


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Ilima AT LEIHANO</p> <p>739 Leihano Street Kapolei, Hawaii 96707 808-674-8022</p> <p>THE ART OF LIVING WELLSM</p>			<p>Shopping and Errands Day (Foodland, Costco, & Target) 8:30 AM-12:30 PM 1</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🧘 Healthy Living: Monthly Medical Monitoring [HAR]</p> <p>9:00 🚶 Mobility Ball Exercise [HAR]</p> <p>10:00 🎲 Tumbling Tower (JENGA) with Friends [HAR]</p> <p>1:00 🎲 SHOUT BINGO! [HAR]</p> <p>2:00 🍷 Snacks & Hydration [HAR]</p> <p>3:00 🎵 Listen to 60's, 70's and 80's Music Hits [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (8AM-4PM) 2</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚶 Morning Fuzion and Fitness Chair Exercise [HAR]</p> <p>10:00 🎵 Sing Along [HAR]</p> <p>1:00 🦋 Seashell Napkin Decoupage [HAR]</p> <p>2:00 🍷 Thirsty Thursday: Watermelon Juice [HAR]</p> <p>3:00 🏐 Balloon Volleyball [HAR]</p> <p>6:00 📺 Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 3</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚶 Walking with the Blue Zones Walking Moai [CG]</p> <p>10:00 🎵 Outdoor Sing Along with Friends [CG]</p> <p>1:00 🎲 Cinco De Mayo Social [HKL-Activity Room]</p> <p>1:00 🚗 Road Trip to Kaneohe [HAR]</p> <p>2:00 🎲 Cinco De Mayo Social [HKL-Activity Room]</p> <p>2:00 🍷 Snacks & Hydration [HAR]</p> <p>3:00 🎲 Cinco De Mayo Social [HKL-Activity Room]</p> <p>3:00 🎲 Shout BINGO! [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 4</p> <p>9:00 🚶 Seated Tai Chi [HAR]</p> <p>10:00 🎵 Music Therapy: Karaoke with friends [HAR]</p> <p>1:00 🎲 BINGO TOURNAMENT [HAR]</p> <p>2:00 🍷 Snacks & Hydration [HAR]</p> <p>3:00 📖 Read and Share Your Favorite Book: Memory Care Book Club [HAR]</p> <p>6:00 ⭐ Watch Wheel of Fortune [HAR]</p>
<p>Happy Cinco De Mayo and Boys Day! 5</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 ✝️ Sunday Hymns and Spiritual Songs [HAR]</p> <p>10:00 🚶 Sit and Be Fit Exercise [HAR]</p> <p>1:00 🎬 Movie and Popcorn: COCO (DISNEY+) [HAR]</p> <p>2:00 🍷 Chips and Salsa [HAR]</p> <p>3:00 🦋 Coloring and Puzzle With Friends [HAR]</p> <p>6:00 ⭐ Watch America's Got Talent [HAR]</p>	<p>Medical Appointments (8AM-4PM) 6</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚗 Scenic Drive to Waikiki [HAR]</p> <p>10:00 💡 Name the Islands of Hawai'i [HAR]</p> <p>1:00 📺 Documentary: The Life of An African Wild Dog (YOUTUBE) [HAR]</p> <p>2:00 🍷 Snacks & Hydration [HAR]</p> <p>3:00 🚶 Afternoon Exercise: Fit and Fun [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (8AM-4PM) 7</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🐾 Pet Therapy With Elsa [HAR]</p> <p>10:00 🎵 Listen to Elvies Presly Hits! [HAR]</p> <p>1:00 🏐 Basketball Pong Game [HAR]</p> <p>2:00 🍷 Tuesday Treats: Oreo Taste Testing [HAR]</p> <p>3:00 🚶 Afternoon Exercise: Stretching and Relaxation [HAR]</p> <p>6:00 ⭐ Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Foodland, Costco, & Target) 8:30 AM-12:30 PM) 8</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚶 Mobility Ball Exercise [HAR]</p> <p>10:00 💡 Give me Five (5) [HAR]</p> <p>1:00 🎲 SHOUT BINGO! [HAR]</p> <p>2:00 🍷 Snacks & Hydration [HAR]</p> <p>3:00 🎲 Match Up! [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (8AM-4PM) 9</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚶 Morning Fuzion and Fitness Chair Exercise [HAR]</p> <p>10:00 🎵 Sing Along [HAR]</p> <p>1:00 🏐 The Envelope Game [HAR]</p> <p>2:00 🚶 Thirsty Thursday: Plantation Iced Tea [HAR]</p> <p>3:00 💡 Name the Body Parts [HAR]</p> <p>6:00 📺 Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 10</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚶 Walking with the Blue Zones Walking Moai [CG]</p> <p>10:00 🎵 Outdoor Sing Along with Friends [CG]</p> <p>1:00 🎲 Mother's Day Tear Party [HKL-Activity Room]</p> <p>1:00 🚗 Road Trip to Sand Island [HAR]</p> <p>2:00 🎲 Mother's Day Tea Party [HKL-Activity Room]</p> <p>2:00 🍷 Snacks & Hydration [HAR]</p> <p>3:00 🎲 Mother's Day Tea Party [HKL-Activity Room]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 11</p> <p>9:00 🚶 Seated Tai Chi [HAR]</p> <p>10:00 🏠 Gardening- Outdoor Pastime [CG]</p> <p>1:00 🏐 What's in the Bag [HAR]</p> <p>2:00 🍷 Snacks & Hydration [HAR]</p> <p>3:00 🎵 Music Therapy: Karaoke with friends [HAR]</p> <p>6:00 ⭐ Watch Wheel of Fortune [HAR]</p>
