## December Activities & Events 2025

Sunday Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Chair Dancing with Frankie (MP) 11:00 Pet Visits with Sandy (1st L.) 11:15 Resident Ambassador Meeting (Conf) 1:00 Bridge (AHall) 1:15 Afternoon Exercise (MP) 2:00 Cooking CornerLet's Make Puppy Chow (CR) 3:00 Chat with Executive Director Abby Bevins (MP) 4:00 Text to Twist (MP) 6:00 Documentary: Michelangelo: a Revolution in Art (CH.1-1) 8:00 Evening Meditation (CH. 1-1)	10:00 Balance Class with Legacy (MP) 10:15 Blood Pressure Check (1st L) 10:30 Trivia Time (MP) 10:30 Grocery Shopping at Food Lion (BUS, SU) 11:00 Pet Visits with Laura & Finn (1st L) 1:15 Cornhole (MP) 1:30 Outing— Merry Marketplace at the Cardinal at North Hills (BUS,SU) 2:30 Craft: Holiday Garland (CR) 3:30 Balloon Jollyball (MP) 6:30 Bingo with Deby (MP) (Must Bring \$1.00 to Play)	10:00-2:30 General Transportation Wednesday (BUS, SU)  10:00 Seated Cardio Exercise with Walt (MP)  10:30 You Be the Judge (MP)  1:15 Sing Fit: We Love Lights (MP)  1:30 Brain Changes Support group (Conf.)  1:30 Knit Witts (AHall)  3:00 Rummikub (LIB)  3:30 Wine Down Wednesday (CR)  6:00 Armchair Travel: Unseen Wonders (CH.1-1)  8:00 Evening Meditation (CH. 1-1)	1:15 Cornhole (MP) 2:00 Scrabble (C Hall Lounge) 2:00 Bridge (A Hall Lounge)	9:30 Chair Yoga (MP) 10:15 Hymn Sing and Message with Garland and Myra (1st L) 11:15 Lunch Outing at Olive Garden (BUS,SU) 1:00 Seated Cardio Exercise with Walt (MP) 2:00 Craft: Hot Cocoa Kit Making (CR) 3:00 Music with Matt from Boston (1st L) 6:30 Poker Group (CR) 7:15 Fraud Fridays (Ch. 1-1) 8:00 Evening Meditation (CH. 1-1)	9:30 Chair Fitness (Ch. 1-2) 10:00 Morning Exercise (MP) 10:30 Play Nine Card Game (CR) 1:15 Balloon Jollyball (MP) 3:00 Left, Right, Center (CR) 3:00 Raleigh School of Music Performance (1st L) 7:15 Movie: Scrooge (CH.1-1)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pearl Harbor  Remembrance Day  9:30 Chair Yoga (Ch. 1 -1)  10:00 St. Francis of   Assisi Catholic Live   Video Mass with   Communion (CR)  10:00 Hymns (Ch. 1-1)  10:30 Non-   denominational   Church Services with   Ethel Ragland (MP)	8 10:00 Morning Movement (MP) 10:30 Who, What, Where? (MP) 11:00 Pet Visits with Sandy (1st L.) 1:00 Bridge (AHall) 1:15 Afternoon Exercise (MP) 2:00 Text to Twist (MP) 2:30 Scenic Drive (MP) 4:00 Family Feud (MP)	National Christmas Card Day  10:00 Balance Class with Legacy (MP)  10:30 Craft: Christmas Card Making (CR)  11:00 Pet Visits with Laura and Finn (1st L)  1:15 Afternoon Stretch (MP)  1:30 Grocery Shopping at Harris Teeter (BUS, SU)  2:00-5:00 Holiday Sip	10:00-2:30 General Transportation Wednesday (BUS, SU) 10:00 Seated Cardio Exercise with Walt (MP) 10:30 Roll and Tell	11 10:00 Muscle of the Month Exercise with Legacy (MP) 11:00 Show and Tell with Lesley (MP) 1:00 Bridge (A Hall Lounge) 1:30 Holiday Choir Practice (MP) 2:00 Scrabble (C Hall Lounge) 2:30 Movie Matinee: Miracle on 34th Street (MP)	12 National Gingerbread House Day 9:30 Chair Yoga (MP) 10:15 Hymn Sing and Message with Garland & Mira (1st L) 10:45 Outing to NC Symphony (1st, Previous Ticket Purchase Required) 1:30 Gingerbread House Making (CR) 3:00 Piano Music with Zeke (1st L)	13 National Cocoa Day 9:30 Chair Fitness (Ch. 1-1) 10:00 Morning Exercise (MP) 10:30 Play Nine Card Game (CR) 1:30 Providence Church Christmas Program (1st L) 3:00 Entertainment with Big T (Travis Russell) (1st L) 3:00 Left, Right and Center Dice Game
