









Monday	Tuesday	Wednesday	Thursday	Friday	Saturday & Sunday
<b>Calendar Highlights</b>  <b>Day of Prayer &amp; Remembrance</b> May 1st  <b>AL Calendar Connection</b> May 2nd  <b>Calendar Review</b> May 5th  <b>Mary's Chats</b> May 12th  <b>Library Volunteers Meeting</b> May 16th  <b>National Senior Health &amp; Fitness Day</b> May 28th	<b>Scholar Series:</b>  <b>Historic Sites of North Carolina: State Capital</b> May 5th   3:00 PM IL/CR  Explore colonial NC's history leading to statehood, highlighting Tryon Palace and other key sites related to the State Capitol's construction.  <b>A History of the Jewish People in North Carolina</b> May 20th   3:00 PM IL/CR  May is American Jewish Heritage month! Join us as we welcome Dr. Kenneth Joel Zogry, a history Professor hailing from UNC Chapel Hill.	<b>Garden Club</b> May 6th   12:00 PM M/WC Calling all gardeners! Stop by and have a chat with Jess from Life Enrichment and see where the garden club takes us next. If you cannot attend, please reach out via email.  <b>Cookbook Kickoff</b> May 13th   2:00 PM AL2 We want YOUR favorite recipes! Join Brittany in creating Magnolia Glen's 1st Community Cookbook! Either bring your recipes to AL2 on May 13th, OR email/see Brittany to get your recipe in the cookbook. 	<b>1 May Day</b> *9:30-Harris Teeter Shuttle (B) 10:30-Tai Chi Qigong (IL/CR) 11-Hand Exercise (AL2) 11-Balance Worx (IL/CR) 1-BINGO (IL/CR) 2-Yoga for Better Balance (AL2) 2-Wii Bowling (FC) 3-Day of Prayer & Remembrance (IL/CR) 6-10-Game Night (IL/CA) 	<b>2</b> *8:30-Banks (Car) 9:15-Aquatone (P) 10:30-Flex & Balance (FC Hall) 10:30-AL Calendar Connection (AL1) *11-NC Symphony (B) 12-Flower Pick-up (IL/CR) 1-2-Blood Pressure Check (IL/CA) 2-Wii Bowling (FC) 2-Cards for Troops (AL3) 3:30-Shabbat (M/WC) 4-Game of the Week: Skipbo (AL2) 6-10-Game Night (IL/CA) 	<b>3 Kentucky Derby Day</b> 10:30-JD Good Time Band (AL1) 1-BINGO will not be held 2-Standing Tai Chi (MGTV) 2-Creative Studio will not be held 3-Derby Trivia (AL2) 3:30-Rosary Prayer (M/WC) 4-Eucharistic Service (M/WC) 7-Saturday Night Movie: <i>Secretariat</i> (MGTV)  <b>4</b> 10-Morning Stretch (MGTV) 11-Worship Live (M/WC) 2-Wii Bowling (FC) 2-Creative Studio (IL/CR) 3-Meditative Moment (MGTV) 4-Music Video: Brahms- <i>Piano Concerto No.1</i> (MGTV) 6-Wii Bowling (FC) 7-Sunday Night Movie: <i>High Road to Chin</i> (MGTV)
<b>5</b> 9:15-Aquatone (P) *10-Triangle Town Center Mall (B) 10:30-Moving on Monday (AL1) 11-Hand Exercise (IL/CR) 11:30-Calendar Review (IL/CR) *12:30-2:30-Ride for \$5 (Car) 1:30-Fitter Sitters (IL/CR) 2-Recollection Road (AL2) 2-Yoga for Better Balance (IL/CR) 2-Wii Bowling (FC) 3-Scholar Series: <i>Historic Sites of NC: State Capital</i> (IL/CR) 6-10-Game Night (IL/CA)	<b>6</b> *9:30-Food Lion, Walgreens & Harmony Farms (B) 10:30-Pet Therapy (AL2) 11-Balance Worx (IL/CR) 12-Garden Club Interest Meeting (M/WC) *12:30-2:30-Ride for \$5 (Car) 12:30-Movercise (IL/CR) *1-4-Magnolia Mamas Spa Day (Pub) 2-Wii Bowling (FC) 2-Team Trivia (IL/CA) 6-10-Game Night (IL/CA) 	<b>7</b> 9:15-Aquatone (P) *10-Sylvan Heights Day Trip (B) 10:30-12-Fitness Center Drop In (FC) 10:30-Choral Group (M/WC) 10:30-Wednesday Project (AL2) 10:30-Flex & Balance (FC Hall) 11-Hand Exercise (IL/CR) 12-Bible Study (IL/CA) 1:30-Fitter Sitters (MGTV) 2-Wii Bowling (FC) 2-Sylvan Heights Bird Park Up Close (MGTV) 4-New Song Music (AL1) 6-10-Game Night (IL/CA)	<b>8</b> *9:30-Harris Teeter Shuttle (B) 10:30-Tai Chi Qigong (MGTV) 10:30-Dynamic Stretching (IL/CR) 11-Hand Exercise (AL2) 