


Woodland Terrace November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>KEY</div><div>AR: Activity Room</div><div>BR: Bridge Room</div><div>B: Bus</div><div>Café: 2nd Floor</div><div>Bistro</div><div>CR: Carolina Room</div><div>CH: Chapel on 3rd Floor</div><div>DR: Dining Room</div><div>FC: Fitness Center</div><div>PDR: Private Dining Room</div><div>P: Pool</div><div>SU: Sign Up</div><div>TV CH 1390: In House TV Channel</div></div>	<div><div>Happy Birthday, Residents!</div><div>Brenda Stutts 11/11</div><div>Karen Elliott 11/12</div><div>Claus Wolf 11/14</div><div>Edith Pizzo 11/16</div><div>Susan King 11/19</div><div>Marilyn Madrin 11/20</div></div>	<div><div>Daily Continental Breakfast Dining Room</div><div>8:30 —9:30</div></div> <div><div>Check the flyer on bulletin boards for the descriptions of this month’s Friday Night Movies.</div></div>	<div><div>Tune in everyday on Channel 1390 for activity updates, exercise videos, movies and MORE!</div><div>Reach out to Heather Dew for a schedule of Channel 1390.</div></div>			<div><div>1</div><div>10:00 Bible Study (CR)</div><div>1:30 Women’s Social Hour BYOB—(Café)</div><div>3:30 Resident Led Trivia (CR)</div></div>
<div><div>2 Daylights Saving– Fall Back an hour !</div><div>9:30 Coffee Chat (Café)</div><div>10:00 Woodland Church Service (CR)</div><div>2:00 Needle work Group (Ivy Room)</div></div>	<div><div>3</div><div>10:15 Chair Yoga with Anjana (CR)</div><div>11:00 Cardio Exercise with Walt (CR)</div><div>1:30 Shopping at Food Lion (VAN, SU)</div><div>1:30 Documentary Series: See Flyer for details (CR)</div><div>3:00 Water Exercise (Pool)</div></div>	<div><div>4</div><div>9:45 Morning Word game (AR)</div><div>10:30 Chair Exercise with Legacy (CR)</div><div>1:00 Life Enrichment Committee (AR)</div><div>1:30 Afternoon Chat (Café)</div><div>1:30 Stand Strong Testing (CR, By invitation only, check your box)</div><div>2:00 BINGO (PDR)</div><div>2:30 Activate don’t wait presentation by Finley from Amada (families welcome, CR)</div></div>	<div><div>5 National donut day!</div><div>9:00 Shopping at Trader Joes/Aldis (Bus, SU)</div><div>10:00 Catholic Mass—Meet in the lobby at 9:45 for a ride (VSLR)</div><div>9:45 Coffee and Word Searches with donuts (Café)</div><div>10:30 Chair Exercise with Heather D (CR)</div><div>11:00 Cardio Exercise with Walt (CR)</div><div>1:00 Woodland Taxi (CAR, SU)</div><div>1:00 Hospitality Services Committee (BR)</div><div>1:30 Men’s Golf group outing to Albatross (Van, SU \$)</div><div>3:00 Water Exercise (Pool)</div><div>6:30 Game Night with sales(CR, SU)</div></div>	<div><div>6</div><div>10:00 Manicures (AR, SU)</div><div>10:30 Chair Exercise with Legacy (CR)</div><div>1:00 Plant the patio (Patio)</div><div>1:30 Afternoon water walk (pool)</div><div>2:30 Social Hour with Luke, Wear Orange! (Café, CR)</div></div>	<div><div>7 National Jersey Day, wear your favorite jersey!</div><div>9:30 Fun Drumming Heather R (CR)</div><div>10:00 Morning Chat (Café)</div><div>10:00 Let’s Play Dominoes (AR)</div><div>10:30 WTTV Cardio Exercise (CR & 1390)</div><div>11:00 Fast Food Fanatics to Taco Bell (BUS, SU)</div><div>1:00 BINGO (PDR)</div><div>2:00 Executive Director Chat (DR)</div><div>2:30 ED Social Hour (Café)</div><div>3:00 Water Exercise (Pool)</div><div>6:30 Movie Night: The Notebook (CR)</div></div>	<div><div>8</div><div>10:00 Bible Study (CR)</div><div>1:30 Women’s Social Hour BYOB—(Café)</div><div>2:30 Woodland Terrace Writers Group (AR)</div></div>