1:00 Open Art Corner (CR) 3:00 Famous Songs (CR) 4:00 Asbury Church Carolers (1st L) 6:30 Resident-led Board & Card Games (CR) 7:15 Movie: Pearl Harbor (Ch.1-1)	6:00 Documentary: Pearl Harbor: The Day of Infamy (Ch. 1-1) 8:00 Evening Meditation (CH. 1-1)	& Stroll (1st L)  6:30 Bingo with Dave (MP) (Must Bring	<ul> <li>3:00 Rummikub (LIB)</li> <li>3:30 Wine Down Wednesday (CR)</li> <li>6:00 Sing Along with Songs we all Know (MP)</li> <li>8:00 Evening Meditation (CH. 1-1)</li> </ul>	the Victorian Carolers (DR,1st L,SU)	6:30 Poker Group (CR) 7:15 Fraud Fridays (Ch.1-1) 8:00 Evening Meditation (Ch. 1-1)	4:00 Calm Coloring (CR)  7:15 Movie: Rudolph the Red Nose Reindeer (Ch. 1-1)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
First Night of Hanukkah Happy Hanukkah 9:30 Chair Yoga (Ch. 1-1) 10:00 St. Francis of Assisi Catholic Live Video Mass with Communion (CR) 10:00 Hymns (Ch. 1-1) 10:30 Nondenominational Church Services with Jim Galloway	<ul><li>15</li><li>10:00 Chair Dancing with Frankie (MP)</li><li>10:30 Jeopardy: Hanukkah Edition (MP)</li></ul>	Tuesday  16  10:00 Balance Class with Legacy (MP)  10:00 Outing to Southern Supreme (BUS,SU)  10:15 Blood Pressure Check (1st L)  10:30 Trivial Pursuits (MP)  11:00 Pet Visits with Laura & Finn (1st L)	National Wright Brothers Day  10:00-2:30 General Transportation Wednesday (BUS, SU)  10:00 Seated Cardio Exercise with Walt (MP)  10:30 You Be the Judge (MP)  1:15 Sing Fit: Christmas with Our Favorite Stars	18 10:00 Muscle of the Month Exercise with Legacy (MP) 11:00 Brain Exercise with Lesley (MP) 1:00 Bridge (A Hall Lounge) 1:15 Wii Bowling (MP) 1:15 December Birth- day & Anniversary Celebration (CR)	19 9:30 Chair Yoga (MP) 10:15 Hymn Sing and Message with Garland and Myra (1st L) 11:15 Dog Visits with Rachel (1st L) 1:00 Seated Cardio Exercise with Walt (MP) 11:15 Lunch Outing to Assaggio's (BUS,SU) 2:00 Watercolor Paint by	9:30 Chair Fitness (Ch. 1-2) 10:00 Morning Exercise (MP) 10:30 Play Nine Card Game (CR) 1:00 Balloon Jolly Ball (MP) 2:00 America the Beautiful Trave-
(MP)  1:00 Open Art Corner (CR)  3:00 Famous Songs (CR)  4:00 Music with the Joyful Orchestra (1st L)  6:30 Resident-led Board & Card Games (CR)  7:15 Movie: Fiddler on the Roof (Ch. 1-1)	3:00 Let's Play Spin the Dreidel (CR) 4:00 Text to Twist (MP) 6:00 Documentary: Katmai: A Land Reborn from Ash (CH.1-1) 8:00 Evening Meditation (CH. 1-1)	1:15 Movie Matinee: White Christmas (CH. 1-1)  1:30 Grocery Shopping at Publix (BUS, SU)  3:00-5:00 Cookies and Photos with Santa (1st L)  6:30 Bingo with Val (MP) (Must Bring \$1.00 to Play)	<ul> <li>(MP)</li> <li>1:30 Brain Changes Support group (Conf.)</li> <li>1:30 Knit Witts (AHall)</li> <li>2:00 The History Of Flight   From The Wright Brothers To The Jet (MP)</li> <li>2:00 to 4:00 Gift Wrapping Assistance (CR)</li> <li>3:30 Wine Down Wednesday (CR)</li> <li>6:00 Scenic Drive: Christmas Lights (BUS,SU)</li> <li>8:00 Evening Meditation (CH. 1-1)</li> </ul>	2:00 Bridge ( A Hall Lounge) 2:30 Health Chat with	Numbers (CR)  3:00 Music with Dennis (1st L)  6:30 Poker Group (CR)  7:15 Fraud Fridays (Ch. 1 -1)	logue (CR) 3:00 Left, Right, Center (CR) 7:15 Movie: ELF (Ch. 1-2)

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21 9:30 Chair Yoga (Ch. 1-1) 10:00 St. Francis of Assisi Catholic Live Video Mass with Communion (CR) 10:00 Hymns (Ch. 1 -1)	22 Last Night of Hanukkah 10:00 Chair Dancing with Frankie (MP)	23 9:00 Walking Club (Meet in 1st Lobby) 10:00 Balance Class with Legacy (MP) 10:15 Blood Pressure Check (1st L) 10:30 Giant Crossword	Christmas Eve 10:00-2:30 General Transportation Wednesday (BUS, SU) 10:00 Seated Cardio Exercise with Walt (MP) 10:30 Donuts & Hot Coco	25 Christmas Day Merry Christmas!  Giant Christmas Coloring Sheet in the Club Room All Day  10:00 Chair Fitness (Ch. 1-1)  10:30 Name that Tune:	26 National Candy Cane Day National Thank You Note Day First Night of Kwanza 10:00 Chair Fitness (MP)  10:15 Hymn Sing and	27 9:30 Chair Fitness (Ch. 1-1) 10:00 Morning Exercise (MP) 10:30 Play Nine Card Game (CR) 1:15 Balloon Jolly
