acrylic (ART) 25 3:30 Quiz Queen (LOB) 7:00 The Sentinel (Chan 6)	3:30 Singer Saturday: Bob Shorten (SUM) 26 7:00 A Simple Twist of Fate (Chan 6)
7:00 Skylark (Chan 6) 27	3:30 Holiday Gift Craft Boutique 3:30pm-8:00pm (Lobby) 28	7:00 North by Northwest (Chan 6) 29	7:00 What about Bob? (Chan 6) 30	<i>Events in Blue are a BIG DEAL!!!</i>	LOCATION KEY ART - Art Studio Chan 6 - Channel 6 FR - Family Room GL - Game Loft GR - Great Room	LOB - Main Lobby SUM - Summit Room

November 2022