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<div>9</div> <div>9:30 Coffee Chat (Café)</div> <div>10:00 Woodland Church Service (CR)</div> <div>2:00 Needle work Group (Ivy Room)</div>	<div>10</div> <div>9:00 Shopping at Walmart/ Harris Teeter (BUS, SU)</div> <div>10:15 Chair Yoga with Anjana (CR)</div> <div>11:00 Cardio Exercise with Walt CR)</div> <div>1:00 Library Outing (Van, SU)</div> <div>1:30 Documentary Series: See Flyer for details (CR)</div> <div>3:00 Water Exercise (Pool)</div>	<div>11 Veteran's day & Happy Birthday Brenda S!</div> <div>9:45 Morning Word game (AR)</div> <div>10:30 Chair Exercise with Legacy (CR)</div> <div>1:30 Afternoon Calm Coloring (Café)</div> <div>2:00 BINGO (PDR)</div>	<div>12 Happy Birthday Karen E!</div> <div>9:00 Shopping at Publix/Dollar Tree (BUS, SU)</div> <div>9:45 Coffee and word searches with Christina (Café)</div> <div>10:30 Chair Exercise with Heather D (CR)</div> <div>11:00 Cardio Exercise with Walt (CR)</div> <div>1:00 Woodland Taxi (Van, SU)</div> <div>2:00 Book Club (CR)</div> <div>2:30 Sip and Paint (CR, SU)</div> <div>3:00 Men’s Beer Social BYOB (Café)</div> <div>3:00 Water Exercise (Pool)</div>	<div>13</div> <div>9:00-10:00 1:1 Sessions with Cary Audiology (AR)</div> <div>9:45 Play a Game of Tapple (AR)</div> <div>10:30 Chair exercise with Legacy (CR)</div> <div>2:00 New Resident Welcome with Management (AR,SU)</div> <div>2:30 New Resident Welcome Social– Everyone welcome! Come meet your new neighbors & Enjoy custom cocktails by Christina (Café, CR)</div>	<div>14 Happy Birthday Claus w!</div> <div>9:30 Fun Drumming with Heather R. (CR)</div> <div>10:00 Morning Coffee and Chat (Café)</div> <div>10:00 Let’s Play Dominoes (AR)</div> <div>10:30 WTTV Cardio Exercise (CR & 1390)</div> <div>10:30 Depart for Symphony (Tickets pre-purchased) (BUS)</div> <div>1:00 BINGO (PDR)</div> <div>2:00 Dill-icious pickle tasting and Pickle Margarita’s(Café, SU)</div> <div>3:00 Water Exercise (Pool)</div> <div>6:30 Movie Night: Book Club (CR)</div>	<div>15</div> <div>10:00 Bible Study (CR)</div> <div>1:30 Women’s Social Hour BYOB—(Café)</div> <div>3:00 Resident Led Trivia (CR)</div>
<div>16 Happy Birthday Edith P!</div> <div>9:30 Coffee Chat (Café)</div> <div>10:00 Woodland Church Service (CR)</div> <div>2:00 Needle work Group (Ivy Room)</div>	<div>17</div> <div>9:15 Horse and Buddy outing (BUS, SU \$)</div> <div>10:15 Chair Yoga with Anjana (CR)</div> <div>11:00 Cardio Exercise with Walt CR)</div> <div>1:30 Documentary Series: See Flyer for details (CR)</div> <div>1:30 Shopping to Food Lion (BUS, SU)</div> <div>2:45 Sense Beyond Sight Program (AR)</div> <div>3:00 Water Exercise (Pool)</div>	<div>18</div> <div>9:45 Morning Word Game (AR)</div> <div>10:30 Exercise with Legacy (CR)</div> <div>1:00 Culinary Services Committee (PDR)</div> <div>1:30 North Carolina History Lecture– Part 3 (CR)</div> <div>2:00 BINGO (PDR)</div>	<div>19 Happy Birthday Susan K!