

# The Kensington at Walnut Creek





A KISCO COMMUNITY

## MEMORY CARE NEWSLETTER



**APRIL 2024**

# APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>9:45</b> The Good News <b>10:00</b> Moving and Grooving with Vernadette <b>11:00</b> The Daily Chronicle <b>1:00</b> Documentary <b>1:45</b> Arthritis Workout <b>2:00</b> Sing along <b>3:00</b> Guess What <b>3:30</b> Karaoke <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Chair Ball Workout <b>10:30</b> Sing along <b>11:00</b> The Daily Chronicle <b>11:30</b> Fun and Games-Cross Word <b>1:00</b> Short Stories <b>1:30</b> Fitness with ONR <b>2:00</b> Trivia Tuesday <b>3:00</b> Walking Club <b>4:00</b> Guess Who <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Chair Workout <b>10:30</b> Garden Growers <b>11:00</b> The Daily Chronicle <b>11:30</b> Fun and Games-Puzzle <b>1:15</b> Documentary <b>2:15</b> Balloon Volleyball <b>3:00</b> Library <b>4:00</b> I Remember that-Discussion <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Chair Ball Workout <b>10:30</b> Sing along <b>10:55</b> Catholic Communion <b>11:00</b> The Daily Chronicle <b>11:15</b> Bingo <b>1:00</b> Walking Club <b>2:15</b> Beachball Pass <b>3:00</b> <b>Happy Hour performance by Eddie</b> <b>4:15</b> Music History <b>6:00</b> Evening Showcase	<b>8:00</b> <b>Friday Morning Donuts</b> <b>9:45</b> The Good News <b>10:00</b> Morning Stretch <b>10:30</b> The Daily Chronicle <b>11:00</b> Crafty Corner <b>1:15</b> Charades <b>2:00</b> <b>Flower Arranging</b> <b>2:00</b> Ribbon Dance <b>3:15</b> Documentary <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Stroll <b>10:30</b> Sing along <b>11:00</b> The Daily Chronicle <b>11:30</b> Up for Grabs- Discussion <b>1:00</b> Afternoon Stretch <b>2:15</b> Garden Growers <b>3:00</b> Girl Talk <b>3:30</b> Board Games <b>6:00</b> Evening Showcase
<b>9:45</b> The Good News <b>10:00</b> Sing along <b>10:15</b> Brain Teasers <b>11:00</b> Arthritis Workout <b>11:30</b> The Daily Chronicle <b>1:15</b> Bingo <b>2:00</b> Picture This <b>3:00</b> Bean bag toss <b>4:00</b> Easy Listening Music <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Moving and Grooving with Vernadette <b>11:00</b> The Daily Chronicle <b>1:00</b> Documentary <b>1:45</b> Arthritis Workout <b>2:00</b> Sing along <b>3:00</b> Guess What <b>3:30</b> Karaoke <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Chair Ball Workout <b>10:30</b> Sing along <b>11:00</b> The Daily Chronicle <b>11:30</b> Fun and Games-Word Search <b>1:00</b> Short Stories <b>1:30</b> Fitness with ONR <b>2:00</b> Trivia Tuesday <b>3:00</b> Walking Club <b>4:00</b> Guess Who <b>4:30</b> Dining with Terrie (DR) <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Chair Workout <b>10:30</b> Garden Growers <b>11:00</b> The Daily Chronicle <b>11:30</b> Fun and Games-Puzzle <b>1:15</b> Documentary <b>3:00</b> <b>Scenic Drive to Livermore</b> <b>4:00</b> I Remember that-Discussion <b>4:30</b> Passover Seder <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Chair Ball Workout <b>10:30</b> Sing along <b>10:55</b> Catholic Communion <b>11:00</b> The Daily Chronicle <b>11:15</b> Bingo <b>1:00</b> Walking Club <b>2:15</b> Beachball Pass <b>3:30</b> <b>Happy Hour - Performance by Benjie</b> <b>4:15</b> Music History <b>6:00</b> Evening Showcase	<b>8:00</b> <b>Friday Morning Donuts</b> <b>9:45</b> The Good News <b>10:00</b> Morning Stretch <b>10:30</b> The Daily Chronicle <b>11:00</b> Crafty Corner <b>1:15</b> Charades <b>2:00</b> Ribbon Dance <b>3:15</b> Documentary <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Stroll <b>10:30</b> Sing along <b>11:00</b> The Daily Chronicle <b>11:30</b> Up for Grabs- Discussion <b>1:00</b> Afternoon Stretch <b>2:00</b> <b>Saturday Matinee</b> <b>2:15</b> Garden Growers <b>3:00</b> Girl Talk <b>3:30</b> Board Games <b>6:00</b> Evening Showcase
