

Medical Monitoring [HAR]

Velveteen Coloring [HAR]

Kawamura [HOC-Lobby

Saturday

10:00 🎜 SingFit Music and Trivia

1:00

Balloon Volleyball [HAR]

2:00 Afternoon Snacks and

3:00 ♥ Hand Meditation [HAR]

3:00 \(\frac{1}{2} \) Hula Class with Kayla

8:10 Daily Orientation Board [HAR] 9:00 → Fitness Exercise [HAR] 9:00 P Healthy Living: Monthly

[CG]

Cafel

Ilima

739 Leihano Street Kapolei, Hawaii 96707 808-674-8022

After Dinner Program

Γhursda\

- O Brain Games/Sensory Games
- Community Meeting Creativity Corner
- ★ Entertainment
- ➡ Fitness ¶ Food Demo
- Gardening
- Hydration

- Interactive Chats
- **9** Medical Related
- Meditation

Friday

- National Day
- Outdoor Activities
- Outings
- Painting/Coloring Pet Therapy

† Spiritual Wellness

- Reading and Card Making Social Events
- 6:00 Activity of Your Choice [HAR]

- THE ART OF LIVING WELLSM
- 8:10 **Daily** Orientation Board [HAR] 9:00 + Fitness Exercise
- [HAR] 10:00 🕆 Sunday Hymns and
- **Spiritual Songs [HAR]**
- 1:00 A Bean Bag Toss [HAR]
- 2:00 Afternoon Snacks and Board Games [HAR]
- 3:00 Music Sing Along [CG]
- 6:00 Activity of Your Choice [HAR]

- Medical Appointments (9:00 AM - 4:00 PM)
- 8:10 Daily Orientation Board [HAR]
- 9:00 •• Memory Care Garden Walk [CG]
- 10:00 🧥 Water Memory Care Garden Plants [CG]
- 1:00 Road Trip: Ewa Beach [HAR]
- 2:00 P Afternoon Snacks and Coloring/Word Search [HAR]
- 3:00 🔥 Shout & Score Bingo/ Black out [HAR]
- 6:00 ★ Activity of Your Choice [HAR]
- Choice [HAR] **Embrace The Spirit Veterans**

(Foodland, Costco, & Target 8:30 ÀM-12:30 PM) We will not be holding any activities from

Shopping and Errands Day

9:00 AM to 11:00 AM today due to the distribution of the Covid-19 Shot Clinic to our residents and staff! Mahalo for your understanding.

Wednesda۱

- 8:10 Daily Orientation Board [HAR] 9:00 V COVID Vaccine Clinic [HKL-Activity Room
- 9:00 •• Memory Care Garden Walk [CG] 10:00 \$ Water Memory Care Garden
- Plants [CG] 1:00 🌣 Expression Game [HAR]
- 1:30 M Crepe Bar Social [HOC-Lobby Cafe]
- 2:00 Refresh, Recharge and Drawing [HAR]
- 3:00 ♥ Hand Massage Meditation [HAR] 6:00 Activity of Your Choice [HAR]

- Medical Appointments (9:00 AM - 4:00 PM)
- 8:10 Daily Orientation Board [HAR]
- 9:00 Fitness Exercise [HAR]
- 10:00 👉 Bobby Baniaga Music Performance [HOC-**Lobby Cafe**
- 1:00
 Bucket Ball Toss [HAR] 2:00 Treats, Treat and Card
- Games [HAR] 3:00 sh Shout & Score Bingo/ Black out [HAR]
- 6:00 Activity of Your Choice [HAR]

- **Shopping and Errands Day** (Longs, Safeway, & Walmart 10 AM-2 PM)
- 8:10 Daily Orientation Board [HAR]
- 9:00 Memory Care Garden Walk
- 10:00 🖈 Na Wahine O'Ka Hula Performance [HKL-**Activity Room**
- 1:00 Road Trip: Waipio Soccer Complex [HAR]
- 2:00 P Snacks, Sips and Left/ Right Game [HAR]
- 3:00 O Cupcake Montessori Activity [HAR]
- 6:00 Activity of Your Choice [HAR]

