

# The Kensington at Walnut Creek



A KISCO COMMUNITY

## MEMORY CARE NEWSLETTER



**APRIL 2025**

1580 GEARY RD, WALNUT CREEK, CA 94597 | 925-943-1121 | [KISCOSENIORLIVING.COM](https://www.kiscoseniorliving.com)



APRIL 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<div>9:45 The Good News</div> <div>10:00 Morning Movement</div> <div>10:45 Daily Chronicle</div> <div>11:00 Fun and Games - Cross Word</div> <div>1:15 Short Stories</div> <div>1:30 Walking Club</div> <div>2:00 Tuesday Trivia</div> <div>3:00 Snack and chat</div> <div>3:30 Ring Toss</div> <div>4:00 Guess Who</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:15 Balloon Volley Ball</div> <div>10:45 Daily Chronicle</div> <div>11:00 Sensory Sensations</div> <div>1:15 Meditation and Stretch</div> <div>2:30 Painting project</div> <div>3:00 Snack and chat</div> <div>3:30 Bean Bag Toss</div> <div>4:00 I Remember that-Discussion</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:15 Beach Ball Pass</div> <div>10:45 Daily Chronicle</div> <div>11:00 Arts and Crafts</div> <div>1:00 Chair Yoga</div> <div>2:00 Garden Club</div> <div>3:00 Snack and chat</div> <div>3:30 Word Search</div> <div>4:00 Funny Animals</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:15 Ribbon Dancing</div> <div>10:45 Daily Chronicle</div> <div>11:00 Bingo and Fresh Pop Corn</div> <div>1:15 Meditation</div> <div>1:45 Afternoon Stretch</div> <div>2:30 Sports</div> <div>3:00 <b>Happy Hour - Special performance by Cielo</b></div> <div>4:00 Wheel of Fortune</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:00 Singfit Prime</div> <div>10:45 Daily Chronicle</div> <div>11:00 Reminiscing</div> <div>1:15 Afternoon Stretch</div> <div>1:30 <b>Scenic Drive - Piedmont</b></div> <div>3:00 Snack</div> <div>3:30 Fun and Games</div> <div>4:00 Americas Got Talent</div> <div>6:00 Evening Showcase</div>
<div>9:45 Sing along</div> <div>10:00 Beach Ball</div> <div>10:30 Arthritis Class</div> <div>11:00 Snack</div> <div>11:30 Sunday Stroll</div> <div>1:15 Bingo</div> <div>2:00 UNO Card Game</div> <div>2:30 Men's Club</div> <div>3:00 Snack</div> <div>3:30 Daily Chronicle</div> <div>4:00 Easy Listening Music</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:00 <b>Moving and Grooving with Vernadette</b></div> <div>10:30 Daily Chronicle</div> <div>1:00 Documentary</div> <div>1:45 Arthritis Class</div> <div>2:30 Sing along</div> <div>3:00 Snack</div> <div>3:30 Bean Bag Toss</div> <div>4:00 Dancing with the Stars</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:00 SingFit Prime</div> <div>10:45 Daily Chronicle</div> <div>11:00 Fun and Games-Cross Word</div> <div>1:15 Short Stories</div> <div>1:45 Fitness with Maggie</div> <div>2:30 Tuesday Trivia</div> <div>3:00 Snack and chat</div> <div>3:30 Ring Toss</div> <div>4:00 Guess Who</div> <div>4:30 Dining with Terrie (DR)</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:15 Balloon Volley Ball</div> <div>10:45 Daily Chronicle</div> <div>11:00 Sensory Sensations</div> <div>1:15 Meditation and Stretch</div> <div>2:30 Painting project</div> <div>3:00 Snack and chat</div> <div>3:30 Bean Bag Toss</div> <div>4:00 I Remember that-Discussion</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:15 Beach Ball Pass</div> <div>10:45 Daily Chronicle</div> <div>11:00 Arts and Crafts</div> <div>1:00 Chair Yoga</div> <div>2:00 Garden Club</div> <div>3:00 <b>Happy Hour - Banjo Club</b></div> <div>4:00 Funny Animals</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:15 Parachute Beach Ball</div> <div>10:45 Daily Chronicle</div> <div>11:00 Bingo and Fresh Pop Corn</div> <div>1:15 Meditation</div> <div>1:45 Afternoon Stretch</div> <div>2:30 Sports</div> <div>3:00 Snack and chat</div> <div>3:30 Documentary</div> <div>4:00 Wheel of Fortune</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:00 Morning Movement</div> <div>10:45 Daily Chronicle</div> <div>11:00 Reminiscing</div> <div>1:15 Afternoon Stretch</div> <div>1:30 <b>Scenic Drive - Antioch Shoreline</b></div> <div>3:00 Saturday Matinee</div> <div>3:30 Fun and Games</div> <div>4:00 Americas Got Talent</div> <div>6:00 Evening Showcase</div>
<div>10:00 Beach Ball</div> <div>10:00 Sing along</div> <div>10:30 Arthritis Class</div> <div>10:30 Ring toss</div> <div>11:00 Snack</div> <div>11:30 Sunday Stroll</div> <div>1:15 Bingo</div> <div>2:30 Men's Club</div> <div>3:00 <b>Furry Friends Visit</b></div> <div>4:00 Easy Listening Music</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:00 <b>Moving and Grooving with Vernadette</b></div> <div>10:30 Daily Chronicle</div> <div>1:00 Documentary</div> <div>1:45 Arthritis Class</div> <div>2:30 Sing along</div> <div>3:00 Snack</div> <div>3:30 Bean Bag Toss</div> <div>4:00 Dancing with the Stars</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:00 Morning Movement</div> <div>10:45 Daily Chronicle</div> <div>11:00 Fun and Games-Cross Word</div> <div>1:00 <b>World Art Day Project</b></div> <div>1:45 Fitness with Maggie</div> <div>2:30 Tuesday Trivia</div> <div>3:00 Snack and chat</div> <div>3:30 Ring Toss</div> <div>4:00 Guess Who</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:15 Balloon Volley Ball</div> <div>10:45 Daily Chronicle</div> <div>11:00 Sensory Sensations</div> <div>1:15 