<b>9:45</b> The Good News <b>10:00</b> Sing along <b>11:00</b> Arthritis Workout <b>11:30</b> The Daily Chronicle <b>1:15</b> Bingo <b>2:00</b> Picture This <b>3:00</b> Bean bag toss <b>3:00</b> <b>Furry Friends Visit</b> <b>4:00</b> Easy Listening Music <b>6:00</b> Evening Showcase	<b>World Art Day</b> <b>9:45</b> The Good News <b>10:00</b> Moving and Grooving with Vernadette <b>11:00</b> The Daily Chronicle <b>1:00</b> Documentary <b>1:45</b> Arthritis Workout <b>2:00</b> Sing along <b>3:00</b> Guess What <b>3:30</b> Karaoke <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Chair Ball Workout <b>10:30</b> Sing along <b>11:00</b> The Daily Chronicle <b>11:30</b> Fun and Games-Cross Word <b>1:00</b> Short Stories <b>1:30</b> Fitness with ONR <b>2:00</b> Trivia Tuesday <b>3:00</b> Walking Club <b>4:00</b> Guess Who <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Chair Workout <b>10:30</b> Garden Growers <b>11:00</b> The Daily Chronicle <b>11:30</b> Fun and Games-Puzzle <b>1:15</b> Documentary <b>3:00</b> <b>Drum Circle</b> <b>4:00</b> I Remember that-Discussion <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Chair Ball Workout <b>10:30</b> Sing along <b>10:55</b> Catholic Communion <b>11:00</b> The Daily Chronicle <b>11:15</b> Bingo <b>1:00</b> Walking Club <b>2:15</b> Beachball Pass <b>3:00</b> Happy Hour <b>4:15</b> Music History <b>6:00</b> Evening Showcase	<b>8:00</b> <b>Friday Morning Donuts</b> <b>9:45</b> The Good News <b>10:00</b> Morning Stretch <b>10:30</b> The Daily Chronicle <b>11:00</b> Crafty Corner <b>1:15</b> Charades <b>2:00</b> Ribbon Dance <b>3:15</b> Documentary <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Stroll <b>10:15</b> <b>Ladies Tea</b> <b>11:30</b> Up for Grabs- Discussion <b>1:00</b> Afternoon Stretch <b>2:15</b> Garden Growers <b>3:00</b> Girl Talk <b>3:30</b> Board Games <b>6:00</b> Evening Showcase
<b>9:45</b> The Good News <b>10:00</b> Sing along <b>10:15</b> Brain Teasers <b>11:00</b> Arthritis Workout <b>11:30</b> The Daily Chronicle <b>1:15</b> Bingo <b>2:00</b> Picture This <b>3:00</b> Bean bag toss <b>4:00</b> Easy Listening Music <b>6:00</b> Evening Showcase	<b>Earth Day</b> <b>9:45</b> The Good News <b>10:00</b> Moving and Grooving with Vernadette <b>11:00</b> The Daily Chronicle <b>1:00</b> Documentary <b>1:45</b> Arthritis Workout <b>2:00</b> Sing along <b>3:00</b> Guess What <b>3:30</b> Karaoke <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Chair Ball Workout <b>10:30</b> Sing along <b>11:00</b> The Daily Chronicle <b>11:30</b> Fun and Games-Word Search <b>1:00</b> Short Stories <b>1:30</b> Fitness with ONR <b>2:00</b> <b>Garden Growers - Earth Day Project</b> <b>3:00</b> Trivia Tuesday <b>4:30</b> <b>Passover Seder</b> <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Chair Workout <b>10:30</b> Garden Growers <b>11:00</b> <b>Lunch Outing - Skipolini's Pizza</b> <b>11:15</b> The Daily Chronicle <b>11:30</b> Fun and Games-Puzzle <b>1:15</b> Documentary <b>3:00</b> Library <b>4:00</b> I Remember that-Discussion <b>6:00</b> Evening Showcase	<b>Dr. Baba #212</b> <b>9:45</b> The Good News <b>10:00</b> Morning Chair Ball Workout <b>10:30</b> Sing along <b>10:55</b> Catholic Communion <b>11:00</b> The Daily Chronicle <b>11:15</b> Bingo <b>1:00</b> Walking Club <b>2:15</b> Beachball Pass <b>3:00</b> <b>Happy Hour- Birthday Celebration</b> <b>4:15</b> Music History <b>6:00</b> Evening Showcase	<b>8:00</b> <b>Friday Morning Donuts</b> <b>9:45</b> The Good News <b>10:00</b> Morning Stretch <b>10:30</b> The Daily Chronicle <b>11:00</b> Crafty Corner <b>1:15</b> Charades <b>2:00</b> Ribbon Dance <b>3:15</b> Documentary <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Stroll <b>10:30</b> Sing along <b>11:00</b> The Daily Chronicle <b>11:30</b> Up for Grabs- Discussion <b>1:00</b> Afternoon Stretch <b>2:15</b> Garden Growers <b>3:00</b> Girl Talk <b>3:30</b> Board Games <b>4:30</b> <b>A TASTE OF ISRAEL</b> <b>6:00</b> Evening Showcase
<b>9:45</b> The Good News <b>10:00</b> Sing along <b>11:00</b> Arthritis Workout <b>11:30</b> The Daily Chronicle <b>1:15</b> Bingo <b>2:00</b> <b>Pet Hug Pack</b> <b>2:00</b> Picture This <b>3:00</b> Bean bag toss <b>4:00</b> Easy Listening Music <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Moving and Grooving with Vernadette <b>11:00</b> The Daily Chronicle <b>1:00</b> Documentary <b>1:45</b> Arthritis Workout <b>2:00</b> Sing along <b>3:00</b> Guess What <b>3:30</b> Karaoke <b>6:00</b> Evening Showcase	<b>9:45</b> The Good News <b>10:00</b> Morning Chair Ball Workout <b>10:30</b> Sing along <b>11:00</b> The Daily Chronicle <b>11:30</b> Fun and Games-Cross Word <b>1:00</b> Short Stories <b>1:30</b> Fitness with ONR <b>2:00</b> Trivia Tuesday <b>3:00</b> Walking Club <b>4:00</b> Guess Who <b>6:00</b> Evening Showcase				<p><b>We make every effort to ensure the accuracy of the information contained in this newsletter and adhere to the scheduling as outlined in the notices. Please see our weekly schedule for the most current updated list of activities.</b></p> <p><b>Thanks!</b></p>