10:30 Nondenominational Church Services with James Bernstein (MP) 1:00 Open Art Corner (CR) 1:30 Holiday Choir Performance (1st L) 3:00 Famous Songs (CR) 4:00 Music with Joyful Orchestra (1st	<ul> <li>1:00 Bridge (AHall)</li> <li>1:15 Afternoon Exercise (MP)</li> <li>2:00 Christmas Cookie Making with Fran (CR)</li> <li>4:00 Family Feud (MP)</li> <li>6:00 Documentary: Hidden Gems: America's National Parks</li> <li>8:00 Evening Meditation (CH. 1-1)</li> </ul>	(MP)  11:00 Pet Visits with Laura & Finn (1st L)  1:15 Book Club (C Hall)  1:30 Grocery Shopping at Target (BUS, SU)  2:00 Cornhole (MP)  2:30 Craft: Cookie Cutter Bird Food Ornaments (CR)  3:30 Balloon Jollyball (MP)	Social (CR)  1:15 Sing Fit: Christmas Delights (MP)  1:30 Knit Witts (AHall)  2:30 Christmas Carol Sing Along (1st L)  3:00 Wine Down Wednes- day (CR)  6:30 Music with Christian Green (1st L)  8:00 Evening Meditation (CH. 1-1)	Christmas Edition (MP)  11:30–1:00 Christmas Lunch (DR)	Message with Garland & Mira (1st L)  1:30 Let's Write Thank You Notes (CR)  2:00 Paper Fortune Cookies (CR)  3:00 Music w/ Don Smith (MP)  6:30 Poker (CR)	Ball (MP)  2:00 Armchair Travel: Rick Steve's European Christmas (CR)  3:00 Left, Right and Center Dice Game (CR)  4:00 Calm Coloring (CR)  7:15 Movie: West Side Story (Ch.1-1)
L) 6:30 Resident-led Board & Card Games (CR) 7:15 Movie:Prancer (CH.1-1)		6:30 Bingo with Anne (MP) (Must Bring \$1.00 to Play)	*chistnas*	Woman (C11.1-1)	7:15 Movie Night: The Carol Burnett Show: Christmas with Carol (Ch. 1-1)	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Chair Yoga (Ch. 1-1) 10:00 St. Francis of Assisi Catholic Live Video Mass with Communion (CR) 10:00 Hymns (Ch. 1-1) 10:30 Nondenominational Church Services with Hal Lindhart (MP) 1:00 Open Art Corner (CR) 3:00 Famous Songs (CR) 6:30 Resident-led Board & Card Games (CR) 7:15 Movie: The Great Gatsby (Ch. 1-1)	11:00 Pet Visits with Sandy (1st L.) 11:00 Calendar Review (MP) 1:00 Bridge (A-Hall) 1:30 Hot Beverage Social (CR) 2:00 Health Chat with	9:00 Walking Club (Meet in 1st Lobby) 10:00 Balance Class with Legacy (MP) 10:15 Blood Pressure Check (1st L) 10:30 Grocery Shopping at Walmart (BUS, SU) 10:30 Trivia Pursuits (MP) 11:00 Pet Visits with Laura & Finn (1st L) 1:15 Afternoon Stretch (MP) 1:30 Craft: Snowman Coasters (CR) 2:00 Putting the Past in Order (MP) 3:30 Balloon Jollyball (MP) 6:30 Bingo with Anne (MP) (Must Bring \$1.00 to Play)	New Years Eve  10:00-2:30 General Transportation Wednesday (BUS, SU)  10:00 Seated Cardio Exercise with Walt (MP)  10:30 New Year's Fill—in the Blank (CR)  1:15 SingFit: Holidays of the New Year (MP)  1:30 Brain Changes Support Group (Conf)  1:30 Knit Witts (AHall)  2:30 New Years Eve Celebration: Dubai Style (CR)  3:00 Rummikub (LIB)  8:00 Dick Clark's New Year's Rockin' Eve—Tune in to ABC on your Television			ROOM KEY  (A Hall Lounge)= 1st Floor A Hall Lounge (CR)= Club Room (WC)= Wellness Center (C Hall Lounge)= 1st Floor C Hall Lounge (Conf.)= Conference Room (2nd L)= 2nd Floor Lobby (LIB)= Library (ATRIUM)= Atrium Restaurant (MP)= Multipurpose Room (BUS)=BUS (CH. 1-2)= Resident Room Channel 1-2 on TV (CH. 1-1)= Resident Room Channel 1-1 on TV (SU)= Sign Up Required