AUGUST "2025" HIGHLIGHTS

Monday, August 4th

9:30 Nick The Barber walk-ins welcome!

Wednesday, August 6th

10:00 "5 Wishes" with Kelley Honderick from Vitas & Q&A on Hospice (TC)

Thursday, August 7th

6:15 Municipal Free Band Concert "Travel the World Through Music" Music from all around the world may put you in a traveling frame of mind. Pack your bags and grab your passport for this **FREE CONCERT!** space limited Sign Up Req'd by 7/4

Saturday, August 9th

3:00 Platinum Show Choir is a women's a cappella group that performs barbershop music & entertains (TC)

Sunday, August 10th

10:00 Space Coast Church worship & music All Welcome! (TG)

Tuesday, August 12th

11:00 Helen's Hymn Sing join in and sing all your favorite uplifting music (TC)

Wednesday, August 13th

3:30 Out to Coasters Pub & Biergarten with a hearty American menu & 100 beers. Sign Up by 8/11 4:00 Happy Hour with singer Amy Hueston (TC) 7:00 The Fountains Book Club (CH)

Saturday, August 16th

9:30 to 1:30 Game Day

Cornhole, Basketball, Bowling & Axe Throwing (TC) 12:30 Out to Bealls Beachside Sign Up Req'd

Tuesday, August 19th

Resident Survey Starts TODAY Your opinion counts!

1:00 The Division of Blind Services

see Newsletter for more information (TG)

Saturday, August 23rd

Alfred Hitchcock Movie Marathon

10:00 Movie: Rear Window 1 h 54 m (TD)

1:00 Movie: Vertigo 2h (TD)

3:00 Movie: Psycho 1h 48m (TD)

6:30 Movie: Hitchcock 1h 38m (TD)

Tuesday, August 26th

1:00 Painting for a Cause

"Painting Learning Puzzles" for Kids (TG)



4:00 Happy Hour with John McDonald (TC)

Thursday, August 28th

2:00 "Bean Auction" Have a great time with your local healthcare providers as you receive beans to bid on a variety of exciting gifts. Once your beans are gone, your bidding is over. Enjoy snacks and drinks while you play! (TC)

Friday, August 29th

9:30 Day trip to Vero Beach Museum: showcases an extensive art facility that has five galleries that include glass art, paintings, photography, sculpture, and more.

& The Crab Stop: Maryland-style garlic crabs, plus fried shrimp & other seafood eats. Sign up by 8/25

Saturday, August 30th

3:00 August Birthday Barbara Bayley on Piano (TC) All Welcome!

IMPORTANT MEETINGS

Dining Meeting

Tuesday, August 5th 10:00 (TC)

Private Resident Board Meeting

Wednesday, August 6th 10:00 (CH)

Garden Club Meeting

Thursday, August 14th 10:00

Parkinson's Support Group

Thursday, August 14th 10:00 (TD)
"Can we put the brakes on
Parkinson's disease"

Welcome Committee Meeting

Friday, August 15th 1:00 Members only (TD)

Residents Association Meeting

Thursday, August 21st 3:00 All Welcome (TC)

Parkinson's Support Group

Thursday, August 28th 10:00 (CH)

Sit Down with Sandy

Tuesday August 26th 10:30 All encouraged to attend (TC)



Meet The Board

August 2025

On July 25th, 2014, The Fountains celebrated its 15th anniversary with a gala that featured a cocktail hour, chef demos, music, tours and wonderful hors d'oeuvres. I had lived here for a little over a year and was honored to be one of the residents to write something for the program. This is what I wrote:

"I started looking at several senior living complexes when the responsibilities of home ownership became difficult and costly. I looked at several communities in the area and found small rooms, places too far from my church and friends, and I just couldn't wrap my arms around the buy-in concept. Sales and marketing gave me many opportunities to experience activities and meals here. I even saw The Fountains from the eyes of a resident. I was concerned about my dog 'Buddy' but he adjusted quickly in the dog-friendly environment. The entire staff, because of past and present leadership, is very caring and responsive to my needs. You can't put a price on peace of mind. I now smile to myself when tax bill time arrives and anytime to see A/C and plumbing repair trucks, I'm truly learning 'The Art of Living Well.'"

Through the years I have seen many changes in The Fountains and in myself. I still enjoy the caring staff, the many activities and the "Making a Difference" motto. It's about time for another "Gala."

The Fountains knows how to party. Let's celebrate life!!

Are you blind or visually impaired?

