

February 2025 'Ilima at Leihano Memory Care Activities Calendar



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



739 Leihano Street
Kapolei, Hawaii 96707
808-674-8022

THE ART OF LIVING WELLSM

- ☰ After Dinner Program
- ♠ Board, Card Games, and Table Games
- 🧠 Brain Games/Sensory Games
- 🎨 Creativity Corner
- 📖 Educational
- 🌟 Entertainment
- 🏃 Fitness
- 🍴 Food Demo
- 🎮 Indoor Games
- 💬 Interactive Chats

- 🏥 Medical Related
- ❤️ Meditation
- 🎬 Movie
- 🎵 Music
- 🇺🇸 National Day
- 🚶 Outings
- 🎨 Painting/Coloring
- 🐾 Pet Therapy
- 👥 Social Events
- 🙏 Spiritual Wellness

<p>8:00 🟡 Daily Orientation Board [HAR] 1</p> <p>8:10 🏃 Seated Ball Exercises [HAR]</p> <p>9:00 🌟 Chinese Lion Dance (\$) [HKL-Activity Room]</p> <p>10:00 🟡 National Avocado & Banana Day, Taste The Different Fruits [HAR]</p> <p>1:00 🍷 Let's Make A Avocado Craft [HAR]</p> <p>2:00 ♠ Snacks & Hydration, Flash Card Games [HAR]</p> <p>3:00 ❤️ Hand Meditation [HAR]</p> <p>6:00 🌟 Watch Wheel of Fortune [HAR]</p>	<p>8:00 🟡 Daily Orientation Board [HAR] 2</p> <p>8:10 🏃 Ball Seated Exercises [HAR]</p> <p>9:00 🙏 Sunday Hymns and Spiritual Songs [HAR]</p> <p>10:00 🧠 Feel Different Fabrics [HAR]</p> <p>1:00 🏐 Balloon Volleyball With Pool Noodles [HAR]</p> <p>2:00 🍷 Afternoon Snacks and Board Games [HAR]</p> <p>3:00 🎮 Shout & Score Bingo</p> <p>6:00 🌟 Watch America's Got Talent [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 3</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Seated Exercises (You Tube)</p> <p>9:00 🚗 Scenic Drive to Makaha Tower [HAR]</p> <p>10:00 🧠 Snacks & Hydration, Flash Card Games [HAR]</p> <p>1:00 🇺🇸 History of the National Carrot Day, Make A Carrot Craft [HAR]</p> <p>2:00 🏥 Afternoon Snacks and Dice Game [HAR]</p> <p>3:00 🏃 Afternoon Exercise: Fit and Fun [HAR]</p> <p>6:00 📖 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 4</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Seated Ball Exercises (You Tube) [CG]</p> <p>9:00 🎮 Strike Bowling [HAR]</p> <p>10:00 🎨 Velveteen Coloring With Markers</p> <p>1:00 ♠ Flash Cards, Table Games</p> <p>2:00 🍷 Design Your Own Frog Crafts [HAR]</p> <p>3:00 ❤️ Hand Massage Meditation</p> <p>6:00 🌟 Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 5</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Mobility Ball Exercise [HAR]</p> <p>9:00 🇺🇸 World Nutella Day, Taste The Flavor Of Nutella [HAR]</p> <p>10:00 🎮 Bean Bag Toss</p> <p>1:00 🎨 Coloring & Word Search</p> <p>2:00 🍷 Snacks & Hydration, Coloring</p> <p>2:30 🎮 Shout & Score In Bingo!</p> <p>3:00 ❤️ Hand Massage Meditation [HAR]</p> <p>6:00 📖 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 6</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Morning Fuzion and Fitness Chair Exercise [HAR]</p> <p>9:00 🎨 Velveteen Coloring [HAR]</p> <p>10:00 🍷 Make Your Own Butterfly Craft</p> <p>1:00 🎮 Bucket Ball Throw</p> <p>2:00 🏥 Treats, Treat and Card Games [HAR]</p> <p>3:00 ♠ Shout and Score in Bingo! [HAR]</p> <p>6:00 📖 Watch America's Got Talent [HAR]</p>	<p>Embrace the Red: A Day of Heart Health Awareness on National