<p>Mother's Day! 12</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 ✝️ Sunday Hymns and Spiritual Songs [HAR]</p> <p>10:00 🚶 Sit and Be Fit Exercise [HAR]</p> <p>1:00 🎲 Shout BINGO! [HAR]</p> <p>2:00 🍷 Snacks and Hydration [HAR]</p> <p>3:00 🍷 Sunday Sundae [HAR]</p> <p>6:00 ⭐ Watch America's Got Talent [HAR]</p>	<p>Medical Appointments (8AM-4PM) 13</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚗 Scenic Drive to Lanai/ Blowhole [HAR]</p> <p>10:00 💡 Name the Countries [HAR]</p> <p>1:00 🎬 Movie Monday: Haichi (NETFLIX) [HAR]</p> <p>2:00 🍷 Snacks & Hydration [HAR]</p> <p>3:00 🚶 Afternoon Exercise: Fit and Fun [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (8AM-4PM) 14</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🐾 Pet Therapy With Elsa [HAR]</p> <p>10:00 ⭐ Roy and Ron Morning Performance [HOC-Lobby Cafe]</p> <p>10:00 🚶 Stretching and Relaxation Exercise [HAR]</p> <p>1:00 🎨 Kindness Rock Painting [HAR]</p> <p>2:00 🍷 Tuesday Treats: Buttermilk Biscuit [HAR]</p> <p>3:00 🏐 Balloon Volleyball [HAR]</p> <p>6:00 ⭐ Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Foodland, Costco, & Target) 8:30 AM-12:30 PM) 15</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚶 Mobility Ball Exercise [HAR]</p> <p>10:00 🎵 Listen to 60's, 70's and 80's Music Hits [HAR]</p> <p>1:00 🎲 SHOUT BINGO! [HAR]</p> <p>2:00 🍷 Snacks & Hydration [HAR]</p> <p>3:00 🗣️ Hot Chair Conversation [HAR]</p> <p>6:00 🎲 808 Casino Night Party [HOC-Lobby Cafe]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (8AM-4PM) 16</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚶 Morning Fuzion and Fitness Chair Exercise [HAR]</p> <p>10:00 🎵 Sing Along [HAR]</p> <p>1:00 🦋 Foot Prints in the Sand Canvas (1) [HAR]</p> <p>2:00 🍷 Thirsty Thursday: Pineapple Juice [HAR]</p> <p>3:00 🦋 Foot Prints in the Sand Canvas (2) [HAR]</p> <p>6:00 📺 Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 17</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚶 Walking with the Blue Zones Walking Moai [CG]</p> <p>10:00 🎵 Outdoor Sing Along with Friends [CG]</p> <p>1:00 🚗 Road Trip to Haleiwa [HAR]</p> <p>2:00 🍷 Snacks & Hydration [HAR]</p> <p>3:00 🏐 Balloon Volleyball with Friends [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 18</p> <p>9:00 🚶 Seated Tai Chi [HAR]</p> <p>10:00 🎵 Music Therapy: Karaoke with friends [HAR]</p> <p>1:00 🚶 Armchair Travel to Alaska [HAR]</p> <p>2:00 🍷 Snacks & Hydration [HAR]</p> <p>3:00 💡 Crossword Puzzle (ALASKA EDITION) [HAR]</p> <p>6:00 ⭐ Watch Wheel of Fortune [HAR]</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 19</p> <p>9:00 ✝️ Sunday Hymns and Spiritual Songs [HAR]</p> <p>10:00 ↔️ Sit and Be Fit Exercise [HAR]</p> <p>1:00 🗣️ Shout BINGO! [HAR]</p> <p>2:00 🥗 Snacks and Hydration [HAR]</p> <p>3:00 🗣️ Color and Shape Matching Game [HAR]</p> <p>6:00 ★ Watch America's Got Talent [HAR]</p>	<p>Medical Appointments (8AM-4PM) 20</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚗 Scenic Drive to Diamond Head [HAR]</p> <p>10:00 🔦 Name the Animal [HAR]</p> <p>1:00 📺 Documentary: MH370 The Plane That Disappeared [HAR]</p> <p>2:00 🥗 Snacks & Hydration [HAR]</p> <p>3:00 ↔️ Afternoon Exercise: Fit and Fun [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (8AM-4PM) 21</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🐾 Pet Therapy With Elsa [HAR]</p> <p>10:00 ↔️ Morning Stroll and Relaxation [CG]</p> <p>1:00 🔦 Guess the Flavor: JUICE EDITION [HAR]</p> <p>2:00 🍷 Tuesday Treats: Vanilla Ice Cream Sundae with Blueberry-Peach Saue with Almonds [HAR]</p> <p>3:00 🏐 Balloon Volleyball with Friends! [HAR]</p> <p>6:00 ★ Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 22</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 ↔️ Mobility Ball Exercise [HAR]</p> <p>10:00 🎵 Music in Motion: Listen to Classic tunes and Pattern Boards [HAR]</p> <p>1:00 🗣️ Shout BINGO! [HAR]</p> <p>2:00 🥗 Snacks & Hydration [HAR]</p> <p>3:00 🦋 Beaded Jewelry with Friends! [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (8AM-4PM) 23</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 ↔️ Morning Fuzion and Fitness Chair Exercise [HAR]</p> <p>10:00 🎵 Sing Along [HAR]</p> <p>1:00 🦋 Yarn Wrapped Cardboard Letters [HAR]</p> <p>2:00 🏐 Pass the Ball, Stop the Music [HAR]</p> <p>3:00 🔦 Where in the World [HAR]</p> <p>6:00 📺 Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 24</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 ↔️ Walking with the Blue Zones Walking Moai [CG]</p> <p>10:00 🎵 Outdoor Sing Along with Friends [CG]</p> <p>1:00 🚗 Road Trip to Maili [HAR]</p> <p>2:00 🥗 Snacks & Hydration [HAR]</p> <p>3:00 🏐 Balloon Volleyball [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 25</p> <p>9:00 ↔️ Seated Tai Chi [HAR]</p> <p>10:00 🏠 Gardening- Outdoor Pastime [CG]</p> <p>1:00 🦋 Let's Make a Garden Hat (1) [HAR]</p> <p>2:00 🥗 Snacks & Hydration [HAR]</p> <p>3:00 🦋 Let's Make a Garden Hat (2) [HAR]</p> <p>6:00 ★ Watch Wheel of Fortune [HAR]</p>
<p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG] 26</p> <p>9:00 ✝️ Sunday Hymns and Spiritual Songs [HAR]</p> <p>10:00 🗣️ Jigsaw Puzzle [HAR]</p> <p>1:00 🗣️ Shout BINGO! [HAR]</p> <p>2:00 🥗 Snacks and Hydration [HAR]</p> <p>3:00 ↔️ Afternoon Exercise: Sit and Be Fit Exercise [HAR]</p> <p>6:00 ★ Watch America's Got Talent [HAR]</p>	<p>Medical Appointments (8AM-4PM) 27</p> <p>Memorial Day</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🚗 Scenic Drive to Sandy Beach [HAR]</p> <p>10:00 🗣️ Jenga With Friends [HAR]</p> <p>1:00 🎬 Movie Monday: The Sound of Music (NETFLIX) [HAR]</p> <p>2:00 🥗 Snacks & Hydration [HAR]</p> <p>3:00 ↔️ Afternoon Exercise: Fit and Fun [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (8AM-4PM) 28</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 🐾 Pet Therapy With Elsa [HAR]</p> <p>10:00 🏠 Morning Stroll and Relaxation [CG]</p> <p>1:00 📺 Learn A Language: Hawaiian Words [HAR]</p> <p>2:00 🍷 Tuesday Treats: Fruits Kabobs [HAR]</p> <p>3:00 🌿 Afternoon Gardening [HAR]</p> <p>6:00 ★ Watch America's Got Talent [HAR]</p>	<p>Happy National Senior Health and Fitness Day 29</p> <p>Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM)</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 ↔️ Mobility Ball Exercise [HAR]</p> <p>10:00 🔦 Name A-Z Places [HAR]</p> <p>1:00 🏠 Outdoor Happy Hour [CG]</p> <p>2:00 🥗 Snacks & Hydration [HAR]</p> <p>3:00 🎵 Outdoor Sing Along with Friends [CG]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (8AM-4PM) 30</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 ↔️ Morning Fuzion and Fitness Chair Exercise [HAR]</p> <p>10:00 🎵 Sing Along [HAR]</p> <p>1:00 🎨 Sip and Paint [HAR]</p> <p>2:00 ↔️ Thirsty Thursday: Strawberry Lemonade [HAR]</p> <p>3:00 🎵 Music in Motion: Listen to Classic tunes and Pattern Boards [HAR]</p> <p>6:00 📺 Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 31</p> <p>8:30 🏠 You've Got Mail: Morning Mail Delivery [CG]</p> <p>9:00 ↔️ Walking with the Blue Zones Walking Moai [CG]</p> <p>10:00 🎵 Outdoor Sing Along with Friends [CG]</p> <p>1:00 🚗 Road Trip to Royal Kunia [HAR]</p> <p>2:00 🥗 Snacks & Hydration [HAR]</p> <p>3:00 🏐 Bean Bag Toss [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>"In all the world, there is no heart for me like yours. In all the world, there is no love for you like mine." – Maya Angelou</p>