11-Balance Worx (IL/CR) 1-BINGO (IL/CR) 2-Dance Break: The Conga (AL2) 2-Wii Bowling (FC) <b>2-Building &amp; Grounds Committee (M/WC)</b> 3-Birthday & Anniversary Party with Zeke on Keyboard (IL/CR) 6-10-Game Night (IL/CA)	<b>9</b> *8:30-Banks (Car) 9:15-Aquatone (P) 10:30-Flexible Friday (AL1) 10:30-Flex & Balance (FC Hall) 11-Health Chat: <i>Nutrition</i> (M/WC) *12-Flower Pick-up (IL/CR) 1-2-Blood Pressure Check (IL/CA) 2-Wii Bowling (FC) 2-Military Spouse Appreciation Day (IL/CR) 4-Who Am I? Famous TV Moms (AL1) 6-10-Game Night (IL/CA) 	<b>10</b> 10:30-Beach in a Jar Craft (AL2) 1-BINGO (IL/CR) 2-Standing Tai Chi (MGTV) 2-Creative Studio (IL/CR) 3-Don Smith on Guitar (AL1) 3:30-Rosary Prayer (M/WC) 4-Eucharistic Service (M/WC) 7-Saturday Night Movie: <i>Charade</i> (MGTV)  <b>11 Mother's Day</b> 10-Morning Stretch (MGTV) 11-Worship Live (M/WC) 2-Wii Bowling (FC) 2-Creative Studio (IL/CR) 3-Meditative Moment (MGTV) 4-Classical Music Video: Andrea Bocelli- <i>Love in Portofino</i> (MGTV) 6-Wii Bowling (FC) 7-Sunday Night Movie: <i>Georgia Rule</i> (MGTV)
<b>12</b> 9:15-Aquatone (P) *10-Walmart (B) 10:30-Mary's Chat (AL1) 11-Hand Exercise (IL/CR) *12:30-2:30-Ride for \$5 (Car) 1:30-Fitter Sitters (IL/CR) 2-Yoga For Better Balance (IL/CR) 2-Wii Bowling (FC) 2-Cornhole (AL/P) 3-Mary's Chat (IL/CR) 4-Monthly Mixer with Terry McNamara on Ukelele (AL1) 6-10-Game Night (IL/CA) 	<b>13</b> *9:30-Food Lion, Walgreens & Harmony Farms (B) 10:30-Word of the Week (AL2) 11-Balance Worx (IL/CR) 12:30-Stamina & Strength (IL/CR) *12:30-2:30-Ride for \$5 (Car) 1:30-Cornhole (IL/ Back Patio) 2-Wii Bowling (FC) 2-Team Trivia (IL/CA) 2-Cookbook Kickoff (AL2) 6-10-Game Night (IL/CA)	<b>14</b> 9:15-Aquatone (P) 10:30-12-Fitness Center Drop In (FC) 10:30-Choral Group (M/WC) 10:30-Flex & Balance (FC Hall) 11-Hand Exercise (IL/CR) 11:30-AL Cookout (AL1 & AL/P) 12-Community Communion (M/WC) 1:30-Fitter Sitters (IL/CR) 2-Who, What, Where? (AL2) 2-Wii Bowling (FC) *3-Secretary of State, Elaine Marshall Sponsored by: Magnolia GEMS (IL/CR) 4-Pamper & Polish (AL2) 6-10-Game Night (IL/CA)	<b>15</b> Podiatry Visit by Appointment (FD) 9-10-Hearing Aid Check (AL3) *9:30-Harris Teeter Shuttle (B) 10:30-Tai Chi Qigong (MGTV) 11-Hand Exercise (AL2) 11-Balance Worx (MGTV) 1-BINGO (IL/CR) 1-Welcome Ambassador Committee Meeting (IL/CA) <b>2-Residents' Association Board Meeting (Lib)</b> 2-Yoga for Better Balance (AL2) 2-Wii Bowling (FC) 3-Choral Group Concert: <i>Wishes &amp; Dreams</i> (IL/CR) 6-10-Game Night (IL/CA)	<b>16</b> *8:30-Banks (Car) 9:15-Aquatone (P) <b>10-Library Volunteer (Lib)</b> 10:30-Flexible Friday (AL1) *10:30-Art with Ali (AL2) 10:30-Flex & Balance (FC Hall) 11-Legacy: Speech Therapy & Personal Trainer (M/WC) *11:30-JC Raulston Arboretum (B) 12-Flower Pick-up (IL/CR) 1-2-Blood Pressure Check (IL/CA) *1-Library (Car) 2-Intro to Hydroponic Gardening (AL2) 2-Wii Bowling (FC) 4-Game of the Week: Jenga (AL1) 6-10-Game Night (IL/CA)	<b>17 Armed Forces Day</b> 10:30-"Boo" The Bird Visit (AL2) 1-BINGO (IL/CR) 2-Standing Tai Chi (MGTV) 2-Creative Studio (IL/CR) *1:45-Raleigh Dance Theatre (B) 3-Dennis Redoblado on Piano (AL1) 3:30-Rosary Prayer (M/WC) 4-Eucharistic Service (M/WC) 7-Saturday Night Movie: <i>The Good Shepherd</i> (MGTV)  <b>18</b> 10-Morning Stretch (MGTV) 11-Worship Live (M/WC) 2-Wii Bowling (FC) 2-Creative Studio (IL/CR) 3-Meditative Moments (MGTV) 4-Music Video: Tchaikovsky- <i>Symphony No.6</i> (MGTV) 6-Wii Bowling (FC) 7-Sunday Night Movie: <i>From Here to Eternity</i> (MGTV)