Wear Red Day! 7</p> <p>Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM)</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Ball Morning Exercises</p> <p>9:00 🇺🇸 Read About National Bubble Gum Day, Let's Create A Paper Plate Bubble Gum Machine</p> <p>10:00 ♠ Counting & Puzzles Table Games</p> <p>1:00 🚗 Road Trip to Ewa Beach [HAR]</p> <p>2:00 🏥 Snacks, Sips and Left/Right Game [HAR]</p> <p>2:30 ❤️ Hand Massage Meditation</p> <p>3:00 🎮 Shout & Score Bingo</p> <p>6:00 📖 Evening News and Current Affairs [HAR]</p>
<p>8:00 🟡 Daily Orientation Board [HAR] 2</p> <p>8:10 🏃 Ball Seated Exercises [HAR]</p> <p>9:00 🙏 Sunday Hymns and Spiritual Songs [HAR]</p> <p>10:00 🧠 Feel Different Fabrics [HAR]</p> <p>1:00 🏐 Balloon Volleyball With Pool Noodles [HAR]</p> <p>2:00 🍷 Afternoon Snacks and Board Games [HAR]</p> <p>3:00 🎮 Shout & Score Bingo</p> <p>6:00 🌟 Watch America's Got Talent [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 3</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Seated Exercises (You Tube)</p> <p>9:00 🚗 Scenic Drive to Makaha Tower [HAR]</p> <p>10:00 🧠 Snacks & Hydration, Flash Card Games [HAR]</p> <p>1:00 🇺🇸 History of the National Carrot Day, Make A Carrot Craft [HAR]</p> <p>2:00 🏥 Afternoon Snacks and Dice Game [HAR]</p> <p>3:00 🏃 Afternoon Exercise: Fit and Fun [HAR]</p> <p>6:00 📖 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 4</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Seated Ball Exercises (You Tube) [CG]</p> <p>9:00 🎮 Strike Bowling [HAR]</p> <p>10:00 🎨 Velveteen Coloring With Markers</p> <p>1:00 ♠ Flash Cards, Table Games</p> <p>2:00 🍷 Design Your Own Frog Crafts [HAR]</p> <p>3:00 ❤️ Hand Massage Meditation</p> <p>6:00 🌟 Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 5</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Mobility Ball Exercise [HAR]</p> <p>9:00 🇺🇸 World Nutella Day, Taste The Flavor Of Nutella [HAR]</p> <p>10:00 🎮 Bean Bag Toss</p> <p>1:00 🎨 Coloring & Word Search</p> <p>2:00 🍷 Snacks & Hydration, Coloring</p> <p>2:30 🎮 Shout & Score In Bingo!</p> <p>3:00 ❤️ Hand Massage Meditation [HAR]</p> <p>6:00 📖 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 6</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Morning Fuzion and Fitness Chair Exercise [HAR]</p> <p>9:00 🎨 Velveteen Coloring [HAR]</p> <p>10:00 🍷 Make Your Own Butterfly Craft</p> <p>1:00 🎮 Bucket Ball Throw</p> <p>2:00 🏥 Treats, Treat and Card Games [HAR]</p> <p>3:00 ♠ Shout and Score in Bingo! [HAR]</p> <p>6:00 📖 Watch America's Got Talent [HAR]</p>	<p>Embrace the Red: A Day of Heart Health Awareness on National Wear Red Day! 7</p> <p>Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM)</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Ball Morning Exercises</p> <p>9:00 🇺🇸 Read About National Bubble Gum Day, Let's Create A Paper Plate Bubble Gum Machine</p> <p>10:00 ♠ Counting & Puzzles Table Games</p> <p>1:00 🚗 Road Trip to Ewa Beach [HAR]</p> <p>2:00 🏥 Snacks, Sips and Left/Right Game [HAR]</p> <p>2:30 ❤️ Hand Massage Meditation</p> <p>3:00 🎮 Shout & Score Bingo</p> <p>6:00 📖 Evening News and Current Affairs [HAR]</p>	<p>8:00 🟡 Daily Orientation Board [HAR] 8</p> <p>8:10 🏃 Seated Ball Exercises [HAR]</p> <p>9:00 🐾 Pet Therapy</p> <p>10:00 🍷 Cut & Paste, Make A Duckling Craft [HAR]</p> <p>1:00 🎮 Bucket Ball Toss</p> <p>2:00 🎨 Snacks & Hydration, Velveteen Coloring with Markers [HAR]</p> <p>2:00 🎨 Velveteen Coloring With Markers</p> <p>3:00 ♠ Shout and Score in Bingo! [HAR]</p> <p>6:00 🌟 Watch Wheel of Fortune [HAR]</p>