It's important to know what resources are available to you. Please share this information with your friends.

Myriesha Bell, a Rehabilitation Technician from the Florida Center for the Blind, will be visiting on Tuesday, August 19th at 1:00 PM at The Gathering.

The Florida Center for the Blind offers transformative programs and services, including Independent Living Skills, Access Technology, and Adaptive Aids. All services are provided at no cost and are tailored to meet each client's unique goals and needs.

If you attend, please bring a recent eye report, as Myriesha can assist you with the application process. If you don't have a report, we can help you contact your eye doctor to obtain one from the past 12 months.

The Artisan Class

Wednesdays
In The Gathering Sign Up Req'd
August 6th & 13th
Sea Glass Art
August 20th & 27th

Sand Dollar Multi Media





Saturdays at 9:30am Watercolor Class with Jessie

Sundays from 12:30 to 2:00pm Open Art Studio, work <u>on your</u> <u>own</u> to paint or craft with friends



The Kisco 6th Annual Associate Resident Spelling Bee!

The Spelling Bee Round 1 & 2

Will be held <u>before</u> August 15th to determine the finale Pair.

The spelling bee consists of pairs.

One associate & One resident
Or Two residents

The Spelling Bee Finale

The Final Winning Team will go on to compete in The Kisco East Coast Semi-Finals on Thursday, August 21st and the National Finals on Tuesday, August 26th Times TBD

If you are interested in being part of the spelling Bee please sign up with Heath from The Life Enrichment Team.



If you can spell

"prosciutto or potpourri"





Thursday, August 28th Leave 9:30 am Return around 3:30 pm Sign up by August 25th, must have 8 residents to go

1 hour trip to Vero Beach Museum
Senior Rate \$11.00
Lunch around 1:00 pm at The Crab Stop Seafood Bar & Grill
of Sebastian Prices \$10—\$30

Thank You to Our Wonderful Volunteers

Attention Volunteers! Starting August 18th to August 22nd please tell us the Volunteer positions you held from May 2024 to May 2025 and give them to the Concierge.

September 8th to 12th

Vote for Volunteer of the year in the lobby

Volunteer of the Year Dinner

Thursday, September 25th (Invitation only)



Volunteer Jobs

Bake Sale baker—Bingo Caller—Blackjack / Poker Dealer—Bridge Teacher - Ch 1-1 Narrator Community Photographer—Give Lectures—Knitting for a cause—Large Event Helpers Library—Newsletter Delivery—Newsletter Folding - Package deliverer - Reader for the Blind Resident Association—Singers & Piano Players—Teach a Class—Welcome Committee

If you would like to become a volunteer, please see a member of the Life Enrichment Team.