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday & Sunday
<b>19</b> 9:15-Aquatone (P) *10-Target (B) 10:30-Master Gardeners (AL2) 12-Lunch & Learn: <i>Louise Nevelson</i> (M/WC) 11-Hand Exercise (IL/CR) *12:30-2:30-Ride for \$5 (Car) 1:30-Fitter Sitters (IL/CR) 2-Cornhole (AL2) 2-Yoga for Better Balance (IL/CR) 2-Wii Bowling (FC) 4-Spinning Vinyl's (AL1) 6-10-Game Night (IL/CA)  <b>NC COOPERATIVE EXTENSION</b>	<b>20</b> *9:30-Food Lion, Walgreens & Harmony Farms (B) 10:30-Nintendo Switch: Bowling (AL2) 11-Balance Worx (IL/CR) 12:30-Movercise (IL/CR) *12:30-2:30-Ride for \$5 (Car) 2-Coping With Loss (M/WC) 2-Wii Bowling (FC) 2-Team Trivia (IL/CA) 2-Chain Reaction (AL2) 3-Scholar Series: A History of the Jewish People in North Carolina (IL/CR) 6-10-Game Night (IL/CA) 	<b>21</b> 9:15-Aquatone (P) *9:30-Men of the Glen: Transportation Museum Spencer, NC (B) 10:30-12-Fitness Center Drop In (FC) 10:30-Choral Group (M/WC) 10:30-Wednesday Project (AL2) 10:30-Flex & Balance (FC Hall) 11-Hand Exercise (IL/CR) 12-Bible Study (IL/CR) 1:30-Fitter Sitters (IL/CR) 2-Family Feud: Spring Edition (AL2) 2-Wii Bowling (FC) 3-Low Vision (Lib) 4-New Song Music (AL1) 6-10-Game Night (IL/CA)	<b>22</b> *9:30-Harris Teeter Shuttle (B) 10:30-Tai Chi Qigong (IL/CR) 11-Hand Exercise (AL2) 11-Balance Worx (IL/CR) 1-BINGO (IL/CR) 2-Dance Break: The Hustle (AL2) 2-Wii Bowling (FC) 2-New Resident Essentials (M/WC) 3-Meet Your New Neighbor Social Piano Man Christian Green (IL/CR) 6-10-Game Night (IL/CA) 	<b>23</b> *8:30-Banks (Car) 9:15-Aquatone (P) *10- <i>Butterfly House</i> at Life & Science Museum (B) 10:30-Flexible Friday (AL1) 10:30-Flex & Balance (FC Hall) 12-Flower Pick-up (IL/CA) 12-Bake Sale (IL/LR) 1-2-Blood Pressure Check (IL/CA) 2-Taste of Homemade: Biscuits & Herb Butter (AL2) 2-Wii Bowling (FC) 4-Music for the Soul (AL1) *4-Epic Steakhouse (B) 6-10-Game Night (IL/CA) 	<b>24</b> 10:30-Craft: Suncatcher (AL2) 1-BINGO (IL/CR) 2-Standing Tai Chi (MGTV) 2-Creative Studio (IL/CR) 3-Poetry with Judith (Lib) 3-Tea at Three (AL2) 3:30-Rosary Prayer (M/WC) 7-Saturday Night Movie: <i>An Unfinished Life</i> (MGTV)  <b>25</b> 10-Morning Stretch (MGTV) 11-Worship Live (M/WC) 2-Wii Bowling (FC) 2-Creative Studio (IL/CR) 3-Meditative Moment (MGTV) 4-Classical Music Video: Guitarist, Vera Danilina (MGTV) 6-Wii Bowling (FC) 7-Sunday Night Movie: <i>Smoky &amp; the Bandit</i> (MGTV)