<p>8:00 🟡 Daily Orientation Board [HAR] 9</p> <p>8:10 🏃 Seated Ball Exercises [HAR]</p> <p>9:00 🙏 Sunday Hymns and Spiritual Songs [HAR]</p> <p>10:00 🎮 Bean Bag Toss [HAR]</p> <p>1:30 🎮 Super Bowl LIX Sunday</p> <p>2:00 🍷 Afternoon Snacks and Board Games [HAR]</p> <p>3:00 🎮 Shout & Score Bingo</p> <p>6:00 🌟 Watch America's Got Talent [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 10</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Seated Ball Exercises [CG]</p> <p>9:00 🚗 Scenic Drive to Haleiwa [HAR]</p> <p>1:00 🟡 National Umbrella Day Read Aloud & Crafting [HAR]</p> <p>2:00 🏥 Afternoon Snacks and Dice Game [HAR]</p> <p>3:00 🎮 Shout & Score Bingo</p> <p>6:00 📖 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 11</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Seated Exercises (You Tube) [CG]</p> <p>9:00 🇺🇸 National Guitar Day & Crafting [HAR]</p> <p>10:00 🌟 Roy and Ron Morning Performance [HOC-Lobby Cafe]</p> <p>1:00 🧠 Word Search & Puzzles</p> <p>2:00 🍷 Snacks & Hydration [HAR]</p> <p>2:30 ❤️ Hand Massage Meditation [HAR]</p> <p>3:00 🎮 Bucket Ball Toss</p> <p>6:00 🌟 Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 12</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Mobility Ball Exercise [HAR]</p> <p>9:00 🏐 Balloon Volleyball With Pool Noodles</p> <p>10:00 🍷 Koala Bear Crafts With Janiece</p> <p>1:00 🎨 Color The Animals Of Australia</p> <p>1:00 🍷 Valentines Day Social (Please sign-up in the activity room) [HKL-Activity Room]</p> <p>2:00 🏥 Refresh, Recharge and Drawing [HAR]</p> <p>2:00 🍷 Valentines Day Social (Please sign-up in the activity room) [HKL-Activity Room]</p> <p>3:00 🧠 Flash Card Games [HAR]</p> <p>3:00 🍷 Valentines Day Social (Please sign-up in the activity room) [HKL-Activity Room]</p> <p>6:00 📖 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 13</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Morning Fuzion and Fitness Chair Exercise [HAR]</p> <p>9:00 🎮 Bowling [HAR]</p> <p>10:00 🎨 Icecream Popsicle Craft</p> <p>1:00 🍷 Create & Make Your Own Bracelet With Beads</p> <p>2:00 🏥 Treats, Treat and Card Games [HAR]</p> <p>2:30 🧠 Feel Different Fabrics</p> <p>3:00 ♠ Shout and Score in Bingo! [HAR]</p> <p>6:00 📖 Watch America's Got Talent [HAR]</p>	<p>HAPPY VALENTINE'S DAY - Wear Red, Pink, Or Hearts! 