## Upcoming Events and Announcements

Dear Family and Friends,  
I hope you all had a wonderful Easter. Our residents had a fantastic time with all of the events in March. The Easter Egg hunt was a great success! We have been working hard on getting our yard ready for the season. Our flowers have been planted and they are looking lovely. This month we are all excited to get our vegetables garden started. The scenic drive in April will be to the beautiful Livermore hills. We had Skipolini's pizza requested for our lunch trip this month. The residents thoroughly enjoyed this outing last time. So pizza it is!  
Saturday, the 13th at two o'clock will be our family

matinee. We will be showing Les Miserables. We have our ladies tea back on the calendar Saturday, the 20th at 10:30am but of course men are more than welcome to join as well.

I am looking forward to our drum circle, this new activity should be a blast. Hope to see you at some of our events this month!

Warmest Regards,

Terrie Valentine,  
Activity Assistant



**MAKING THE GARDEN BEAUTIFUL BY PLANTING OUR FLOWERS**



**GETTING READY FOR OUR EASTER EGG HUNT!**



**THE RESIDENTS REALLY ENJOYED THE IRISH DANCERS**



**HUCKELBERRY'S HERE WE COME!**



**MEREDITH AND PAUL BATTLE IT OUT IN BALLOON VOLLEY BALL**



**HAPPY HOUR, CEILO SINGS WITH ISABELLE**



**Residents had so much fun on our scenic drive to Crow Canyon**



*Recent Happenings at The Kensington!*