<b>26 Memorial Day</b> 11-Hand Exercise (IL/CR) 1:30-Fitter Sitters (IL/CR) 2-Yoga For Better Balance (IL/CR) 2-Wii Bowling (FC) 2:30-Patriotic Sing Along (IL/CR) 6-10-Game Night (IL/CA) 7-Holiday Movie: <i>MacArthur</i> (MGTV)  <div><b>Oak Room Hours:</b> <b>11-3</b></div>	<b>27</b> *9:30-Food Lion, Walgreens & Harmony Farms (B) <b>10-Dining Committee (IL/PDR)</b> 10:30-Charades (AL1) 11-Balance Worx (IL/CR) *12:30-2:30-Ride for \$5 (Car) 12:30-Active Steps (IL/CR) 2-Drying Herbs & Spices Making (AL2) 2-Wii Bowling (FC) 2-Team Trivia (IL/CA) 3-Cornhole (IL/ Back Patio) 6-10-Game Night (IL/CA)	<b>28 National Senior Health &amp; Fitness Day</b> 9:15-Aquatone (P) *10-Cornhole Tournament at the Cardinal (B) 10:30-12-Fitness Center Drop In (FC) 10:30-Choral Group (M/WC) 10:30-Flex & Balance (FC Hall) 11-Hand Exercise (IL/CR) 12-Bible Study (IL/CR) 1:30-Fitter Sitters (IL/CR) 2-Health Benefits of Herbs (AL2) 2-Wii Bowling (FC) <b>3-Life Enrichment Committee Mtg. (M/WC)</b> 4-Relay Fun Competition (AL2) 6-10-Game Night (IL/CA)	<b>29</b> *9:30-Harris Teeter Shuttle (B) 10:30-Tai Chi Qigong (IL/CR) 11-Hand Exercise (AL2) 11-Balance Worx (IL/CR) 1-BINGO (IL/CR) 2-Yoga for Better Balance (AL2) 2-Wii Bowling (FC) 3-Jeopardy! (IL/CR) 6-10-Game Night (IL/CA) 	<b>30</b> *8:30-Banks (Car) 9:15-Aquatone (P) 10:30-Flexible Friday (AL1) 10:30-Flex & Balance (FC Hall) *11-AL Outing: Cape Fear Seafood Company (B) 12-Flower Pick-up (IL/CA) 1-2-Blood Pressure Check (IL/CA) 1:30-Lemonade at the Gazebo & Exploring Plants & Trees of MG (IL Gazebo) 2-Wii Bowling (FC) 3-Art Appreciation (IL/CR) 4-Game of the Week: <i>Scrabble</i> (AL2) 6-10-Game Night (IL/CA)	<b>31</b> 10:30-Gentle Stretching (AL1) 1-BINGO Prize Day (IL/CR) 2-Standing Tai Chi (MGTV) 2-Creative Studio (IL/CR) 3-Name 5 (AL2) 3:30-Rosary Prayer (M/WC) 7-Saturday Night Movie: <i>Grumpy Old Men</i> (MGTV)  <b>Senior Health &amp; Fitness Day Special Programs</b>  Cornhole Tournament at The Cardinal at North Hills (B)  Health Benefits of Herbs (AL2)  Relay Fun Competition (AL2)