_	AINS CALENDAE Monday	Tuesday	Wednesday	UST 2025 Thursday	Friday	LIVING WELL"
Sunday	ivioliday	Tuesuay	vveullesuay	Tiluisuay		Saturday
WHERE IS IT? First Floor The Commons TC The Deck (Card Room) TD Library Lobby LB Veranda & Oasis Dining Room	Second Floor Bistro Dining Room BT The Nook (Coffee) TN Fitness Spot FS Brain Gym (Computers) & Reference Library BG	Game Room "Billiards & Table Shuffleboard GR Wellness Consultation WC The Gathering TG Third Floor Chapel CH (South Side)	The Fountains In-house Channel (On your personal TV) CH 1-1	SPELLING BEE	9:00 Active Fitness (FS) 10:00 Cornhole (TC) 10:00 Democrat Chat (CH) 10:30 Visit with the Goldens (TG) 11:00 Sit and Fit (FS) 11:00 8 Ball Member Only (GR) 12:00 Rummikub (TG) 1:00 Travel: "The Great Amazon" 50 m (TC) 1:30 Out to Publix 2:30 Texas Hold'em (TG) 3:00 Double Bingo .50 a card (TC) 3:00 Blackjack (TG) 5:30 Contract Rummy (TD) 6:30 Virtual Bowling (TC) 8:00 Movie "Black Hawk Down" 2001 R 2h 32m (CH 1-1)	9:30 Watercolor Class with Jessie (TG) 10:00 Saturday Shuttle Service 10:30 Water Aerobics 12:30 Bridge (TG) 1:00 Train Dominoes (TG) 1:00 Movie & Popcorn "Fences" 2016 PG-13 2h 19m (TD) 2:30 Texas Hold'em (TG)
12:30 Bridge (TD) 12:30 Open Art Studio (TG)	9:00 Active Balance (FS) 9:30 Barber Nick walk-ins welcome 10:00 Knitting Club (TD) 10:00 The Story of Jesus by Dr. Larry (TC) 10:00 Man Chat (TG) 11:00 Sit and Fit Balance (FS) 1:00 Cornhole (TC) 1:30 Out to Publix 2:00 Dawn of the High Renaissance, 1475-1520 (TD) 2:00 Exercise for Arthritis (FS) 3:00 Quarter Bingo (TC) 6:30 Virtual Bowling (TC)	9:00 Active Fitness (FS) 10:00 Dining Meeting (TC) 10:30 Water Aerobics 11:00 Sit & Fit (TG) 12:00 Friendly Bridge Sign Up Req'd (TD) 1:00 Axe Throwing (TC) 1:30 Wal-Mart 2:00 Yoga & Meditation (FS) 2:30 Texas Hold'em (TG) 3:00 Prize Bingo (TC) 6:30 Virtual Bowling (TC)	9:00 Active Fitness (FS) 9:00 Blood Pressures One Senior Place (WC) 10:00 Private Resident Board Meeting (CH) 10:00 5 Wishes with Vitas & Q&A on Hospice (TC) 10:00 & 1:00 Artisan Class "Sea Glass Art" Pt 1 (TG) Sign Up Req'd 11:00 Sit and Fit (FS) 1:30 Wal-Mart Marketplace 2:00 Contract Rummy (TD) 3:00 The Rosary (CH) 4:00 Happy Hour (TC) 6:30 Virtual Bowling (TC)	Cookies in The Nook 11:00 to 2:00 9:00 Active Stretch (FS) 10:00 Train	9:00 Active Fitness (FS) 10:00 Cornhole (TC) 10:00 Democrat Chat (CH) 11:00 Sit and Fit (FS) 11:00 8 Ball Members Only (GR) 11:00 Skits & Skats (TG) 1:00 Travel: "Thailand: Secret Islands & Beaches" 51m (TC) 1:30 Out to Publix 2:00 Rummikub (TG) 2:30 Texas Hold'em (TG) 3:00 Double Bingo .50 a card (TC) 3:00 Blackjack (TG) 5:30 Contract Rummy (TD) 6:30 Virtual Bowling (TC) 8:00 Movie "The Aviator" 2004 PG-13 1h 44m (CH 1-1)	9:30 Watercolor Class with Jessie (TG) 10:00 Saturday Shuttle Service 10:30 Water Aerobics 12:30 Bridge (TG) 1:00 Train Dominoes (TG) 1:00 Movie & Popcorn "Woman of the Hour" 2023 R 1h 34m (TD) 2:30 Texas Hold'em (TG) 3:00 Platinum Show Choir (TC)