Meditation and Stretch</div> <div>2:30 Painting project</div> <div>3:00 Snack and chat</div> <div>3:30 Bean Bag Toss</div> <div>4:00 I Remember that-Discussion</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:15 Beach Ball Pass</div> <div>10:45 Daily Chronicle</div> <div>11:00 <b>Arts and Crafts - Cookie decorating</b></div> <div>1:00 Chair Yoga</div> <div>2:00 Garden Club</div> <div>3:00 Happy Hour</div> <div>4:00 Funny Animals</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:15 Ribbon Dancing</div> <div>10:30 <b>Easter Centerpieces</b></div> <div>11:00 Bingo and Fresh Pop Corn</div> <div>1:15 Meditation</div> <div>1:45 Afternoon Stretch</div> <div>2:30 Sports</div> <div>3:00 Snack and chat</div> <div>3:30 Documentary</div> <div>4:00 Wheel of Fortune</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:00 Singfit Prime</div> <div>10:45 Daily Chronicle</div> <div>11:00 Stuff Easter Eggs</div> <div>1:15 Afternoon Stretch</div> <div>1:30 <b>Scenic Drive - Berkeley</b></div> <div>3:00 Snack</div> <div>3:30 Fun and Games</div> <div>4:00 Americas Got Talent</div> <div>6:00 Evening Showcase</div>
<div>Easter Sunday</div> <div>10:00 Beach Ball</div> <div>10:00 Sing along</div> <div>10:30 Arthritis Class</div> <div>10:30 Ring toss</div> <div>11:00 <b>Easter Egg Hunt</b></div> <div>11:00 Snack</div> <div>12:00 <b>Easter Brunch</b></div> <div>1:15 Bingo</div> <div>2:00 UNO Card Game</div> <div>2:30 Men's Club</div> <div>3:00 Snack</div> <div>3:30 Daily Chronicle</div> <div>4:00 Easy Listening Music</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:00 <b>Moving and Grooving with Vernadette</b></div> <div>10:30 Daily Chronicle</div> <div>1:00 Documentary</div> <div>1:45 Arthritis Class</div> <div>2:30 Sing along</div> <div>3:00 Snack</div> <div>3:30 Bean Bag Toss</div> <div>4:00 Dancing with the Stars</div> <div>6:00 Evening Showcase</div>	<div>Earth Day</div> <div>9:45 The Good News</div> <div>10:00 SingFit Prime</div> <div>10:45 Daily Chronicle</div> <div>11:00 Fun and Games-Cross Word</div> <div>1:00 Earth Day project</div> <div>1:45 Fitness with Maggie</div> <div>2:30 Tuesday Trivia</div> <div>3:00 Snack and chat</div> <div>3:30 Ring Toss</div> <div>4:00 Guess Who</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:15 Balloon Volley Ball</div> <div>10:45 Daily Chronicle</div> <div>11:00 Sensory Sensations</div> <div>1:15 Meditation and Stretch</div> <div>2:30 Painting project</div> <div>3:00 Snack and chat</div> <div>3:30 Bean Bag Toss</div> <div>4:00 I Remember that-Discussion</div> <div>6:00 Evening Showcase</div>	<div>Podiatrist Dr. Baba</div> <div>9:45 The Good News</div> <div>10:15 Beach Ball Pass</div> <div>10:45 Daily Chronicle</div> <div>11:00 Arts and Crafts</div> <div>12:00 Lunch with Terrie</div> <div>1:00 Chair Yoga</div> <div>2:00 Garden Club</div> <div>3:00 Happy Hour - Birthday Celabration</div> <div>4:00 Funny Animals</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:15 Parachute Beach Ball</div> <div>10:45 Daily Chronicle</div> <div>11:00 Bingo and Fresh Pop Corn</div> <div>1:15 Meditation</div> <div>1:45 Afternoon Stretch</div> <div>2:30 Sports</div> <div>3:00 Snack and chat</div> <div>3:30 Documentary</div> <div>4:00 Wheel of Fortune</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:00 Morning Movement</div> <div>10:45 Daily Chronicle</div> <div>11:00 Reminiscing</div> <div>1:15 Afternoon Stretch</div> <div>1:30 <b>Scenic Drive - Crow Canyon</b></div> <div>3:00 Snack</div> <div>3:30 Fun and Games</div> <div>4:00 Americas Got Talent</div> <div>6:00 Evening Showcase</div>
<div>10:00 Beach Ball</div> <div>10:00 Sing along</div> <div>10:30 Arthritis Class</div> <div>10:30 Ring toss</div> <div>11:00 Snack</div> <div>11:30 Sunday Stroll</div> <div>1:15 Bingo</div> <div>2:00 <b>Pets Hug Pack</b></div> <div>2:30 Men's Club</div> <div>3:00 Snack</div> <div>3:30 Daily Chronicle</div> <div>4:00 Easy Listening Music</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:00 <b>Moving and Grooving with Vernadette</b></div> <div>10:30 Daily Chronicle</div> <div>1:00 Documentary</div> <div>1:45 Arthritis Class</div> <div>2:30 Sing along</div> <div>3:00 Snack</div> <div>3:30 Bean Bag Toss</div> <div>4:00 Dancing with the Stars</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:00 Morning Movement</div> <div>10:45 Daily Chronicle</div> <div>11:00 Fun and Games-Cross Word</div> <div>1:15 Short Stories</div> <div>1:45 Fitness with Maggie</div> <div>2:30 Tuesday Trivia</div> <div>3:00 Snack and chat</div> <div>3:30 Ring Toss</div> <div>4:00 Guess Who</div> <div>6:00 Evening Showcase</div>	<div>9:45 The Good News</div> <div>10:15 Balloon Volley Ball</div> <div>10:45 Daily Chronicle</div> <div>11:00 Lunch Outing</div> <div>11:00 Sensory Sensations</div> <div>1:15 Meditation and Stretch</div> <div>2:30 Painting project</div> <div>3:00 Snack and chat</div> <div>3:30 Bean Bag Toss</div> <div>4:00 I Remember that-Discussion</div> <div>6:00 Evening Showcase</div>			<div>We make every effort to ensure the accuracy of the information contained in this newsletter and adhere to the scheduling as outlined in the notices. Please see our weekly schedule for the most current updated list of activities. Thanks!</div>