</div> <div>9:00 Shopping at Trader Joes/ Aldis (BUS, SU)</div> <div>9:30 Communion (CH)</div> <div>9:45 Coffee and Crosswords with Christina (Café)</div> <div>10:30 Chair Exercise with Heather D (CR)</div> <div>11:00 Cardio Exercise with Walt (CR)</div> <div>11:30 Women’s Luncheon— Paula & the Chimers (this will be a vegetarian meal! DR, SU)</div> <div>1:00 Woodland Taxi (Van, SU)</div> <div>1:30 Environmental Services Committee (PDR)</div> <div>2:00 Health Talk with Legacy (CR)</div> <div>2:30 Wheelchair/walker wash (patio)</div> <div>3:00 Men’s Beer Social BYOB (Café)</div> <div>3:00 Water Exercise (Pool)</div>	<div>20 Happy Birthday Marilyn M!</div> <div>10:00 Manicures (AR ,SU)</div> <div>10:30 Chair exercise with Legacy (CR)</div> <div>2:30 November Birthday Social hour with Carolina Gregory (CR, Café)</div> <div>4:30 Dinner Out to Cowfish (VAN,SU)</div>	<div>21</div> <div>9:30 Fun Drumming Heather R (CR)</div> <div>10:00 Morning Chat (Café)</div> <div>10:00 Let’s Play Dominoes (AR)</div> <div>10:30 WTTV Cardio Video (1390)</div> <div>1:00 BINGO (PDR)</div> <div>1:30 Harvest and Holly Market (Café, Patio, CR)</div> <div>3:00 Water Exercise (Pool)</div> <div>6:30 Movie Night: The Resistance Banker (CR)</div>	<div>22</div> <div>10:00 Bible Study (CR)</div> <div>1:30 Women’s Social Hour BYOB—(Café)</div>

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<div>23</div> <div>9:30 Coffee Chat (Café)</div> <div>10:00 Woodland Church Service (CR)</div> <div>2:00 Watercolor Class with Ali T (AR, SU)</div> <div>2:00 Needle work Group (Ivy Room)</div>	<div>24</div> <div>9:00 Shopping to Walmart/ Harris Teeter (BUS, SU)</div> <div>10:15 Chair Yoga (CR)</div> <div>11:00 Cardio Exercise with Walt CR)</div> <div>1:30 Documentary Series: See Flyer for details (CR)</div> <div>2:45 November Trivia with Bobo (CR)</div> <div>3:00 Water Exercise (Pool)</div>	<div>25</div> <div>9:45 Morning Word Game (AR)</div> <div>10:30 Chair Exercise with Legacy (CR)</div> <div>1:30 Travel to Alaska (CR, Café)</div> <div>2:00 BINGO (PDR)</div> <div>3:00 Engage Brain Body with Christina Buchanan (CR)</div>	<div>26</div> <div>8:30-9:30 Waffle Wednesday Breakfast– Join us in the Dining Room or Pick up your Waffle to go! (Pick Up in IL LKVR or Eat in Dining Room, SU)</div> <div>9:30 Communion (CH)</div> <div>9:45 Coffee and Crosswords with Christina (Café)</div> <div>10:30 Chair Exercise with Heather D (CR)</div> <div>11:00 Cardio Exercise with Walt (CR)</div> <div>1:00 Woodland Taxi (VAN, SU)</div> <div>1:00 Resident Board Meeting (LKVR)</div> <div>1:30 BIG Thanksgiving Bingo (DR)</div> <div>3:00 Men’s Beer Social BYOB (Cafe)</div> <div>3:00 Water Exercise (Pool)</div>	<div>27 Happy Thanksgiving!</div> <div>8:30 Macy’s Thanksgiving Day Parade in channel on NBC & in the Café</div> <div>10:00 Morning Calm Coloring (Café)</div> <div></div>	<div>28</div> <div>9:30 Fun Drumming w/Heather R & Kim (CR)</div> <div>10:00 Morning Chat (Café)</div> <div>10:00 Let’s Play Dominoes (AR)</div> <div>10:30 WTTV Cardio Exercise (CR & 1390)</div> <div>1:00 BINGO (PDR)</div> <div>2:30 Christmas wine cork craft (AR, SU)</div> <div>3:00 Water Exercise (Pool)</div> <div>6:30 Movie Night: A Waltons Thanksgiving (CR)</div>	<div>29</div> <div>10:00 Bible Study (CR)</div> <div>1:30 Women’s Social Hour BYOB—(Café)</div>
<div>30</div> <div>9:30 Coffee Chat (Café)</div> <div>10:00 Woodland Church Service (CR)</div> <div>2:00 Needle work Group (Ivy Room)</div>	