- There will be no morning activities today because
- 8:10 **Daily Orientation** Board [HAR]

- [HAR]
- 6:00 Activity of Your Choice [HAR]

- 8:10 Daily Orientation Board [HAR] 9:00 Fitness Exercise [HAR]
- 10:00 🕆 Sunday Hymns and **Spiritual Songs [HAR]**
- 1:00 Relaxation Coloring [HAR]
- 2:00 Afternoon Snacks and Board Games [HAR] 3:00 h Shout & Score Bingo/

Black out [HAR]

6:00 Activity of Your Choice [HAR]

- Feeling Pajam-tastic! Wear Your **Comfy Pajamas!**
- **Happy Memory Care Week!** Medical Appointments (9:00 AM - 4:00
- 8:10 Daily Orientation Board [HAR] 9:00 • Memory Care Garden Walk [CG]
- 10:00 🚖 Roy, Ron, and Brad Performance IHOC-Lobby Cafel
- 1:00 🖨 Road Trip: Patsy Mink Park [HAR] Resident's Social [HAR]
- 3:00
 Bean Bag Toss [HAR]
- 6:00 Activity of Your Choice [HAR]

8:10 Daily Orientation Board [HAR]

Medical Appointments

(9:00 AM - 4:00 PM)

- 9:00 **→** Fitness Exercise [HAR]
- 10:00 5 SingFit Music and Trivia [CG]
- 1:00 **Arts & Crafts [HAR]** 2:00 h Snacks & Drinks, Shapes Activity [HAR]
- 3:00 Wooden Painting in Groups [HAR]
- 6:00 Activity of Your
- Day, Wear Red, White and Blue! **Sporty Attire** Medical Appointments (9:00 AM - 4:00 | Shopping and Errands Day (Foodland,
- 8:10 Daily Orientation Board [HAR]
- 10:00 🟴 Veteran's Day Pinning **Ceremony with Kapolei** Jr.Rotc Color Guard IHKL-**Activity Rooml**
- 1:00 5 SingFit Music and Trivia [CG] 2:00 P Afternoon Snacks & Drinks,
- [HAR] 3:00 Ring Toss Game [HAR]

- Rep Your Winning team or Wear 1
- Costco, & Target 8:30 AM-12:30 PM)
- 8:10 Daily Orientation Board [HAR] 9:00 •• Memory Care Garden Walk
- 10:00 \$ Water Memory Care Garden Plants [CG]
- [HAR] 2:00 | Fun With Food [HAR]
- 3:00 Cupcake Montessori Activity [HAR]

- Medical Appointments (9:00 AM 4:00 PM)
- Someone To Match With You For Twin
- 8:10 Daily Orientation Board [HAR] 9:00 → Fitness Exercise [HAR]
- 1:00 Story Telling With Resident's 10:00 Water Memory Care Garden From Independent and Assisted Living [HAR]
- 2:00 Treats. Treat and Card Games [HAR]
- 3:00 🔥 Shout & Score Bingo/Black out [HAR]
- 8:10 Daily Orientation Board [HAR]

Let's Raise Awareness For

Memory Care Week and Wear

- 9:00 •• Memory Care Garden Walk [CG]
- Plants [CG] 11:00 Registration BBO Social With Families
- [CG] 1:00 Road Trip: Ko'Olina [HAR]
- 2:00 Snacks, Sips and Left/Right Game [HAR]
- 3:00 Conversation Chat [HAR] 6:00 Activity of Your Choice [HAR]

- of the Alzheimer's Walk. Thank you for your understanding!
- 1:00 **Relish Farm** Memories Agua Paint [HAR]
- 2:00 Afternoon Snacks and Velveteen Coloring [HAR]
- 3:00 ♥ Hand Meditation
- Orientation Board [HAR] 9:00 Fitness Exercise
- [HAR] 10:00 5 SingFit Music and
- 1:00 Story Telling Books [HAR]
- 2:00 P Afternoon Snacks and Velveteen Coloring [HAR]
- 3:00 ■ Hand Meditation [HAR]
- 6:00 Activity of Your Choice [HAR]