All Welcome! (TG) 11:00 Catholic Service (TC) 12:30 Bridge (TD) 12:30 Open Art	9:00 Active Balance (FS) 10:00 Knitting Club (TD) 10:00 The Story of Jesus by Dr. Larry (TC) 10:00 Man Chat (TG) 11:00 Sit and Fit Balance (FS) 1:00 Cornhole (TC) 1:30 Out to Publix 2:00 The Rococo Era: The Art Of Pleasure And Madness (TD) 2:00 Exercise for Arthritis (FS) 3:00 Quarter Bingo (TC) 6:30 Hand and Foot Game (TG) 6:30 Virtual Bowling (TC)	9:00 Active Fitness (FS) 10:30 Water Aerobics 11:00 Sit & Fit (TG) 11:00 Hymn Sing (TC) 12:00 Friendly Bridge (TD) 1:30 Wal-Mart 1:00 Axe Throwing (TC) 2:00 Yoga & Meditation (FS) 2:30 Texas Hold'em (TG) 3:00 Prize Bingo (TC) 6:30 Virtual Bowling (TC)	9:00 Active Fitness (FS) 9:00 Blood Pressures One Senior Place (WC) 10:00 Private Bible Study (CH) 10:00 & 1:00 Artisan Class "Sea Glass Art" Pt 2 (TG) 11:00 Sit and Fit (FS) 1:30 Wal-Mart Marketplace 2:00 Tai Chi & Nidra Yoga (FS) 2:00 Contract Rummy (TD) 3:00 The Rosary (CH) 3:30 Out to Coasters Pub Sign Up by 8/11 3:30 Watermelon Eating Contest (TC) 4:00 Happy Hour with singer Amy Hueston (TC) 6:30 Virtual Bowling (TC) 7:00 The Fountains Book Club (CH)	9:00 Active Stretch (FS) 10:00 Garden Club Meeting 10:00 Train Dominoes (TG) 10:00 Parkinson's Support Group "The skinny on skin and bone health" (TD) 10:30 Water Aerobics 11:00 Seated Stretch (FS) 12:00 Friendly Bridge Sign Up Req'd (TD) 1:00 American Mahjong (TG) 1:00 Out to Kohls & Target 1:30 Walgreens and CVS 2:00 Private DR Mtg (TC) 2:00—4:00 Dining Room Closed 7:00 Lift It Up with Music (TD)	9:00 Active Fitness (FS) 10:00 Cornhole (TC) 10:00 Democrat Chat (CH) 11:00 Sit and Fit (FS) 11:00 NO 8 Ball (GR) 11:00 Skits & Skats (TG) 12:00 Rummikub (TG) 1:00 Travel "The Beautiful Caribbean? - Barbados - Saint Vincent" 52m (TC) 1:00 Welcome Committee Meeting Members only (TD) 1:30 Out to Publix 2:30 Texas Hold'em (TG) 3:00 Double Bingo .50 a card (TC) 3:00 Blackjack (TG) 5:30 Contract Rummy (TD) 6:30 Virtual Bowling (TC) 8:00 Movie (CH 1-1) "Basic" 2003 R 1h 39m	9:30 Watercolor Class with Jessie (TG) 9:30 to 1:30 Game Day Cornhole, Basketball, Bowling & Axe Throwing (TC) 10:00 Saturday Shuttle Service 10:30 Water Aerobics 12:30 Bridge (TG) 12:30 Out to Bealls Beachside Sign Up Req'd 1:00 Train Dominoes (TG) 1:00 Movie & Popcorn "The Storied Life of AJ Fikry" 2022 PG-13 1h 45m (TD) 2:30 Texas Hold'em (TG) 3:00 Hymn Sing with Cyndy CBECILS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:15 Out to Church 17 11:00 Catholic Service (TC) 12:30 Bridge (TD) 12:30 Open Art Studio (TG) 1:00 Rummikub (TD) 2:30 Non- Denominational Church Service (CH) 3:00 Quarter Bingo (TC) 7:00 Movie (CH 1-1) "Driving Miss Daisy" 1989 PG 1 hr 39	1:00 Cornhole (TC)	9:00 Active Fitness (FS) 9:30 Tech Tuesday: Open Q&A (TG) 9:30 to 2:00 Resident Survey (TC) 10:30 Water Aerobics 11:00 Sit & Fit (TG) 12:00 Friendly Bridge (TD) No Axe Throwing (TC) 1:00 The Division of Blind Services (TG) 1:30 Wal-Mart 2:00 Yoga & Meditation (FS) 2:30 Texas Hold'em (TG) 3:00 Prize Bingo (TC) 6:30 Virtual Bowling (TC)	Media Pt 1" (TG) Sign Up Req'd	8:00 Private Meeting (TC) 9:00 Active Stretch (FS) 9:30 to 2:00 Resident Survey (TC) 10:00 Train Dominoes (TG) 10:30 Water Aerobics 11:00 Seated Stretch (FS) 11:00 Friendly Bridge Sign Up Req'd (TD) 1:00 American Mahjong (TG) TBA Spelling Bee Semi- Finals 1:30 Walgreens & CVS 3:00 Residents Association Meeting (TC) 7:00 Lift It Up with Music (TD)	9:00 Active Fitness (FS) 9:30 to 2:00 Resident Survey (TC) NO Cornhole (TC) 10:00 Democrat Chat (CH) 11:00 Sit and Fit (FS) 11:00 Skits & Skats (TG) 11:00 8 Ball Members Only (GR) 12:00 Rummikub (TG) 1:00 Travel "This is Iran, the Middle East's most mysterious treasure" 53 m (*TD) 1:30 Out to Publix 2:30 Texas Hold'em (TG) 3:00 Double Bingo .50 a card (TC) 3:00 Blackjack (TG) 5:30 Contract Rummy (TD) 6:30 Virtual Bowling (TC) 8:00 Movie "Minority Report" 2002 PG-13 2h 25m (CH 1-1)	Alfred Hitchcock Movie Marathon 9:30 Watercolor Class with Jessie (TG) 10:00 Movie: Rear Window 1h 54m (TD) 10:00 Saturday Shuttle Service 10:30 Water Aerobics 12:30 Bridge (TG) 1:00 Movie: Vertigo 2h (TD) 1:00 Train Dominoes (TG) 2:30 Texas Hold'em (TG) 3:00 Movie: Psycho 1h 48m (TD) 6:30 Movie: Hitchcock 1h 38m (TD)