AL: Assisted Living

AL/DR1: Assisted Living Dining Room

AL1: Assisted Living 1st Floor Living Room

AL/P: Assisted Living Garden Patio

AL2: Assisted Living 2nd Activity Room

AL3: Assisted Living 3rd Activity Room

B: MG Bus Outing

Car: Car Outing

Conf: Conference Room (IL 2nd Floor)

FC: Fitness Center (IL 1st Floor)

FD: Front Desk (IL 2nd Floor)

IL: Independent Living

Oak Room: IL Dining (IL 1st Floor)

IL/PDR: Private Dining Room

P: Pool (IL 1st Floor)

M/WC: Media/Worship Center (IL 1st Floor)

IL/CR: IL Craft Room (IL 1st Floor)

Pub: IL 1st Floor

IL/LR: IL Living Room (IL 2nd Floor)

IL/CA: IL Card Room (IL 2nd Floor)

Lib: IL Library (IL 2nd Floor)


IL3: IL 3rd Floor Lounge


IL4: IL 4th Floor Lounge

\*Denotes that you must sign-up/ preregistered for the program or event\*

Please sign up for all Bus Outings ASAP in the book located at the Front Desk!  
Medical Appointments are scheduled on Tuesdays, Wednesdays & Thursdays between 8:30 a.m.- 2:30 p.m. There will be a fee if you do not turn in your request 72 business hours before your appointment.

MGTV is your way to know what is going on!  
Tune in to Direct TV Channel 1-1 & the Community App for the latest information.





Marcia Garrigan	May 1st	Yvonne Tillman	May 12th
Pat Dinsmore	May 5th	Francoise Fougerat	May 18th
Dave Svendsgaard	May 8th	Louise Jinnette	May 19th
Kathy Green	May 8th	Johanna Usala	May 27th
Joyce Reid	May 10th	Carolyn Wensman	May 29th
Margaret Harper	May 30th		