


SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY BB - Bar and Bistro CD - Chesapeake Dining Room CK - Country Kitchen FC - Fitness Center	FL - Front Lobby ART Room - Independence Lounge LC - Lexington Commons	MR - Montpelier Room OT - Outing G - The Grange WE - Waters Edge		9:30 Morning Fitness (LC) 10:00 Mahjong Resident-Led (G) 10:00 Resident Update Meeting (LC) 10:30 MAD LIBS (MR) 11:00 Kroger Trip (OT) 12:00 Bridge Game - Resident Led (MR) 1:00 Show and Tell Travel Stories (LC) 2:00 Tai Chi (MR) 3:00 Money Bingo (LC) 6:15 Bee Keeper Association Meeting (OT)	1 Groundhog Day 9:30 Morning Fitness (LC) 9:30 Smooth Yoga with Charles (Lexington) 10:00 Friday Trivia (Montpelier Room) 10:00 Mahjong Resident-Led Come to Learn (G) 10:30 Left Right Center Candy (MR) 12:30 Ballroom Dancing (LC) 1:00 Chorus Practice (LC) 1:00 Spanish Lessons (G) 2:00 Happy Hour with Adrienne and Jamie (Bar & Bistro) 3:15 Afternoon Cornhole (LC) 6:00 Movie Night: Queen Bees with Ellen Burstyn (LC)	2 9:30 Morning Fitness (LC) 10:30 Candy Bingo (LC) 12:00 Afternoon Movie: A League of Their Own with Tom Hanks (LC) 1:00 Bridge - Resident Led (G) 1:00 Sequence -Resident Led (MR) 2:15 Trivia Time (LC) 3:00 Afternoon Cornhole (LC)
9:05 Great Neck Baptist (OT) 10:00 Holy Family Catholic Mass (OT) 11:15 Church Service (LC) 12:00 Sunday Movie: A Man Called Otto with Tom Hanks (LC) 12:15 Walmart (OT) 1:00 Canasta - Resident Led (G) 3:00 Money Bingo (LC)	4 9:30 Morning Fitness (LC) 10:00 Massage Time (MR) 10:00 Mahjong Resident-Led (G) 10:30 Monday Trivia (LC) 1:00 Tai Chi (MR) 2:00 Happy Hour with Lyle and Linda Dowling (BB) 3:15 Afternoon Cornhole (LC) 6:00 Movie Night: The Mule starring Clint Eastwood (CK) 6:30 Prayer Circle Resident Led (MR)	5 9:30 Morning Fitness (LC) 10:00 Hilltop Shops (OT) 10:00 Tuesday Trivia (LC) 1:00 Leather Crafting with Joe C. (MR) 1:00 Noava Hearing Centers (MR) 1:00 Resident Led Poker (G) 2:00 Gym Class (FC) 2:00 Cooking Chicken Feet (BB) 3:00 Money Bingo (LC) 6:00 Cornhole Practice Resident Led (LC)	6 9:30 Morning Fitness (LC) 10:00 Wednesday Trivia (LC) 11:00 Eastern Shore Chapel (MR) 12:00 Olive Garden (OT) 1:00 Bee Keeping Club (Art Room) 1:00 Canasta - Resident Led (G) 1:00 Making Jump Ropes for Charity with Gloria (MR) 2:00 Stitch & Chat (MR) 3:15 Afternoon Cornhole (LC) 6:00 Musical Wednesday Movies :Funny Girl starring Barbara Streisand (LC)	7 9:30 Morning Fitness (LC) 10:00 Kroger Trip (OT) 10:00 Mahjong Resident-Led (G) 10:30 Drawing Class with Sally Cade (Art Room) 10:30 MAD LIBS (MR) 12:00 Bridge Game - Resident Led (MR) 1:00 Lynnhaven Mall Walking Club (FL) 2:00 "Cross Train Your Brain, Play Ping Pong" with Dr. Sautter (LC) 2:00 Tai Chi (MR) 3:00 Money Bingo (LC)	8 9:30 Morning Fitness (LC) 10:00 Friday Trivia (LC) 10:00 Mahjong Resident-Led Come to Learn (G) 10:30 Left Right Center Candy (MR) 12:30 Ballroom Dancing (LC) 1:00 Chorus Practice (LC) 1:00 Spanish Lessons (G) 2:00 Happy Hour with Dan Smith (Bar & Bistro) 3:15 Afternoon Cornhole (LC) 6:00 Movie Night: The Perfect Game (about the 1957 Little League World Series) (LC)	9 Lunar New Year 9:30 Morning Fitness (LC) 10:00 Resident Led News Discussions (MR) 10:30 Candy Bingo (LC) 12:00 Afternoon Movie: To Sir with Love with Sidney Poitier (LC) 1:00 Bridge - Resident Led (G) 1:00 Sequence -Resident Led (MR) 2:15 Trivia Time (LC) 3:00 Afternoon Cornhole (LC)