8:15 Out to Church 11:00 Catholic Service (TC) 12:30 Bridge (TD) 12:30 Open Art Studio (TG) 1:00 Rummikub (TD) 2:30 Non- Denominational Church Service (CH) 3:00 Quarter Bingo (TC) 7:00 Movie (Ch 1-1) "Last Chance Harvey" 2008 PG-13 1 hr 39 m	by Dr. Larry (TC) 10:00 Man Chat (TG) 11:00 Sit and Fit Balance (FS) 1:00 Cornhole (TC) 1:30 Out to Publix 2:00 How Renoir's Eye For	9:00 Active Fitness (FS) 26 10:30 Water Aerobics 10:30 Sit Down With Sandy (TC) 11:00 Sit & Fit (TG) 12:00 Friendly Bridge (TD) 1:00 Axe Throwing (TC) 1:00 Painting for a Cause "Painting Learning Puzzles" for Kids (TG) 1:30 Out to Wal-Mart 2:00 Yoga & Meditation (FS) 2:30 Texas Hold'em (TG) No Bingo Today 3:30 Associate Event (TC) 6:30 Virtual Bowling (TC)	9:00 to 11:00 Blood Pressures (WC) 10:00 Private Bible Study (CH) 10:00 & 1:00 Artisan Class "Sand Dollar Multi	8:30 Private Event (TC) 9:00 Active Stretch (FS) 10:00 Parkinson's Support Group (CH) 10:00 Train Dominoes (TG) 10:30 Water Aerobics 11:00 Seated Stretch (FS) 12:00 Friendly Bridge Sign Up Req'd (TD) 1:00 American Mahjong (TG) 1:00 Bealls Outlet 1:30 Walgreens & CVS 2:00 Bean Auction come have fun with your local Health Care providers and win fun prizes! (TC) 7:00 Lift It Up with Music (TD)	9:00 Active Fitness (FS) 9:30 Day trip to Vero Beach Museum & The Crab Stop Sign up by 8/25 10:00 Cornhole (TC) 10:00 Democrat Chat (CH) 11:00 Sit and Fit (FS) 11:00 Skits & Skats (TG) 12:00 Rummikub (TG) 1:00 Travel "Balearic Islands: Festivals, Nature & Traditions" 52 m (TC) 1:30 Out to Publix 2:30 Texas Hold'em (TG) 3:00 Double Bingo .50 a card (TC) 3:00 Blackjack (TG) 5:30 Contract Rummy (TD) 6:30 Virtual Bowling (TC) 8:00 Movie "A Monster Calls" 2016 PG-13 1h 48m (CH 1-1)	9:30 Watercolor Class with Jessie (TG) 10:00 Saturday Shuttle Service 10:30 Water Aerobics 12:30 Bridge (TG) 1:00 Train Dominoes (TG) 2:30 Texas Hold'em (TG) 3:00 August Birthday Barbara Bayley on Piano (TC) All Welcome!
8:15 Out to Church 11:00 Catholic Service (TC) 12:30 Bridge (TD) 12:30 to 2:00 Open Art Studio (TG) 1:00 Rummikub (TD)	Available	Enrichment Conc e Monday to Friday from 10 ease register for all persona	0:00 AM to 2:00 PM in the		hcock Marathon	cor

12:30 Bridge (TC)
12:30 to 2:00 Open Art
Studio (TG)
1:00 Rummikub (TD)
2:30 Non-Denominational
Church Service CH
No Quarter Bingo (TC)

7:00 Movie
"The Return of the

Soldier" 1982 PG 1 hr 42 min (CH 1-1) Available Monday to Friday from 10:00 AM to 2:00 PM in the lobby. Please register for all personal tech support, events, and outings highlighted in green or marked as "sign up required."

Independent Living (IL) residents should also register for their medical and beauty appointments. Assisted Living (AL) residents are reminded to continue signing up for medical appointments in the care office.

Sir Alfred Joseph Hitchcock was an English film director and producer renowned as "The Master of Suspense" due to his exceptional skill in the genre. His illustrious career spanned six decades and included more than 50 films. On Saturday, August 23rd, beat the heat and join us for a movie marathon featuring some of Hitchcock's finest works. Enjoy classics like Rear Window, Vertigo, Psycho, and more!