- PM) **VETERAN'S DAY**
 - 9:00 ← Fitness Exercise [HAR]
 - Ouisi Photo Guessing Game
 - 6:00 Activity of Your Choice [HAR]

- - [CG]
- 1:00 Book Story Telling in Groups
- 6:00 Activity of Your Choice [HAR]

- Twice The Love, Twice The Win! Find
- 10:00 🔗 Balloon Vollevball [HAR]
- 6:00 Activity of Your Choice [HAR]

- **Purple** Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM)
- Trivia [CG]

8:10 **Daily**

	mber 2025 t Leihano Mer	mory Care Activities	Calendar				created with
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Fit 10:00 St St 1:00 Bt [H 2:00 Af Bt 3:00 Sh Bt Bt 6:00 A	aily Orientation 16 bard [HAR] tness Exercise [HAR] unday Hymns and piritual Songs [HAR] ucket Ball Toss IAR] fternoon Snacks and bard Games [HAR] nout & Score Bingo/ lack out [HAR] ctivity of Your hoice [HAR]	Medical Appointments (9:00 AM - 4:00 PM) 8:10	Medical Appointments (9:00 AM - 4:00 PM) 8:10	Target 8:30 AM-12:30 PM) 8:10 Daily Orientation Board [HAR]	Medical Appointments (9:00 AM - 4:00 PM) 8:10	Shopping and Errands Day (Longs, Safeway, & Walmart 10 AM-2 PM) 8:10 Daily Orientation Board [HAR] 9:00 Memory Care Garden Walk [CG] 10:00 Graceful Wisdom with Chaplain Troy Nakamura [HKL-Activity Room] 10:00 Water Memory Care Garden Plants [CG] 1:00 Road Trip: Maili Beach Park [HAR] 2:00 Snacks, Sips and Left/Right Game [HAR] 3:00 Sensory Ball Activity [HAR] 6:00 Activity of Your Choice [HAR]	8:10
9:00 Fir [H 10:00 Si 1:00 Cr [H 2:00 At ar [H 3:00 At 6:00 At		Medical Appointments (9:00 AM - 4:00 PM) 8:10	Medical Appointments (9:00 AM - 4:00 PM) 8:10	Shopping and Errands Day (Foodland, Costco, & Target 8:30 AM-12:30 PM) 8:10 Daily Orientation Board [HAR] 9:00 Memory Care Garden Walk [CG] 10:00 Bean Bag Toss [HAR] 1:00 Bean Bag Toss [HAR] 1:00 Thanksgiving Social (Please Sign-up in the Activity Room) [HKL-Activity Room] 2:00 Self Expression Through Poetry [HAR] 3:00 Self Expression Through Poetry [HAR] 3:00 Thanksgiving Social (Please Sign-up in the Activity Room) [HKL-Activity Room] 6:00 Activity of Your Choice [HAR]	HAPPY THANKSGIVING! Medical Appointments (9:00 AM - 4:00 PM) 8:10	(Longs, Safeway, & Walmart 10 AM-2 PM) 8:10 Daily Orientation Board [HAR] 9:00 Memory Care Garden Walk [CG] 10:00 Graceful Wisdom with Chaplain Troy Nakamura	8:10 Daily Orientation Board [HAR] 9:00 Fitness Exercise [HAR] 10:00 SingFit Music and Trivia [CG] 1:00 Arts & Crafts [HAR] 2:00 Afternoon Snacks and Velveteen Coloring [HAR] 3:00 Hand Meditation [HAR] 6:00 Activity of Your Choice [HAR]
9:00 Fit 10:00 St St 1:00 Ve Ba 2:00 Af Bo 3:00 Sh Bl	aily Orientation 30 card [HAR] tness Exercise [HAR] unday Hymns and piritual Songs [HAR] elcro Throw & Catch all Game [HAR] fternoon Snacks and pard Games [HAR] nout & Score Bingo/ lack out [HAR] ctivity of Your hoice [HAR]	The second second		Hap pank	py in the second		