9:05 Great Neck Baptist (OT) 10:30 Holy Family Catholic Mass (OT) 11:15 Church Service (LC) 12:00 Sunday Movie: Elsa & Fred with Christopher Plummer (LC) 12:15 Beach Drive (OT) 1:00 Canasta - Resident Led (G) 3:00 Money Bingo (LC) 5:00 Super Bowl Sunday (LC)	11 Chinese New Year 9:30 Morning Fitness (LC) 10:00 Massage Time (MR) 10:00 Book Club- Seven Husbands of Evelyn Hugo (BB) 10:00 Mahjong Resident-Led (G) 10:30 Monday Trivia (LC) 1:00 Tai Chi (MR) 2:00 Chinese New Year Happy Hour (Bar & Bistro) 3:15 Afternoon Cornhole (LC) 4:00 Yearbook Photos (Memory Care) 6:00 Movie Night: Gifted Hands- the Ben Carson Story (CK) 6:30 Prayer Circle Resident Led (MR)	12 9:30 Morning Fitness (LC) 10:00 Hilltop Shops (OT) 10:00 Tuesday Trivia (LC) 11:00 Making Valentines Cards for Friends (MR) 12:00 Make your own Trail Mix (FL) 1:00 Leather Crafting with Joe C. (MR) 1:00 Ping Pong (FC) 1:00 Resident Led Poker (G) 2:00 Gym Class (FC) 2:00 Valentines Chocolate Dipping (BB) 3:00 Money Bingo (LC) 6:00 Cornhole Practice Resident Led (LC)	13 Valentine's Day 9:30 Morning Fitness (LC) 10:00 Wednesday Trivia (LC) 1:00 Bee Keeping Club (Art Room) 1:00 Canasta - Resident Led (G) 1:00 Making Jump Ropes for Charity with Gloria (MR) 2:00 Stitch & Chat (MR) 3:15 Afternoon Cornhole (LC) 6:00 Musical Wednesday Movies: Coal Miners Daughter with Sissy Spacek (LC) 6:30 Hymn Sing (LC)	14 9:30 Morning Fitness (LC) 10:00 Kroger Trip (OT) 10:00 Mahjong Resident-Led (G) 10:30 Drawing Class with Sally Cade (Art Room) 10:30 MAD LIBS (MR) 10:30 New Resident Orientation (LC) 11:00 Catholic Mass (MR) 12:00 Bridge Game - Resident Led (MR) 1:30 Resident Update Meeting (CD) 2:00 Tai Chi (MR) 3:00 Money Bingo (LC) 4:00 New Resident Welcome Happy Hour (MR)	15 9:30 Morning Fitness (LC) 10:00 Friday Trivia (LC) 10:00 Mahjong Resident-Led Come to Learn (G) 10:30 Left Right Center Candy (MR) 12:30 Ballroom Dancing (LC) 1:00 Chorus Practice (LC) 1:00 Spanish Lessons (G) 2:00 Happy Hour with Roberto (BB) 3:15 Afternoon Cornhole (LC) 4:00 Valentine's Hoedown (Family and Friends Event) (Bar & Bistro) 6:00 Movie Night: Woman in Gold with Helen Mirren (LC)	16 9:30 Morning Fitness (LC) 10:30 Candy Bingo (LC) 11:00 Sound Bath Event with Carly Jones from Sentara (LC) 12:00 Afternoon Movie: Apollo 13 with Tom Hanks (LC) 1:00 Bridge - Resident Led (G) 1:00 Sequence -Resident Led (MR) 2:15 Trivia Time (LC) 3:00 Afternoon Cornhole (LC)