14</p> <p>Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM)</p> <p>8:00 🟡 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Ball Seated Exercises [CG]</p> <p>9:00 🎨 Valentines Day Teddy Bear Painting</p> <p>10:00 🍷 Decorate Valentine Cookies [CG]</p> <p>1:00 🚗 Road Trip to Pearl City [HAR]</p> <p>2:00 🏥 Snacks, Sips and Left/Right Game [HAR]</p> <p>3:00 🎨 Color/Paint The Honey Bee</p> <p>3:00 🌟 Valentines Day Performance Divine Power and Truth Ministries [HOC-Lobby Cafe]</p> <p>6:00 📖 Evening News and Current Affairs [HAR]</p>	<p>8:00 🟡 Daily Orientation Board [HAR] 15</p> <p>8:10 🏃 Ball Seated Exercises [HAR]</p> <p>9:00 🐾 Pet Therapy</p> <p>10:00 🍷 Let's Make A Owl Craft</p> <p>1:00 🟡 Legends of the Sea: Historical and Fictional Sailors</p> <p>2:00 ♠ Snacks & Hydration, Flash Card Games [HAR]</p> <p>3:00 ❤️ Hand Meditation [HAR]</p> <p>6:00 🌟 Watch Wheel of Fortune [HAR]</p>

February 2025 'Ilima at Leihano Memory Care Activities Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:00 📍 Daily Orientation Board [HAR] 16</p> <p>8:10 🏃 Sit and Be Fit Exercise [HAR]</p> <p>9:00 ✝️ Sunday Hymns and Spiritual Songs [HAR]</p> <p>10:00 🇺🇸 National Whale Day (Read Aloud) & Crafts</p> <p>1:00 🎬 Sunday Movie: Jaws [HAR]</p> <p>2:00 🍷 Afternoon Snacks and Board Games [HAR]</p> <p>3:00 🎯 Shout & Score Bingo</p> <p>6:00 ⭐ Watch America's Got Talent [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 17</p> <p>President's Day - Wear Red, White & Blue</p> <p>8:00 📍 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Seated Ball Exercises</p> <p>9:00 🚗 Scenic Drive to Kaneohe [HAR]</p> <p>1:00 🏆 Champion Crab Races Day & Art [HAR]</p> <p>2:00 🎲 Afternoon Snacks and Dice Game [HAR]</p> <p>3:00 🧘 Sensory Stress Ball Meditation</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 18</p> <p>8:00 📍 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Seated Ball Exercises (You Tube) [CG]</p> <p>9:00 🎯 Bowling [HAR]</p> <p>10:00 🎨 Velveteen Coloring</p> <p>1:00 🎯 Balloon Volleyball With Pool Noodles</p> <p>3:00 ❤️ Hand Massage Meditation [HAR]</p> <p>6:00 ⭐ Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 19</p> <p>8:00 📍 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Mobility Ball Exercise [HAR]</p> <p>9:00 🇺🇸 History of National Arabian Horse Day (Read Aloud) Design/Cut & Paste A Horse Craft [HAR]</p> <p>10:00 🧠 Word Search Puzzles</p> <p>1:00 🎯 Bean Bag Toss</p> <p>2:00 🧠 Flash Card Learning</p> <p>3:00 🎯 Shout & Score Bingo [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 20</p> <p>8:00 📍 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Morning Fuzion and Fitness Chair Exercise [HAR]</p> <p>9:00 🇺🇸 National Muffin Day, Let's Eat & Taste A Muffin [HAR]</p> <p>10:00 🧠 Connect The Dots Worksheets</p> <p>1:00 🦋 Color The Image By Number</p> <p>2:00 🎲 Treats, Treat and Card Games [HAR]</p> <p>3:00 🧱 Building With Blocks [HAR]</p> <p>6:00 📺 Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 21</p> <p>8:00 📍 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Seated Ball Exercises [CG]</p> <p>9:00 🇺🇸 National Card Reading Day & Create/Design Your Own Card [CG]</p> <p>10:00 🧱 Wooden Blocks Building</p> <p>1:00 🚗 Road Trip to Waipio Soccer Complex [HAR]</p> <p>2:00 🎲 Snacks, Sips and Left/Right Game [HAR]</p> <p>3:00 🏃 Afternoon Exercises</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>8:00 📍 Daily Orientation Board [HAR] 22</p> <p>8:10 🏃 Seated Tai Chi [HAR]</p> <p>9:00 🐾 Pet Therapy [HAR]</p> <p>10:00 🎨 Wood Painting</p> <p>1:00 🎯 Bucket Ball Toss</p> <p>2:00 🎨 Snacks & Hydration, Velveteen Coloring with Markers [HAR]</p> <p>3:00 ❤️ Hand Meditation [HAR]</p> <p>6:00 ⭐ Watch Wheel of Fortune [HAR]</p>
