


# April 2024 IAL Monthly Memory Care Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>THE ART OF LIVING WELL<sup>SM</sup></p>	<b>Medical Appointments (8AM-4PM) 1</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 🩺 Healthy Living: Monthly Medical Monitoring [HAR] 9:00 🚗 Scenic Drive to Waikiki [HAR] 10:00 ★ <b>Na Leo Manu O'o Performance [KHL-Lobby Lanai]</b> 10:00 📖 Name the Countries [HAR] 1:00 🎬 Movie and Popcorn : DAMSEL (NETFLIX) [HAR] 2:00 🥗 Snacks & Hydration [HAR] 3:00 ➡️ Afternoon Exercise: Fit and Fun [HAR] 6:00 📺 Evening News and Current Affairs [HAR]	<b>Medical Appointments (8AM-4PM) 2</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 🐾 <b>Pet Therapy With Elsa [HAR]</b> 10:00 🏠 Morning Stretch and Walk [CG] 1:00 🗣️ Shout BINGO! [HAR] 2:00 🍰 Tuesday Treats: Strawberry CupCake [HAR] 3:00 🎵 Listen to 50's, 60's and 70's Music [HAR] 6:00 ★ Watch America's Got Talent [HAR]	<b>Shopping and Errands Day (Foodland, Costco, &amp; Target) 3</b> <b>8:30 AM-12:30 PM</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 ➡️ Mobility Ball Exercise [HAR] 10:00 🧩 Jenga With Friends [HAR] 1:00 📖 <b>Spelling Bee [HAR]</b> 2:00 🥗 Snacks & Hydration [HAR] 3:00 🧩 Word Puzzle & Coloring [HAR] 6:00 📺 Evening News and Current Affairs [HAR]	<b>Medical Appointments (8AM-4PM) 4</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 ➡️ Seated Zumba Exercise [HAR] 10:00 🎵 Sing Along [HAR] 1:00 🎨 <b>Sip and Paint [HAR]</b> 2:00 🍷 Thirsty Thursday: Strawberry Lemonade [HAR] 3:00 🧩 Table Trivia [HAR] 6:00 📺 Watch America's Got Talent [HAR]	<b>Shopping and Errands Day (Longs, Safeway, &amp; Walmart) 5</b> <b>10 AM-2 PM</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 ➡️ <b>Walking with the Blue Zones Walking Moai [CG]</b> 10:00 🎵 Outdoor Sing Along with Friends [CG] 1:00 🚗 Road Trip to Sand Island [HAR] 2:00 🥗 Snacks & Hydration [HAR] 3:00 🗣️ Shout BINGO! [HAR] 6:00 📺 Evening News and Current Affairs [HAR]	8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] <b>6</b> 9:00 ➡️ Seated Tai Chi [HAR] 10:00 🔍 Spot the Difference [HAR] 1:00 🏐 Balloon Volleyball with Friends! [HAR] 2:00 🥗 Snacks & Hydration [HAR] 3:00 🎵 <b>Music Therapy: Karaoke with friends [HAR]</b> 6:00 ★ Watch Wheel of Fortune [HAR]	
	8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] <b>7</b> 9:00 ✝️ Sunday Hymns and Spiritual Songs [HAR] 10:00 ➡️ Sit and Be Fit Exercise [HAR] 1:00 📺 <b>Documentary: The World's Largest Moving Equipment (YOUTUBE) [HAR]</b> 2:00 🥗 Snacks and Hydration [HAR] 3:00 🦋 Coloring and Puzzle With Friends [HAR] 6:00 ★ Watch America's Got Talent [HAR]	<b>Medical Appointments (8AM-4PM) 8</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 🚗 Scenic Drive to Lanai/ Blowhole [HAR] 10:00 🔍 <b>Name the Countries [HAR]</b> 1:00 🎬 Movie Monday and Popcorn : The Bucket List (NETFLIX) [HAR] 2:00 🥗 Snacks & Hydration [HAR] 3:00 ➡️ Afternoon Exercise: Fit and Fun [HAR] 6:00 📺 Evening News and Current Affairs [HAR]	<b>Medical Appointments (8AM-4PM) 9</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 🐾 Pet Therapy With Elsa [HAR] 10:00 🏠 Morning Walk and Relaxation [HAR] 10:00 ★ <b>Roy and Ron Morning Performance [HOC-Lobby Cafe]</b> 1:00 🦋 Spring Bonnet Door Wreath (1) [HAR] 2:00 🍰 Tuesday Treats: Short Bread Biscuits [HAR] 3:00 🦋 Spring Bonnet Door Wreath (2) [HAR] 6:00 ★ Watch America's Got Talent [HAR]	<b>Shopping and Errands Day (Foodland, Costco, &amp; Target) 10</b> <b>8:30 AM-12:30 PM</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 ➡️ Mobility Ball Exercise [HAR] 10:00 🔍 Guess the Price: Grocery Edition [HAR] 1:00 🗣️ <b>Shout BINGO! [HAR]</b> 2:00 🥗 Snacks & Hydration [HAR] 3:00 🎵 Listen to 60's, 70's and 80's Music Hits [HAR] 6:00 📺 Evening News and Current Affairs [HAR]	<b>Medical Appointments (8AM-4PM) 11</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 ➡️ Seated Zumba [HAR] 10:00 🎵 Sing Along [HAR] 1:00 📺 <b>Armchair Travel to Nepal [HAR]</b> 2:00 🍷 Thirsty Thursday: Plantation Iced Tea [HAR] 3:00 🔍 Nepal Word Search [HAR] 6:00 📺 Watch America's Got Talent [HAR]	<b>Shopping and Errands Day (Longs, Safeway, &amp; Walmart) 12</b> <b>10 AM-2 PM</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 ➡️ Walking with the Blue Zones Walking Moai [CG] 10:00 🎵 Outdoor Sing Along with Friends [CG] 1:00 🚗 <b>Road Trip to Haleiwa [HAR]</b> 2:00 🥗 Snacks & Hydration [HAR] 3:00 🗣️ Shout BINGO! [HAR] 6:00 📺 Evening News and Current Affairs [HAR]	8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] <b>13</b> 9:00 ➡️ Seated Tai Chi [HAR] 10:00 🏠 <b>Gardening- Outdoor Pastime [CG]</b> 1:00 🔍 Whiteboard Memory Match: Calendar [HAR] 2:00 🥗 Snacks & Hydration [HAR] 3:00 🎵 Music Therapy: Karaoke with friends [HAR] 6:00 ★ Watch Wheel of Fortune [HAR]
	8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] <b>14</b> 9:00 ✝️ <b>Sunday Hymns and Spiritual Songs [HAR]</b> 10:00 ★ Watch the Price is Right Game [HAR] 1:00 🗣️ Shout BINGO! [HAR] 2:00 🥗 Snacks and Hydration [HAR] 3:00 ➡️ Afternoon Exercise: Stretching and Relaxation [HAR] 6:00 ★ Watch America's Got Talent [HAR]	<b>Medical Appointments (8AM-4PM) 15</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 🚗 <b>Scenic Drive to Diamond Head [HAR]</b> 10:00 🧩 Games, Brains and Arts [HAR] 1:00 🎬 Movie Monday and Popcorn: Forest Gump (YOUTUBE) [HAR] 2:00 🥗 Snacks & Hydration [HAR] 3:00 ➡️ Afternoon Exercise: Fit and Fun [HAR] 6:00 📺 Evening News and Current Affairs [HAR]	<b>Medical Appointments (8AM-4PM) 16</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 🐾 Pet Therapy With Elsa [HAR] 10:00 ➡️ Gentle Yoga Exercise [HAR] 1:00 🔍 Test Your Mind with Math Games [HAR] 2:00 🍰 Tuesday Treats: Apple with Peanut Butter [HAR] 3:00 🦋 Beaded Jewelry Making [HAR] 6:00 ★ <b>Watch America's Got Talent [HAR]</b>	<b>Shopping and Errands Day (Foodland, Costco, &amp; Target) 17</b> <b>8:30 AM-12:30 PM</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 ➡️ Mobility Ball Exercise [HAR] 10:00 🏠 Morning Stroll and Relaxation [CG] 10:00 📖 Reminiscing With Vintage Photos [HAR] 1:00 🗣️ Shout BINGO! [HAR] 2:00 🥗 Snacks & Hydration [HAR] 3:00 🦋 Easy Craft with MM [HKL-Activity Room] 5:30 🎉 <b>Residents and IPA Students Senior Prom [HOC-Lobby Cafe]</b> 6:00 📺 Evening News and Current Affairs [HAR]	<b>Medical Appointments (8AM-4PM) 18</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 ➡️ <b>Morning Fuzion and Fitness Chair Exercise [HAR]</b> 10:00 🎵 Sing Along [HAR] 1:00 🏐 Aim and Shoot Bucket Ball Toss [HAR] 2:00 🍷 Thirsty Thursday: Pineapple Juice [HAR] 3:00 🏐 Balloon Volleyball with Friends [HAR] 6:00 📺 Watch America's Got Talent [HAR]	<b>Shopping and Errands Day (Longs, Safeway, &amp; Walmart) 19</b> <b>10 AM-2 PM</b> 8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 9:00 ➡️ <b>Walking with the Blue Zones Walking Moai [CG]</b> 10:00 🎵 Outdoor Sing Along with Friends [CG] 1:00 🚗 Road Trip to Maili [HAR] 2:00 🥗 Snacks & Hydration [HAR] 3:00 🗣️ Shout BINGO! [HAR] 6:00 📺 Evening News and Current Affairs [HAR]	8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] <b>20</b> 9:00 ➡️ Seated Tai Chi [HAR] 10:00 🔍 <b>Name the Islands of Hawai'i [HAR]</b> 1:00 🏐 Let's Play Chicken Feet [HAR] 2:00 🥗 Snacks & Hydration [HAR] 3:00 🎵 Music Therapy: Karaoke with friends [HAR] 6:00 ★ Watch Wheel of Fortune [HAR]



# April 2024 IAL Monthly Memory Care Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] <b>21</b></p> <p>9:00 ✝️ <b>Sunday Hymns and Spiritual Songs [HAR]</b></p> <p>10:00 ↔️ Sit and Be Fit Exercise [HAR]</p> <p>1:00 📺 Documentary: The Life of An African Wild Dog [HAR]</p> <p>2:00 🍷 Snacks and Hydration [HAR]</p> <p>3:00 🗣️ Shout BINGO! [HAR]</p> <p>6:00 ★ Watch America's Got Talent [HAR]</p>	<p><b>Medical Appointments (8AM-4PM) 22</b></p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚗 Scenic Drive to Sandy Beach [HAR]</p> <p>10:00 🧠 Name the Body Parts [HAR]</p> <p>1:00 🎬 Movie Monday and Popcorn: Homestate (YOUTUBE) [HAR]</p> <p>2:00 🍷 Snacks &amp; Hydration [HAR]</p> <p>3:00 ↔️ Afternoon Exercise: Fit and Fun [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p><b>Medical Appointments (8AM-4PM) 23</b></p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🐾 Pet Therapy With Elsa [HAR]</p> <p>10:00 🐾 Tend Our Pet Fish [HAR]</p> <p>1:00 🏀 <b>Score Some Throws in Basket Toss [HAR]</b></p> <p>2:00 🍷 Tuesday Treats: Cookies and Cream [HAR]</p> <p>3:00 🎲 Connect 4 Table Games [HAR]</p> <p>6:00 ★ Watch America's Got Talent [HAR]</p>	<p><b>Shopping and Errands Day (Foodland, Costco, &amp; Target 8:30 AM-12:30 PM) 24</b></p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 ↔️ Mobility Ball Exercise [HAR]</p> <p>10:00 🏠 <b>Gardening 101 [CG]</b></p> <p>1:00 🎲 BINGO TOURNAMENT (1) [HAR]</p> <p>2:00 🍷 Snacks &amp; Hydration [HAR]</p> <p>3:00 🎲 BINGO TOURNAMENT (2) [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p><b>Medical Appointments (8AM-4PM) 25</b></p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 ↔️ Morning Fuzion and Fitness Chair Exercise [HAR]</p> <p>10:00 🎵 Sing Along [HAR]</p> <p>1:00 📖 Read and Share Your Favorite Book: Memory Care Book Club [HAR]</p> <p>2:00 🍷 <b>Thirsty Thursday: Pina Colada [HAR]</b></p> <p>3:00 🦋 Color Velveteen [HAR]</p> <p>6:00 📺 Watch America's Got Talent [HAR]</p>	<p><b>Shopping and Errands Day (Longs, Safeway, &amp; Walmart 10 AM-2 PM) 26</b></p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 ↔️ Walking with the Blue Zones Walking Moai [CG]</p> <p>10:00 🎵 Outdoor Sing Along with Friends [CG]</p> <p>1:00 🚗 Road Trip to Pali Lookout [HAR]</p> <p>2:00 🍷 Snacks &amp; Hydration [HAR]</p> <p>3:00 🗣️ Shout BINGO! [HAR]</p> <p>6:00 🎰 <b>808 Casino Night [HOC-Lobby Cafe]</b></p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] <b>27</b></p> <p>9:00 ↔️ <b>Seated Tai Chi [HAR]</b></p> <p>10:00 🏠 Gardening- Outdoor Pastime [CG]</p> <p>1:00 🎯 Balloon Volleyball [HAR]</p> <p>2:00 🍷 Snacks &amp; Hydration [HAR]</p> <p>3:00 🎵 Music Therapy: Karaoke with friends [HAR]</p> <p>6:00 ★ Watch Wheel of Fortune [HAR]</p>	
<p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] <b>28</b></p> <p>9:00 ✝️ Sunday Hymns and Spiritual Songs [HAR]</p> <p>10:00 ↔️ Sit and Be Fit Exercise [HAR]</p> <p>1:00 📺 Documentary: The Entire History of Ancient Japan (1) [HAR]</p> <p>2:00 🍷 Sunday Sundae [HAR]</p> <p>3:00 📺 <b>Documentary: The Entire History of Ancient Japan (2) [HAR]</b></p> <p>6:00 ★ Watch America's Got Talent [HAR]</p>	<p><b>Medical Appointments (8AM-4PM) 29</b></p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚗 Scenic Drive to Hawaii Kai [HAR]</p> <p>10:00 🗣️ Block Balancing: Jenga [HAR]</p> <p>1:00 🎬 <b>Movie Monday and Popcorn: UP (DisneyPlus) [HAR]</b></p> <p>2:00 🍷 Snacks &amp; Hydration [HAR]</p> <p>3:00 ↔️ Afternoon Exercise: Fit and Fun [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p><b>Medical Appointments (8AM-4PM) 30</b></p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🐾 Pet Therapy With Elsa [HAR]</p> <p>10:00 🌿 Gardening 101 [HAR]</p> <p>1:00 🎲 Indoor Golf with Friends [HAR]</p> <p>2:00 🍷 Tuesday Treats: Dark Chocolate Ice Cream [HAR]</p> <p>3:00 🎮 <b>Virtual Happy Hour with Hank Aarts [HAR]</b></p> <p>6:00 ★ Watch America's Got Talent [HAR]</p>	<p>739 Leihano Street Kapolei, Hawaii 96707 808-674-8022</p>			<ul style="list-style-type: none"> <li>🍷 After Dinner Program</li> <li>🗣️ Board, Card Games, and Table Games</li> <li>🧠 Brain Games</li> <li>🦋 Creativity Corner</li> <li>📺 Educational</li> <li>★ Entertainment</li> <li>↔️ Fitness</li> <li>🍷 Food Demo</li> <li>🌿 Gardening</li> <li>🎲 Indoor Games</li> <li>🗣️ Interactive Chats</li> <li>🧠 Medical Related</li> <li>🎬 Movie</li> <li>🎵 Music</li> <li>🏠 Outdoor Activities</li> <li>🚗 Outings</li> <li>🎨 Painting/Coloring</li> <li>🐾 Pet Therapy</li> <li>🎮 Social Events</li> <li>✝️ Spiritual Wellness</li> </ul>	

# Hello April