9:05 Great Neck Baptist (OT) 10:30 Holy Family Catholic Mass (OT) 11:15 Church Service (LC) 12:00 Sunday Movie: Made for Each Other with Jimmy Stewart (LC) 12:15 Whole Foods (OT) 1:00 Canasta - Resident Led (G) 3:00 Money Bingo (LC)	18 President's Day 9:30 Morning Fitness (LC) 10:00 Massage Time (MR) 10:00 Mahjong Resident-Led (G) 10:30 Monday Trivia (LC) 1:00 Tai Chi (MR) 2:00 Trivia Competition Happy Hour (Bar & Bistro) 3:15 Afternoon Cornhole (LC) 4:00 Yearbook Photos (FL) 6:00 Movie Night: Old Goats (Comedy) (CK) 6:30 Prayer Circle Resident Led (MR)	19 9:30 Morning Fitness (LC) 10:00 Hilltop Shops (OT) 10:00 Tuesday Trivia (LC) 1:00 Leather Crafting with Joe C. (MR) 1:00 Resident Led Poker (G) 1:00 Resident Life Forum 2:00 Gym Class (FC) 2:00 Cooking Liver (BB) 3:00 Money Bingo (LC) 6:00 Cornhole Practice Resident Led (LC)	20 9:30 Morning Fitness (LC) 10:00 Wednesday Trivia (LC) 10:30 Natural Healing and Life Forum with Michael Bradford (LC) 1:00 Bee Keeping Club (Art Room) 1:00 Canasta - Resident Led (G) 1:00 Making Jump Ropes for Charity with Gloria (MR) 2:00 Stitch & Chat (MR) 3:15 Afternoon Cornhole (LC) 6:00 Musical Wednesday Movies: Mama Mia! The Musical (LC)	21 9:30 Morning Fitness (LC) 10:00 Kroger Trip (OT) 10:00 Mahjong Resident-Led (G) 10:30 Drawing Class with Sally Cade (Art Room) 10:30 MAD LIBS (MR) 12:00 Bridge Game - Resident Led (MR) 1:00 Chrysler Museum of Art (OT) 1:00 Walking Club TO IHOP FOR LUNCH (FL) 2:00 Tai Chi (MR) 3:00 Money Bingo (LC)	22 9:30 Morning Fitness (LC) 10:00 Friday Trivia (LC) 10:00 Mahjong Resident-Led Come to Learn (G) 10:30 Left Right Center Candy (MR) 12:30 Ballroom Dancing (LC) 1:00 Chorus Practice (LC) 1:00 Spanish Lessons (G) 2:00 Happy Hour with Mike Finn (Bar & Bistro) 3:15 Afternoon Cornhole (LC) 6:00 Movie Night: I can Only Imagine (LC)	23 9:30 Morning Fitness (LC) 10:00 Resident Led News Discussions (MR) 10:30 Candy Bingo (LC) 12:00 Afternoon Movie: The Little Princess with Shirley Temple (LC) 1:00 Bridge - Resident Led (G) 1:00 Sequence -Resident Led (MR) 2:15 Trivia Time (LC) 3:00 Afternoon Cornhole (LC)
9:05 Great Neck Baptist (OT) 10:30 Holy Family Catholic Mass (OT) 11:15 Church Service (LC) 12:00 Sunday Movie: Downtown Abbey (LC) 12:15 Thrift Stores (OT) 1:00 Canasta - Resident Led (G) 3:00 Money Bingo (LC)	25 Mardi Gras 9:30 Morning Fitness (LC) 10:00 Massage Time (MR) 10:00 Mahjong Resident-Led (G) 10:30 Monday Trivia (LC) 1:00 Tai Chi (MR) 2:00 Mardi Gras Happy Hour Party (Bar & Bistro) 3:15 Afternoon Cornhole (LC) 6:00 Movie Night: Ladies in Lavender starring Judi Dench (CK) 6:30 Prayer Circle Resident Led (MR)	26 9:30 Morning Fitness (LC) 10:00 Hilltop Shops (OT) 10:00 Tuesday Trivia (LC) 12:30 Monthly Birthday Luncheon for Residents (WE) 1:00 Leather Crafting with Joe C. (MR) 1:00 Ping Pong (FC) 1:00 Resident Led Poker (G) 2:00 Gym Class (FC) 2:00 Cooking a Whole Fish (BB) 3:00 Money Bingo (LC) 6:00 Cornhole Practice Resident Led (LC)	27 9:30 Morning Fitness (LC) 10:00 Wednesday Trivia (LC) 1:00 Bee Keeping Club (Art Room) 1:00 Canasta - Resident Led (G) 1:00 Making Jump Ropes for Charity with Gloria (MR) 2:00 Stitch & Chat (MR) 3:15 Afternoon Cornhole (LC) 6:00 Musical Wednesday Movies: Sweet Dreams (The Patsy Cline Story) (LC)	28 9:15 Breakfast Club to Citrus (OT) 9:30 Morning Fitness (LC) 10:00 Kroger Trip (OT) 10:00 Mahjong Resident-Led (G) 10:30 Art Studio Time (Art Room) 10:30 MAD LIBS (MR) 12:00 Bridge Game - Resident Led (MR) 2:00 Tai Chi (MR) 3:00 Money Bingo (LC)	29 