# Upcoming Events and Announcements

Dear Residents, Families, and Friends,

Spring has officially sprung, and we are excited to share a month filled with joy, music, and beautiful scenery in our Memory Care Neighborhood! April is a time for renewal and connection, and we have some wonderful events lined up that we can't wait to enjoy together.

Join us for our delightful Happy Hour performances this month! We are thrilled to welcome back Cielo and the Banjo Club to our neighborhood. Their uplifting music will surely bring smiles and spark memories.

Cielo Performance: [Friday April 4th @ 3PM]

Banjo Club Performance: [Thursday April 10th @ 3PM]

This month, we will embark on some breathtaking scenic drives to explore the beauty of our surroundings. Our trips will include visits to: Piedmont, Antioch Shoreline, Berkeley, and Crow Canyon

We are excited to celebrate Easter Sunday with a special Egg Hunt and Brunch! Join us for a morning filled with fun, laughter, and delicious food. The egg hunt will be a delightful experience for all, followed by a scrumptious brunch that will surely satisfy your taste buds.

Get ready to move and groove! Every Monday, join Vernadette for an energizing session of movement and music. This engaging program is designed to promote physical activity while having fun.

As always, we encourage everyone to participate in these events as they provide wonderful opportunities for socialization, creativity, and enjoyment. We look forward to making beautiful memories together this April!

Warm regards,  
Joseph Negrido  
Memory Care Director



**It's getting competitive!!**



**Meredith and Bob enjoy an afternoon of painting**



**We are ready for PIZZA**



**Saturday scenic drive**



**Lovely Saturday drive for Bob and Dotty**



**Best Friends, just passing the time together**



**George and Jennifer are having a good time!**

## *Recent Happenings at The Kensington!*

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