<p>8:00 📍 Daily Orientation Board [HAR] 23</p> <p>8:10 🏃 Seated Ball Exercise</p> <p>9:00 ✝️ Sunday Hymns and Spiritual Songs [HAR]</p> <p>10:00 ✝️ Living Waters Music Performance [HOC-Lobby Cafe]</p> <p>10:00 🇺🇸 National Pinocchio Day Read Aloud & Coloring [HAR]</p> <p>1:00 🎬 Sunday Movie: Jaws [HAR]</p> <p>2:00 🍷 Afternoon Snacks and Board Games [HAR]</p> <p>3:00 🎯 Bucket Ball Toss</p> <p>6:00 ⭐ Watch America's Got Talent [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 24</p> <p>8:00 📍 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Seated Ball Exercises</p> <p>9:00 🚗 Scenic Drive to Sand Island [HAR]</p> <p>10:30 🍷 Snacks & Hydration</p> <p>1:00 🏃 Afternoon Exercise: Fit and Fun [HAR]</p> <p>2:00 🎲 Afternoon Snacks and Dice Game [HAR]</p> <p>2:30 🎯 Balloon Volley Ball With Pool Noodles</p> <p>3:00 📍 Flash Cards & Learning</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 25</p> <p>8:00 📍 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Seated Exercises (You Tube) [CG]</p> <p>9:00 🎨 Fun Coloring By Numbers & Puzzles [HAR]</p> <p>10:00 🏃 It's Bowling Time [HAR]</p> <p>1:00 📍 Flash Cards & Learning</p> <p>2:00 🍷 Snacks & Hydration</p> <p>2:30 🧠 House Building With Blocks</p> <p>3:00 🧠 Zoom In Guessing Games</p> <p>6:00 ⭐ Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 26</p> <p>8:00 📍 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Mobility Ball Exercise [HAR]</p> <p>9:00 🦋 Ice Cream Craft</p> <p>10:00 🎯 Inter-Active Chat: Wedding Reminiscing [HAR]</p> <p>1:00 🧠 Draw & Connect The Dots</p> <p>2:00 🎨 Refresh, Recharge and Drawing [HAR]</p> <p>3:00 ❤️ Hand Massage Meditation [HAR]</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p>Medical Appointments (9:00 AM - 4:00 PM) 27</p> <p>8:00 📍 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Morning Fuzion and Fitness Chair Exercise [HAR]</p> <p>9:00 🎯 Balloon Volley Ball</p> <p>10:00 ⭐ Dance Performance with the Steptacular [HKL-Activity Room]</p> <p>10:00 🎨 Velveteen Coloring With Markers [HAR]</p> <p>1:00 🧠 Word Rhyme Game</p> <p>2:00 🎲 Treats, Treat and Card Games [HAR]</p> <p>2:30 🎯 Shout & Score Bingo</p> <p>3:00 🧠 Feel Different Fabrics</p> <p>6:00 📺 Watch America's Got Talent [HAR]</p>	<p>Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 28</p> <p>8:00 📍 Daily Orientation Board [HAR]</p> <p>8:10 🏃 Seated Ball Exercises [CG]</p> <p>9:00 🎨 Wood Painting [CG]</p> <p>10:00 🧠 Words That Sound The Same</p> <p>1:00 🚗 Road Trip to Ko'Olina [HAR]</p> <p>2:00 🎲 Snacks, Sips and Left/Right Game [HAR]</p> <p>2:30 ❤️ Hand Massage Meditation</p> <p>3:00 🧠 Put The Puzzle Pieces Together</p> <p>6:00 📺 Evening News and Current Affairs [HAR]</p>	<p style="text-align: center;">"When it rains, look for rainbows. When it's dark, look for stars." — Unknown</p>

